Homecare for my temporary crown.





Avoid chewing until the numbness has completely wears off.

You may use salt water rinses to reduce discomfort or swelling.
Mix 1 tsp salt with 8 oz. warm water and gently swish for 60 seconds 3-4 times a day.

Take any prescribed medications as directed by Dr. Nieva.

Brush normally, but floss carefully. Pull the floss out from the side to prevent the temporary crown from coming off.

Avoid eating hard and sticky foods to keep your temporary crown in place.

Use desensitizing toothpaste if your teeth are sensitive to cold.

When to call us

636-326-7633

- Your temporary crown comes off. Save the temporary so it can be recemented.
- · Your bite feels uneven.
- You have sensitivity/discomfort that lasts beyond 3 days.