

Homecare for my permanent crown.



Avoid chewing until the numbness has completely wears off.

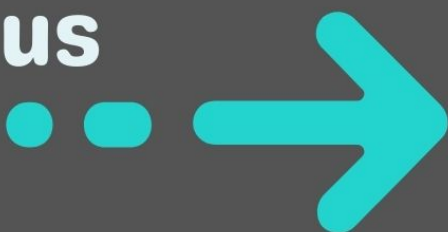
Brush and floss normally.

Take any prescribed medications as directed by Dr. Nieva.

You may use salt water rinses to reduce discomfort or swelling. Mix 1 tsp salt with 8 oz. warm water and gently swish for 60 seconds 3-4 times a day.

Use desensitizing toothpaste if have cold sensitivity.

When to call us



636-326-7633

- **Your bite feels uneven.**
- **You have persistent sensitivity/discomfort that lasts beyond 4-5 days.**