



#### Trends Volume 31

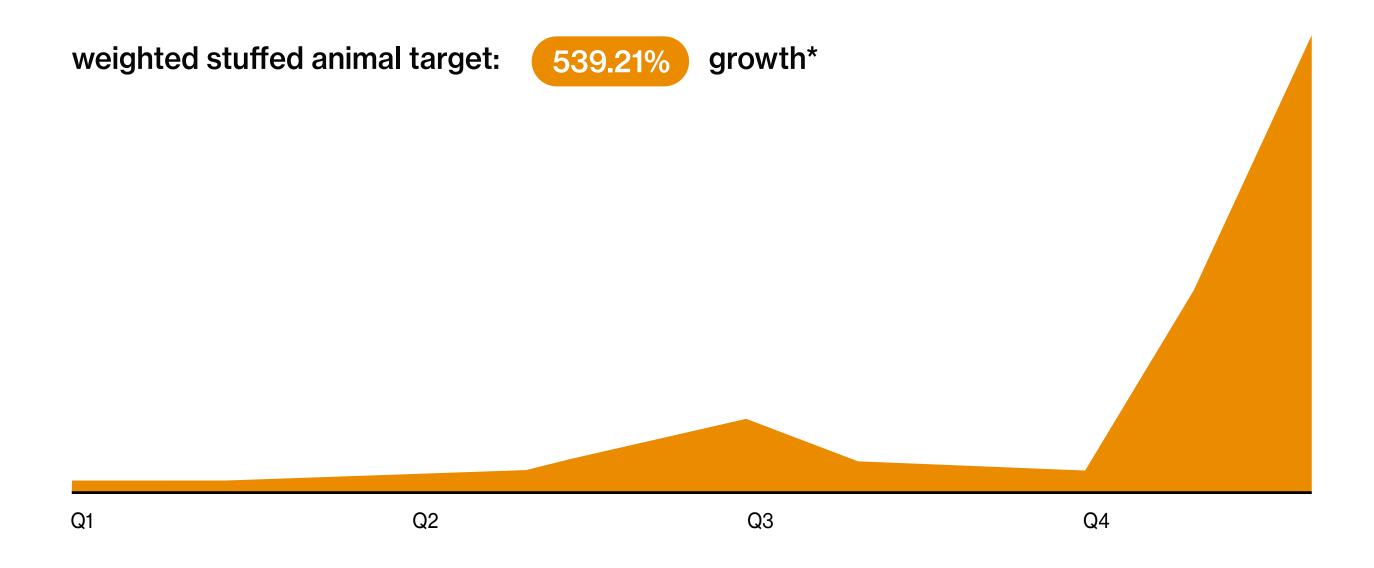
### Setting the scene Three Cheers

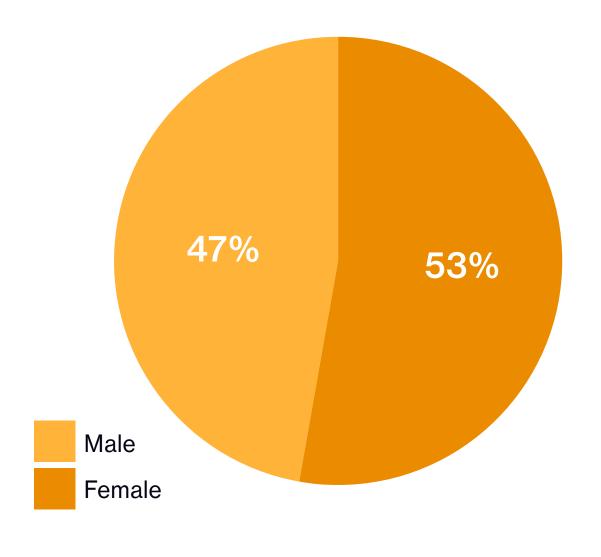
Something a bit lighter this week.

While we've previously explored rising anxieties and the general atmosphere of doom and gloom pervading the world today, there are still many signs of joy and cheer in the world.

In this edition, we look at some of the more quirky products that people are turning to in order to brighten up their surroundings and create more happy days.

## Netizens seek cuddly comfort in weighted stuffed animals



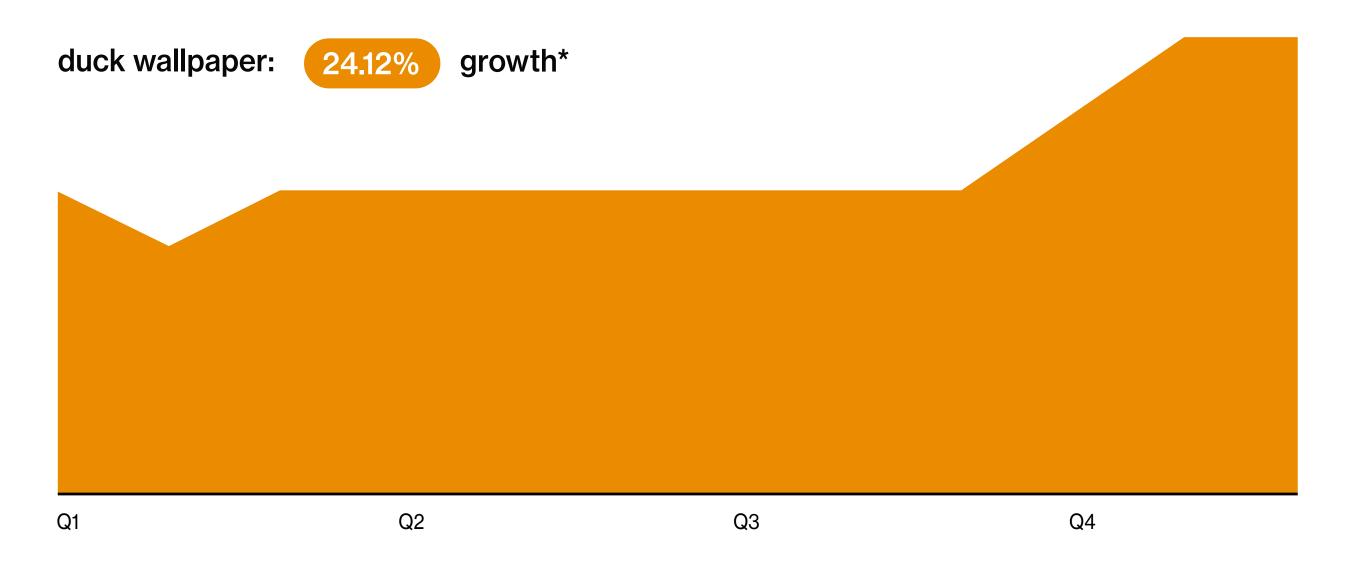


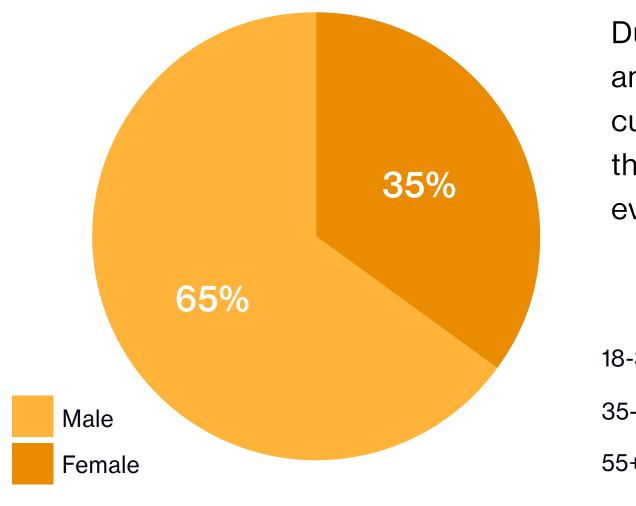
Weighted blankets help calm anxiety to promote better sleep. People are taking this one step further by looking for weighted stuffed animals, like this dinosaur that has recently gone viral on TikTok.





# Wallpaper that truly quackers gains appeal with those looking for brighter rooms



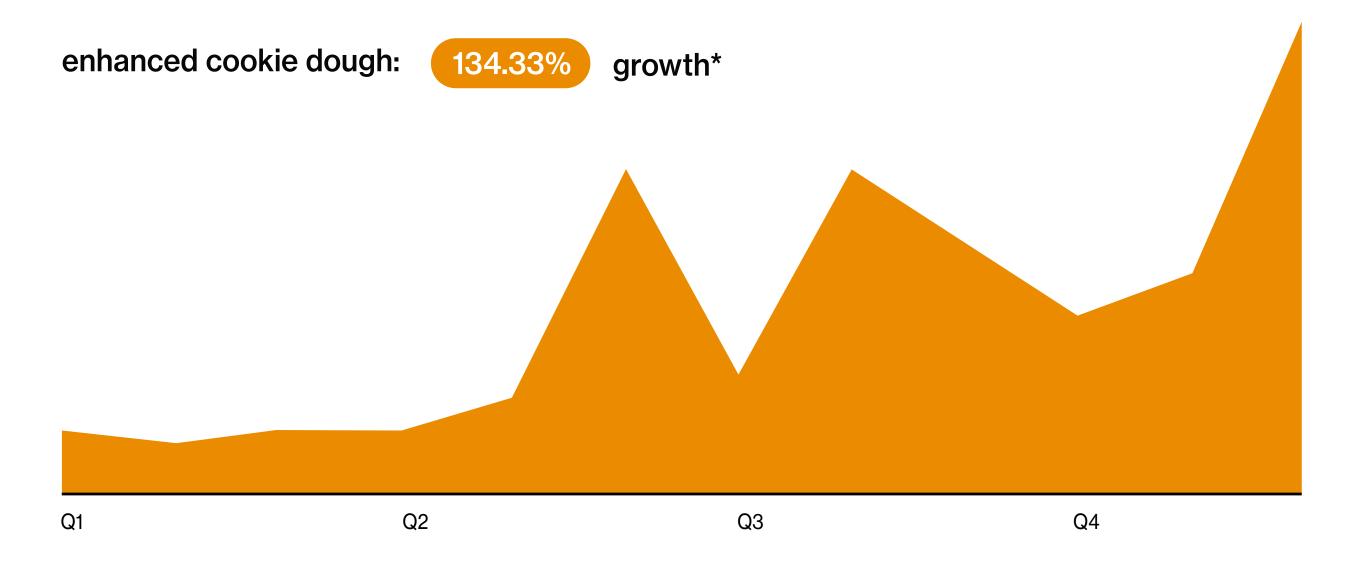


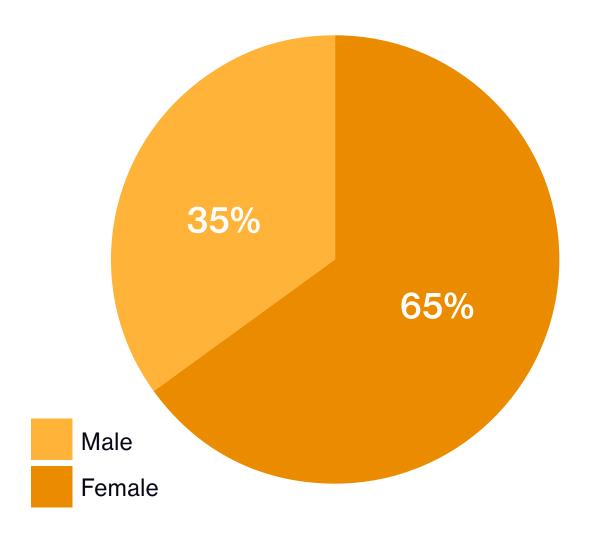
Duck wallpapers have been trending recently, and come in a variety of styles, ranging from cutesy to classy to downright artsy. Whatever the look, they're adding cheer to rooms everywhere.





#### 'Enhanced' cookie dough makes comfort food healthy





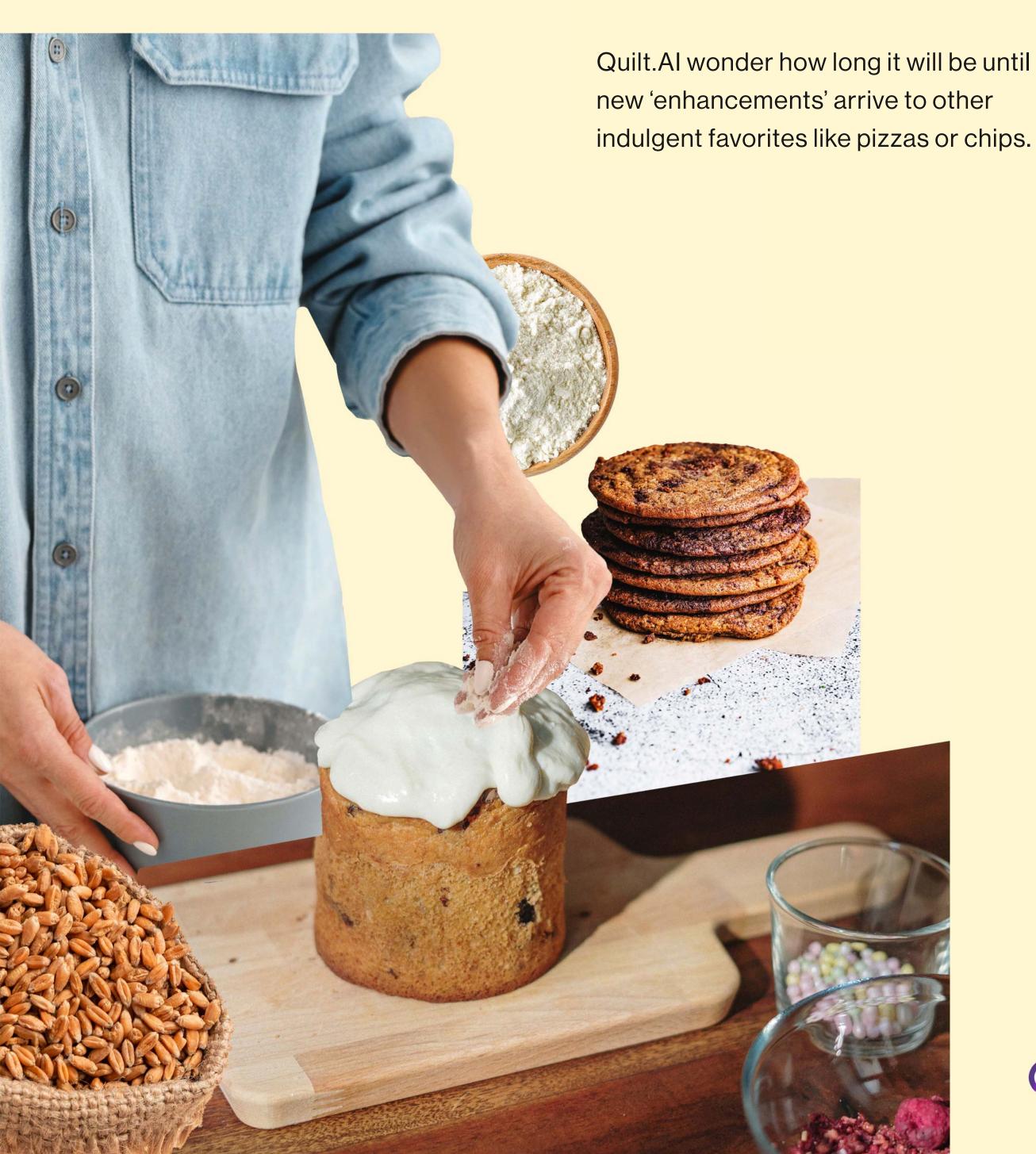
Companies like **Deux** have fortified cookie dough with functional ingredients like immunity vitamins, collagen and protein to make healthy eating fun, and guilty pleasures wholesome.





## 1 EnhanceIndulgences

Functional fun foods like enhanced cookie dough are a win-win. Especially at a stressed time when people crave comfort, these food items are great for people's bodies and souls.



#### 2 Lighten Up

Amidst today's atmosphere of doom and gloom, growing interest in things like duck wallpaper is a timely reminder that people feel the need to lighten the mood.

Weighted stuffed animals and cute wallpaper help people make their homes feel more cozy and happy.
Brands should do what they can to follow suit.



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