Optimal - E.F.A.

This helps with eye and brain health, along with any fatty tissue in the body. Even more, it helps with the delivery of micronutrients.

QUICK FACTS
• We get our EFAs from algae, flax seed, and borage oils.
• It is a highly potent vegetarian form of essential fatty acids.
• Helps decrease blood pressure.
• Helps reduce the risk of cancer, cardiovascular disease, diabetes and autoimmune disorders.
• Promotes energy production, brain development, recovery from fatigue, and a healthy cardiovascular system.

MORE INFO
You actually get more omega-3s from algae than you do from fish or krill. The latter two eat algae, which is how they get their omega’3s in the first place.

Since oxygen is quick to break down omega-3s, OHS has teamed up with one of the leading capsule manufacturers. We utilize a patented process that eliminates the end product’s exposure to oxygen.

We get our EFAs from algae, flax seed, and borage oils.

OPTIMAL E.F.A.

WHY THIS SUPPLEMENT?
Your doctor has placed you in good hands. Optimal Health Systems cares about patients, too, which is why we create supplements that contain nutrients ONLY from whole foods. Because of this, you won’t have the same concerns as with synthetics. They are lab-tested and have a wealth of evidence to back our claims, along with patents.

WHAT SETS US APART?
There are plenty of whole food supplements out there, but only Optimal Health Systems takes it a step further with its patented predigestion process we call Opti-Blend™. It utilizes a combination of 10 kosher-certified, non-GMO enzymes, and patented organic minerals to predigest every nutrient before encapsulating. Opti-Blend™ ensures delivery at the cellular level and up to a 300% increase in absorption.

Other ingredients: Vegetable cellulose, mixed tocopherols from seed oil and water.

Patented sealing technology protects the sensitive oils.

Omega 3 Fatty Acids from Algae containing 40% DHA and 25% EPA along with ALA (alpha-linolenic acid) and GLA (gamma-linolenic acid)

Recommended Use: As a dietary supplement, take 1 capsule two times daily with meals or as recommended by a health professional.

60 Gel capsules

Vegetarian Friendly

This product is available at:
OptimalHealthSystems.com – 800-890-4547

Statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.