

# Optimal Collagen Plus™

## Collagen Plus™

Optimal Collagen Plus provides clean, easily-digestible, grass fed whey protein powder for healthy muscles, while also delivering skin, hair, and nail nourishing collagen protein for skin, wrinkles and anti-aging benefits.

### SUGGESTED NUTRITIONAL SUPPORT USES:

- Protein source for muscles
- Healthy hair, skin and nails
- Healthy, "artificial sugar/additives" free protein source
- Healthy protein source for baking

### QUICK FACTS

Provides two core groups of amino acids to promote overall muscle, skin and anti-aging health.

The ingredients have been carefully picked so it retains its sweet, vanilla cake-like flavor when you bake with it.

Whey provides the building blocks for increased muscle growth, increases the release of anabolic hormones, and is well-absorbed compared to other protein sources.

Collagen is found in all of our connective tissues, tendons, ligaments and bones with its purpose being to provide these body parts with their strength, structure and elasticity.

It is important to supplement with both whey and collagen protein to achieve the best results. Optimal Collagen Plus protein contains both in predigested forms to ensure complete absorption

and full utilization of the amino acids, without causing bloating, gas, or indigestion.



Where Health Comes Naturally

## COLLAGEN PLUS

### WHY THIS SUPPLEMENT?

Your doctor has placed you in good hands. Optimal Health Systems cares about patients, too, which is why we create supplements that contain nutrients ONLY from whole foods. Because of this, you won't have the same concerns as with synthetics. They are lab-tested and have a wealth of evidence to back our claims, along with patents.

### WHAT SETS US APART?

There are plenty of whole food supplements out there, but only Optimal Health Systems takes it a step further with its patented pre-digestion process we call **Opti-Blend™**. It utilizes a combination of 10 kosher-certified, non-GMO enzymes, and patented organic minerals to pre-digest every nutrient before encapsulating. **Opti-Blend™** ensures delivery at the cellular level and up to a 300% increase in absorption.

### Supplement Facts

Serving Size: 25.5 grams (1 scoop)

Amount Per Serving	% Daily Value	
Calories	100	
Total Fat	1.5g	3%*
Saturated Fat	0g	0%*
Cholesterol	3mg	1%*
Total Carbohydrate	1g	1%*
Dietary Fiber	0g	0%*
Total Sugars	0g	0%*
Added Sugars	0g	0%*
Protein	20g	40%*
Calcium	77mg	9%*
Iron	0.2mg	**
Phosphorus	48g	7%*
Sodium	92mg	4%*
Potassium	72mg	3%*

\*Percent Daily Value based on a 2000 calorie diet  
 \*\*% Daily Value (DV) not established

Ingredients: GRASS-FED Whey Protein Isolate, Collagen Peptides, Organic High Oleic Sunflower Oil Powder, Natural Flavors, Sodium Chloride, Xanthan Gum, Stevia Leaf Extract Proprietary Enzyme Blend: (Amylases, Lactase, Proteases, Lipase, Cellulase), Monk Fruit Extract.

Vegetarian Friendly



30 Servings

This product is available at:



Where Health Comes Naturally

OptimalHealthSystems.com – 800-890-4547

Statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.