# Optimal Whole C

# **OPTIMAL-WHOLE C™**

Derived from only raw fruits and fruit juices, it ensures your body gets Vitamin C the way nature intended. It is the safest, most complete, and scientifically advanced Vitamin C supplement ever developed.

### **QUICK FACTS**

- Contains all 4 parts of the Vitamin C complex.\*
- Ingredients come purely from whole foods.
- No synthetic ingredients.
- Works as an antioxidant, assists in collagen formation, boosts the immune system, and helps with synthesis of stress hormones.

### **MORE INFO**

\*The complete form of Vitamin C is made up of ascorbic acid, rutin, J&K factor, and bioflavonoids.

Synthetic Vitamin C robs your body of nutrients. Typical chewables contain only ascorbic acid. Your body has to provide the rest in order to use the chewable.

Consuming the ascorbic acid form may actually lead to heart disease. Ascorbic acid is nothing more than corn syrup and HCI, and this combination causes your arterial walls to thicken.







## **OPTIMAL - WHOLE C™**

If you look on the label of any Vitamin C product on the market today, you will most likely see ascorbic acid as the main ingredient. Many health and supplement companies would like for us to believe that ascorbic acid is Vitamin C, but it's not. Ascorbic acid is only a small fraction of the factors needed to create a whole Vitamin C formula. Without the other necessary ingredients, Vitamin C is incomplete and forces the body to use its own reserves to complete the Vitamin C complex. This depletes vital resources from the body and can cause detrimental effects.

Numerous research studies have proven the ill effects that synthetic Vitamin C use has on the body. On the contrary, in its whole food form, Vitamin C is very beneficial. Whole food Vitamin C works as an antioxidant, assists in collagen formation, boosts the immune system and is necessary in the synthesis of stress hormones.

Luckily, you are no longer restricted to those inferior Vitamin C supplements. Optimal Whole C has been created. This product is made with all whole foods. The Vitamin C is absorbed and utilized the way nature intended. Whole C offers the safest, most complete, and scientifically advanced Vitamin C supplement ever developed.

Amount Per Serving	% Daily Value	
Total Calories	3	<1%
Total Carbohydrates	0.8 g	
Dietary Fiber	0 g	0%
Sugars (from fruit)	1 mg	
Vitamin C (from acerola cherry fruit, black currant fruit, orange fruit and grapefruit juice)	166 mg	277%
Citrus Bioflavonoids	25 mg	*

Other ingredients: Natural cherry flavor, plant derived magnesium stearate, stearic acid, and microcrystalline cellulose.

Vegetarian Friendly

Manufactured **GMP** Facility

This product is available at: