

# Optimal Flora Plus™

## OPTIMAL - FLORA PLUS™

This was developed with input from the world's leading probiotic authority, Dr. Khem Shahani. It contains several strains of flora that assist with digestion, nutrient absorption, and immune defense.

### QUICK FACTS

- Nutritionally helps with upset stomach, fatigue, frequent colds and flu, and sensitivity to dairy products.
- Supports intestinal health, improves digestion, and fights against toxins and infections.

### MORE INFO

Our bodies contain approximately 3 lbs. of friendly flora in the intestine. When you're lacking in natural probiotics, you're more susceptible to disease and illness.

*What causes flora depletion:* stress, carbonated beverages, laxatives, birth control pills, coffee, natural aging, and the biggest one is antibiotics. Helpful flora are "probiotic", which means "favoring life." Antibiotic means "against life." They kill not only harmful strains of bacterial but also the ones we need for health and well-being.



Where Health Comes Naturally

## OPTIMAL - FLORA PLUS™

### WHY THIS SUPPLEMENT?

Your doctor has placed you in good hands. Optimal Health Systems cares about patients, too, which is why we create supplements that contain nutrients ONLY from whole foods. Because of this, you won't have the same concerns as with synthetics. They are lab-tested and have a wealth of evidence to back our claims, along with patents.

### WHAT SETS US APART?

There are plenty of whole food supplements out there, but only Optimal Health Systems takes it a step further with its patented pre-digestion process we call **Opti-Blend™**. It utilizes a combination of 10 kosher-certified, non-GMO enzymes, and patented organic minerals to pre-digest every nutrient before encapsulating. **Opti-Blend™** ensures delivery at the cellular level and up to a 300% increase in absorption.

### Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 45

Amount Per Serving		% Daily Value
<b>Optimal Flora Blend</b>	2.5 billion	*
<i>(Lactobacillus acidophilus DDS-1™, CFU B. coagulans, Lactobacillus plantarum, Bifidobacterium bifidum, Bifidobacterium lactis, Enterococcus faecium, Lactobacillus bulgaricus, Lactobacillus salivarius, Streptococcus thermophilus)***</i>		
<b>Jerusalem Artichoke</b>	100 mg	*
<b>Opti-Blend™ Delivery System</b>	20 mg	*
<i>(Amylase, Protease I, Protease II, Peptizyme SP, Lipase, Invertase, Cellulase, Lactase, Maltase, Phytase, Patented Organic Zinc, Patented Organic Copper, Patented Organic Manganese, Molasses)†</i>		

\*Daily Value not established.

Other Ingredients: Rice Complex, Plant Based Magnesium Stearate. Vegetable Capsule (plant cellulose and water).

Vegetarian Friendly

Contains no yeast, wheat, corn, milk, egg, soy, gluters, sugar, artificial colors, starch, or preservatives.

Manufactured  
**GMP**  
Facility

This product is available at:

Statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.