Three crucial nutrients have been blended into one superb supplement that ensures you get the most out of Vitamin D and calcium.

✓ Vitamin D  
✓ Vitamin K2  
✓ CoQ10

QUICK FACTS

• Far more than just a Vitamin D product, it utilizes Vitamin K2 and CoQ10 so Vitamin D works properly AND calcium is pulled out of the blood stream and put back into bones.
• Extremely beneficial for overall longevity and quality of life.

BENEFITS OF VITAMIN D

• Reduces chance of cardiovascular disease.
• Strengthens bones and muscles.
• Helps prevent cancer.
• Adds up to 7 years to lifespan.
• Beneficial to both mother and child during pregnancy.

BENEFITS OF CoQ10

• Keeps heart strong and healthy.
• Protects against neurodegenerative diseases.
• Protects against neuromuscular diseases.

Vitamin K2 in the form of MK-7

Vitamin K2 is an important accompaniment to Vitamin D, without which Vitamin D cannot work properly. Any high potency Vitamin D formula without K2 can create deficiencies. Research shows that 97% of the population is deficient in this vitamin. Different from Vitamin K known as K1, Vitamin K2 works to keep blood vessels free of calcium build up and ensures calcium is used in the bones. This is why Vitamin K2 is being tauted as the most important “unknown” nutrient in the world. K2 has been shown to increase life spans up to 7 years in many studies. The form of K2 is critical. Only the MK-7 form lasts a long time in the bloodstream and is the only form derived from food. Optimal Longevi-D-K2 has 60 mcg of Vitamin K2 (menaquinone-7) per capsule! All three nutrients are extremely beneficial for overall longevity and high quality of life.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value</th>
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</thead>
<tbody>
<tr>
<td>Vitamin D (from whole food cultured blend)†</td>
<td>2000 IU</td>
</tr>
<tr>
<td>Vitamin K2 (menaquinone-7)†</td>
<td>60 mcg</td>
</tr>
<tr>
<td>CoQ10 Fermented</td>
<td>15 mg *</td>
</tr>
</tbody>
</table>

*PROPRIETARY WHOLE FOOD CULTURED MEDIA BLEND & OPTI-BLEND DELIVERY SYSTEM

Rice Complex, Yeast

Organic Vegetable Blend: Pea, Oat Bran, Red Pepper, Carrot, Broccoli, Cucumber, Beet, Okra, Wild Yam.

Vitamins: Vit D3 (Cholecalciferol), Vit K2 (Menaquinone-7).


Plant Enzymes: Amylase, Protease Blend, Peptizyme, Lipase, Invertase, Cellulase, Lactase, Maltase, Phytase.

Statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.