Optimal B.F.F.

Blood flow increase, methylation and anabolism all from one product.

We believe Optimal B.F.F. is the most advanced blood vessel flexibility formula, combining nitrates from creatine nitrate, predigested fruits and vegetables to create a fountain of Nitric Oxide in your endothelium and an army of antioxidants to protect N-O. This powerful combination can be the ultimate defender against disease.

QUICK FACTS
- Increase N-O levels in minutes
- Blood flow like that from the days of your youth
- More oxygen circulation
- Warmer extremities
- Stronger immune system
- Reduced inflammation
- Lower LDL cholesterol
- Healthy aging
- Healthier Heart
- Healthier hair and skin

SEE THE PROOF

With all the products on the market making wild claims, who can you trust? NO ONE. To make sure your products work you need proof. Blood work and other tests can help show whether a formula does what it says or not. In the case of Optimal B.F.F. you don’t have to wait that long. You can use the provided strips to test your Nitric Oxide levels in minutes.

Use one strip immediately before taking a dose, and then 2 minutes later, use the second and see the immediate Nitric Oxide boost. When the strip is red, your blood vessels are expanding and blood is flowing better with less pressure on your heart. That means more blood flow with less heart pressure (healthy blood pressure). It’s the best of both worlds.

Optimal - B.F.F.

WHY THIS SUPPLEMENT?

Your doctor has placed you in good hands. Optimal Health Systems cares about patients, too, which is why we create supplements that contain nutrients ONLY from whole foods. Because of this, you won’t have the same concerns as with synthetics. They are lab-tested and have a wealth of evidence to back our claims, along with patents.

WHAT SETS US APART?

There are plenty of whole food supplements out there, but only Optimal Health Systems takes it a step further with its patented pre-digestion process we call Opti-Blend™. It utilizes a combination of 10 kosher-certified, non-GMO enzymes, and patented organic minerals to pre-digest every nutrient before encapsulating. Opti-Blend™ ensures delivery at the cellular level and up to a 300% increase in absorption.

Other ingredients: Natural Orange Citrus Flavor, Stevia, Natural Silica.

†RAW FREEZE DRIED: Banana, Pineapple, Strawberry, Noni, C. Berry, Broccoli Sprouts, Acerola Cherry, Camu Camu, Tomato, Broccoli, Carrot, Acai, Mangosteen, Spinach, Kale, Brussels Sprouts, Elderberry, Sweet Cherry, Blackberry, Chokeberry, Raspberry.

ORGANIC JUICES: Raspberry, Cranberry, Strawberry, Blackberry, Carrot, Blueberry, Pomegranate, Acai, Cherry, Watermelon.

HERBS and EXTRACTS: Green Tea, Onion, Red Apple, Quercetin, Organic Turmeric, Garlic, Basil, Oregano, Cinnamon, Black Currant, Blueberry.

Contains natural caffeine energy equivalent to 30mg per chewable. This is about 1/3 the energy that is in a cup of coffee. Not recommended to take at night because of energy increase and to be only used by children and pregnant/lactating women by doctor recommendation.

DIRECTIONS: Chew two tablets in the morning and one in early afternoon or as directed by health professional.

This product is available at:

Nutrition Facts

Serving Size: 3 Chewable Tablets  Servings Per Container: 30

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Calories</td>
<td>6</td>
</tr>
<tr>
<td>Total Carbohydrates</td>
<td>1.2 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0 g</td>
</tr>
<tr>
<td>Sugars (from fruit)</td>
<td>3 mg</td>
</tr>
<tr>
<td>Creatine Nitrate</td>
<td>3 g</td>
</tr>
<tr>
<td>Nitrate Food Blend</td>
<td>600 mg</td>
</tr>
<tr>
<td>Caffeine (Green Tea)</td>
<td>90 mg</td>
</tr>
</tbody>
</table>

**Daily Value not established.**

Statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.