Essential Zinc

Organic chelated zinc has been proven to provide nutrition for proper growth, maintenance, and repair of the human body.

PRIMARY USES
- Promote healthy skin
- Promote healthy physical development
- Promote physical healing by reducing inflammation

QUICK FACTS
- Zinc is an essential mineral that is a component of more than 300 enzymes needed to repair wounds, maintain fertility in adults and growth in children, and more.
- Zinc plays a crucial role in cell division and cell growth, aiding muscle repair and growth by making it possible for the body to heal itself faster.
- Zinc is an effective anti-inflammatory and antioxidant agent.

WHY THIS SUPPLEMENT?
Your doctor has placed you in good hands. Optimal Health Systems cares about patients, too, which is why we create supplements that contain nutrients ONLY from whole foods. Because of this, you won’t have the same concerns as with synthetics. All products are lab-tested and have a wealth of evidence to back our claims.

WHAT SETS US APART?
There are plenty of whole food supplements out there, but only Optimal Health Systems takes it a step further with its pre-digestion process we call Opti-Blend™. It utilizes a combination of 10 kosher-certified, non-GMO enzymes, and patented organic minerals to pre-digest every nutrient before encapsulating. Opti-Blend™ ensures delivery at the cellular level and up to a 300% increase in absorption.

Serving Size: 1 Tablet

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<thead>
<tr>
<th>Amount Per Serving</th>
<th>%Daily Value</th>
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<tr>
<td>Zinc (from zinc glycinate chelate)</td>
<td>30 mg 273%</td>
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Other Ingredients: Microcrystalline cellulose, stearic acid (veg.), croscarmellose sodium, carob, silicon dioxide, magnesium stearate, pharmaceutical glaze, ethylcellulose.

Caution: Consult physician if pregnant/nursing or taking medication.

SUGGESTED USE: As a dietary supplement, take one tablet daily at meal time, or as directed.