Opti-Iodine™

Provides whole food iodine support for thyroid hormone synthesis, helping maintain metabolism.

QUICK FACTS
• Combines iodine from whole foods and iodide from potassium salt.
• This exact combination has proven to be more beneficial than any other single forms of iodine.
• Contains patented selenium and molybdenum, which are designed to support thyroid, breast, and endocrine health.
• Forms thyroid hormones.
• Eliminates heavy metals
• Lowers risk of Diabetes.
• Helps control weight.
• Lowers blood pressure.

MORE INFO
Thyroid hormones regulate metabolism and energy production. They affect core body temperature, growth, reproduction, hair and skin health, and neuromuscular function.

Iodine also plays a role in overall endocrine health, intellectual development, breast, and reproductive health.

OPTI-IODINE™

WHY THIS SUPPLEMENT?
Your doctor has placed you in good hands. Optimal Health Systems cares about patients, too, which is why we create supplements that contain nutrients ONLY from whole foods. Because of this, you won’t have the same concerns as with synthetics. They are lab-tested and have a wealth of evidence to back our claims, along with patents.

WHAT SETS US APART?
There are plenty of whole food supplements out there, but only Optimal Health Systems takes it a step further with its patented pre-digestion process we call Opti-Blend™. It utilizes a combination of 10 kosher-certified, non-GMO enzymes, and patented organic minerals to pre-digest every nutrient before encapsulating. Opti-Blend™ ensures delivery at the cellular level and up to a 300% increase in absorption.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
<th>Servings Per Container: 90</th>
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</thead>
<tbody>
<tr>
<td>Amount Per Serving</td>
<td>% Daily Value</td>
</tr>
<tr>
<td>Total Iodine/Iodide</td>
<td>12.5 mg</td>
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<tr>
<td>Iodine (Kelp &amp; Cultured media)††</td>
<td>5 mg</td>
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<tr>
<td>Iodide (as potassium salt)††</td>
<td>7.5 mg</td>
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<tr>
<td>Selenium (Glycinate Complex)†</td>
<td>25 mcg</td>
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<tr>
<td>Molybdenum (Glycinate Chelate)†</td>
<td>25 mcg</td>
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<tr>
<td>Opti-blend™††</td>
<td>5 mg</td>
</tr>
<tr>
<td>Culture Media††</td>
<td>15 mg</td>
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</tbody>
</table>

† Whole Food Cultured Media Blend: 341 mg

†† Opti-Blend™ Delivery System: (Amylase, Protease I, Protease II, Peptizyme SP-Serrapeptase, Lipase, Invertase, Cellulase, Lactase, Maltozyme, HemiSEB™, Zinc as AAC, Copper as AAC, Manganese as AAC, and molasses).

Recommended Use: As a dietary supplement, take 1 capsule morning and evening or as directed by a health professional.

90 capsules

This product is available at:

*Statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.