

# Opti-Heart™

## OPTI-HEART™

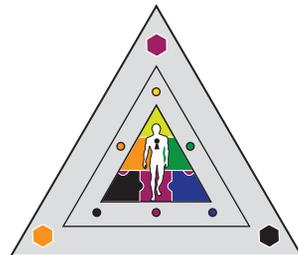


### QUICK FACTS

- A healthy heart and circulatory system is an absolute requirement for a healthy body.
- A healthy heart requires an array of nutrients, ample oxygen and energy, and dynamic blood vessels.
- Robust nutritional status can support the health and strength of the heart muscle and the blood vessel super-highway.
- Opti-Heart provides micronutrients, antioxidants, amino acids, and herbs to help support heart health.\*

### MORE INFO

A healthy heart and circulatory system is an absolute requirement for a healthy body, and statistics tell us that many Americans aren't maintaining their hearts in peak condition. The heart and blood vessels need to be protected from the adverse effects of metabolic byproducts and toxins.



Mfg. for Dr. Brimhall / OHS  
Pima, Arizona USA

## OPTI - HEART™

### WHY THIS SUPPLEMENT?

Your doctor has placed you in good hands. Optimal Health Systems cares about patients, too, which is why we create supplements that contain nutrients ONLY from whole foods. Because of this, you won't have the same concerns as with synthetics. They are lab-tested and have a wealth of evidence to back our claims, along with patents.

### WHAT SETS US APART?

There are plenty of whole food supplements out there, but only Optimal Health Systems takes it a step further with its pre-digestion process we call **Opti-Blend™**. It utilizes a combination of 10 kosher-certified, non-GMO enzymes, and patented organic minerals to pre-digest every nutrient before encapsulating. **Opti-Blend™** ensures delivery at the cellular level and up to a 300% increase in absorption.\*

### Supplement Facts

Amount Per Serving	Servings Per Container: 30	
		% Daily Value
<b>Vitamin C</b> (whole food cultured media) <sup>†</sup>	100 mg	167%
<b>Vitamin E</b> (whole food cultured media) <sup>†</sup>	50 iu	167%
<b>Vitamin B9-Folate</b> (whole food cultured media) <sup>†</sup>	50 mcg	13%
<b>Magnesium</b> (Magnesium Bisglycinate) <sup>††</sup>	20 mg	5%
<b>Selenium</b> (Glycinate Complex) <sup>††</sup>	50 mcg	71%
<b>Potassium</b> (Glycinate Complex) <sup>††</sup>	20 mcg	<1%
<b>Heart</b> (from bovine) (Argentina) Predigested <sup>***</sup>	100 mg	**
<b>Coenzyme Q10</b> (as Ubiquinone) (Hi-Qten™)	15 mg	**
<b>Hawthorn Extract</b> (Crataegus Oxyacantha) (Leaf and flower) 1.8% Vitexin	50 mg	**
<b>Taurine</b>	50 mg	**
<b>L-Arginine</b>	50 mg	**
<b>Spleen</b> (from bovine) (Argentina) Predigested <sup>***</sup>	40 mg	**
<b>L-Carnitine</b> (as L-Carnitine Fumarate)	20 mg	**
<b>Pituitary</b> (from bovine) (Argentina) Predigested <sup>***</sup>	5 mg	**
<b>†Whole Food Cultured Media Blend:</b>	341 mg	**
<small>Rice Complex, Yeast. <b>Organic Vegetable Blend:</b> Yeast, Pea, Alfalfa Leaf, Wheat Grass, Barley Grass, Oat Grass, Spirulina, Chlorella, Broccoli, Kelp, Cabbage, Parsley, Kale, Dandelion Leaf, Dulce. <b>Organic Fruit Blend:</b> Apple, Prune, Black Currant, Pomegranate, Mango, Blueberry, Strawberry, Acai, Raspberry, Cranberry. <b>Probiotics:</b> L. Plantarum, DDS-1™ Lactobacillus Acidophilus****, B. Coagulans, B. Bifidum, B. Lactis, L. Bulgaricus, L. Salivarius, E. Faecium, Streptococcus Thermophilus.</small>		

\*\*Daily value not established.

Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate, Silica, Gelatin (Capsule).

**Recommended Use:** Take two capsules daily, or as directed by your healthcare practitioner.



opti-blend™



This product available at:

Optimal Health System  
www.OptimalHealthSystems.com  
800-890-4547

\* This statement has not been evaluated by the FDA.

This product is not intended to diagnose, treat, cure, or prevent any disease.