Our Parish and Community Resources - get practical help and financial support/advice

If you need help, or if you would like to help, this page signposts our local collaborative resources.

**DiSAN**

The Diocese of Salford Social Action Network (DiSAN) brings together charities and outreach groups in the Diocese of Salford to share information, strengthen and facilitate the network and develop the capacity for voluntary and community action within the diocese. The group is open to all organisations and individuals who support its aims. We have a parish representative who liaises with DiSAN.

***DiSAN includes the following member organisations:***

**Caritas**

<https://www.caritassalford.org.uk/> Tel: 0161 817 2250. The official charity of our Diocese, based at Cathedral House. Vision – the lives of all people should be free from poverty, disadvantage and discrimination. Purpose- to help the most vulnerable children, young people and adults in our communities to transform their lives and fulfil their potential.

Caritas website has a page with links to national organisations which offer help and support: <https://www.caritassalford.org.uk/service-view/national-organisations-links/>

**Salford Loaves and Fishes**

<https://www.salfordloavesandfishes.org.uk/> Tel: 0161 737 8755.

Combatting food poverty. Can help with advice about food, money, health, accommodation and benefits or they can get you in touch with lots of other services that can help you.

**St Antony’s Centre for church and industry** <http://www.stantonyscentre.org.uk>

Tel: 0161 848 9173

Offers a range of services supporting men and women in the World of Work and in local communities. From accredited training, to support with Welfare and Benefits applications or access to Industrial Chaplaincy and community development initiatives, St Antony’s Centre has a wealth of services and a dedicated team.

**Revive** <https://www.revive-uk.org> Tel: 0161 223 5668

Provides free practical and integrated support to refugees and people seeking asylum, regardless of race, religion, gender, sexuality, disability, age or beliefs.

**OUT THERE** <http://www.outtherecharity.org> Tel: 0161 232 8986

Founded locally in 2006 by Daughters of Charity of St Vincent De Paul. They help prisoners’ families maintain contact with their imprisoned family member and in practical ways work to ameliorate some of the harmful effects caused by the experience of imprisonment on innocent family members.

**Young Christian Workers**, **YCW & Impact** <http://www.ycwimpact.com> Tel: 020 8203 6290

YCW is made up of young people aged 17 - 30 who regularly meet in small groups in Schools or parishes in the presence of a chaplain or adult companion. They focus on their everyday experiences as young adults, reflect on them in the light of the Gospel and Church teaching and commit themselves to take authentic Christian action. Impact is a programme and project of the YCW movement in England and Wales, to facilitate action which enables young people to help others, grow in responsibility and develop as responsible Christian citizens.

**Catholic Fellowship of Disabled People**

Helping people with disabilities to participate fully in the life and worship of the church, this organisation has Diocesan representatives and is actively promoting parishes to get involved [www.catholicdisabilityfellowship.org.uk](http://www.catholicdisabilityfellowship.org.uk)

**Union of Catholic Mothers** <https://www.theucm.co.uk>

contact: ucmsalfordsecretary@gmail.com

A National Organisation of Catholic Women, across 16 Dioceses in England, open to all women of all ages who support aims and objectives in 'prayer, love and active witness to marriage, family and Christian life in the world' .

**St Vincent De Paul** <http://svp.org.uk>

The St Vincent de Paul Society (SVP) is a Catholic charity that is part of an international Christian voluntary organisation dedicated to tackling poverty and disadvantage by providing practical assistance to those in need – irrespective of ideology, faith, ethnicity, age or gender. Nearest local parish group is based at St Luke’s, Swinton Park Road.

**Pax Christi** <https://paxchristi.org.uk> 020 8203 4884 The Diocese has a local representative who liaises with DiSAN, contact : education@paxchristi.org.uk. Pax Christi works for peace, reconciliation and non-violence. They work in schools and colleges to support teachers, chaplains and youth workers in promoting a culture of peace in schools and amongst young people, and explore how young people can be encouraged to make choices based on Christian values. They also work non-violently for justice and peace internationally, encouraging international efforts to abolish nuclear weapons and by celebrating the life and witness of peacemakers. Pax Christi campaigns against military spending, the arms trade and nuclear weapons.

**Mary’s Meals**  Our favourite international charity: <https://www.marysmeals.org.uk>

Other sources of help in our local community:

**Spirit of Salford** <https://www.salford.gov.uk/spiritofsalford>

For all citizens in Salford,  a myriad of services on offer to help and support you with things like improving your health and wellbeing, financial help and support, emergency help in a crisis, employment help and advice and improving your digital skills

**The Salford Foundation Trust**

Website under construction, until then, information available here: <https://hsm.manchester.gov.uk/kb5/manchester/directory/service.page?id=TY4obIZ-ivA&directorychannel=5-2-2>

Tel 0161 787 3834

A charity that supports children and young people seeking to pursue personal and learning development opportunities that would not normally be available to them because of family financial constraints. The charity has grants available to individuals meeting its eligibility rules between the ages of 5 and 25 years who have been a resident in Salford for 3 years or more. The Trust accepts applications for financial assistance up to the value of £500

**Emmaus Salford** <https://emmaus.org.uk/salford> Tel: 0161 737 8297

**Emmaus Salford School uniform hub** <https://emmaus.org.uk/salford/our-services/school-uniform-hub> Collects and redistributes good condition school uniforms and school shoes

**Manchester City Mission** <https://citymission.org.uk> Tel: 0161 736 7959

**Self-help Improving Mental Health** <https://www.selfhelpservices.org.uk>

**Mind in Salford** <https://www.mindinsalford.org.uk/>

**Salford Six Degrees** for help with Depression and anxiety <http://six-degrees.org.uk>

Tel: 0161 983 0900

**Talk to Frank, Salford** <https://www.talktofrank.com/treatment-centre/achieve-salford-recovery-services>

**For Students at University of Salford** <https://www.salford.ac.uk/askus/support/wellbeing-and-counselling>

**Children and Young people, Mental Health**

<https://mft.nhs.uk/rmch/services/camhs> Tel: 0161 701 6880

<https://www.42ndstreet.org.uk> Tel: 0161 228 7321