



Financial Stability

1. Low-income working families face numerous barriers to economic mobility. Before a person can become self-sufficient, they need to have their basic needs met, such as shelter and food. United Way continues to assist those with low incomes who are struggling to afford these basic needs, while putting an increased emphasis on reducing the number of persons living within 200 percent of the poverty line. It is at this point where people begin to have the capability to build their own safety net, creating financial stability. To achieve this United Way also invests in programs that help individuals better manage their money and increase their income.

By donating to the United Way Impact Fund, you are helping support the agencies that provide food assistance, shelter, and utilities to low-income families so that they can get back on their feet and learn money management skills to one day achieve financial stability.

2. Research demonstrates that poverty is connected to negative outcomes in many areas, including poor physical and mental health, disparities in educational achievement and increased incidence of high-risk activities. While poverty is largely cyclical, Current economic factors have created crisis situations for many families who never before thought they would be in a situation requiring assistance. In addition to assisting families with their basic needs, workforce development and asset development interventions can play complementary roles for the most vulnerable families. Workforce development creates the possibility of long-term stability through employment, while asset development cushions against emergencies in the short run and permits longer-run investment in human capital. These are just some of the many agencies that help support individuals in the area of financial stability:

- Asian Community & Cultural Center – Family Resource Center
- Catholic Social Services of Southern Nebraska – St. Francis Food Pantry
- Center for People in Need – Neighborhood Food Distribution
- Community Action Partnership of Lancaster and Saunders Counties – Financial Well-Being Programs
- Community Crops – Community Gardens
- CEDARS Youth Services – Emergency Food to Street Outreach
- El Centro de las Américas – Community Assistance Program
- Food Bank of Lincoln – Produce for Mobile Food Pantries
- Good Neighbor Community Center – Food Distribution Program
- Matt Talbot Kitchen & Outreach – Hunger Relief Program
- The Salvation Army – Lincoln – Food Security

When you donate to the United Way Impact Fund, you support the agencies that ensure families and individuals, regardless of circumstances, have the opportunity to achieve economic security.