



# Cathy Earley

## Coach / Facilitator

**Cathy helps leaders show up as their best selves.**

Passionate for helping leaders recognize their impact on others and known for candor and humor, Cathy is insightful, high-energy, and action-driven.

### Clients appreciate Cathy's ability to:

- Help leaders recognize the impact of their actions, decisions and communications
- Increase authenticity and impact in fast-moving environments
- Equip leaders to more fully know and reveal the stories behind their decisions

### Areas of expertise:

- Coaching senior leaders on leadership presence, authenticity, team dynamics, emotional and relational intelligence, and inspirational leadership communication
- Designing and leading team working sessions and off-sites
- Coaching and leading in the workplace

### More about Cathy

Based in San Francisco, Cathy is a cum laude graduate from Lafayette College and has a Master's Degree in Higher Education Administration and Adult Development Theory from Bowling Green State University. Cathy is certified in Myers Briggs, DiSC, Wilson Learning Social Styles, Core Strengths (Strengths Deployment Inventory). She is currently completing a certification from the Physical Intelligence Institute. She takes inspiration from her regular yoga practice that helps her stay grounded and her nephew Joseph who reminds her to dream big.