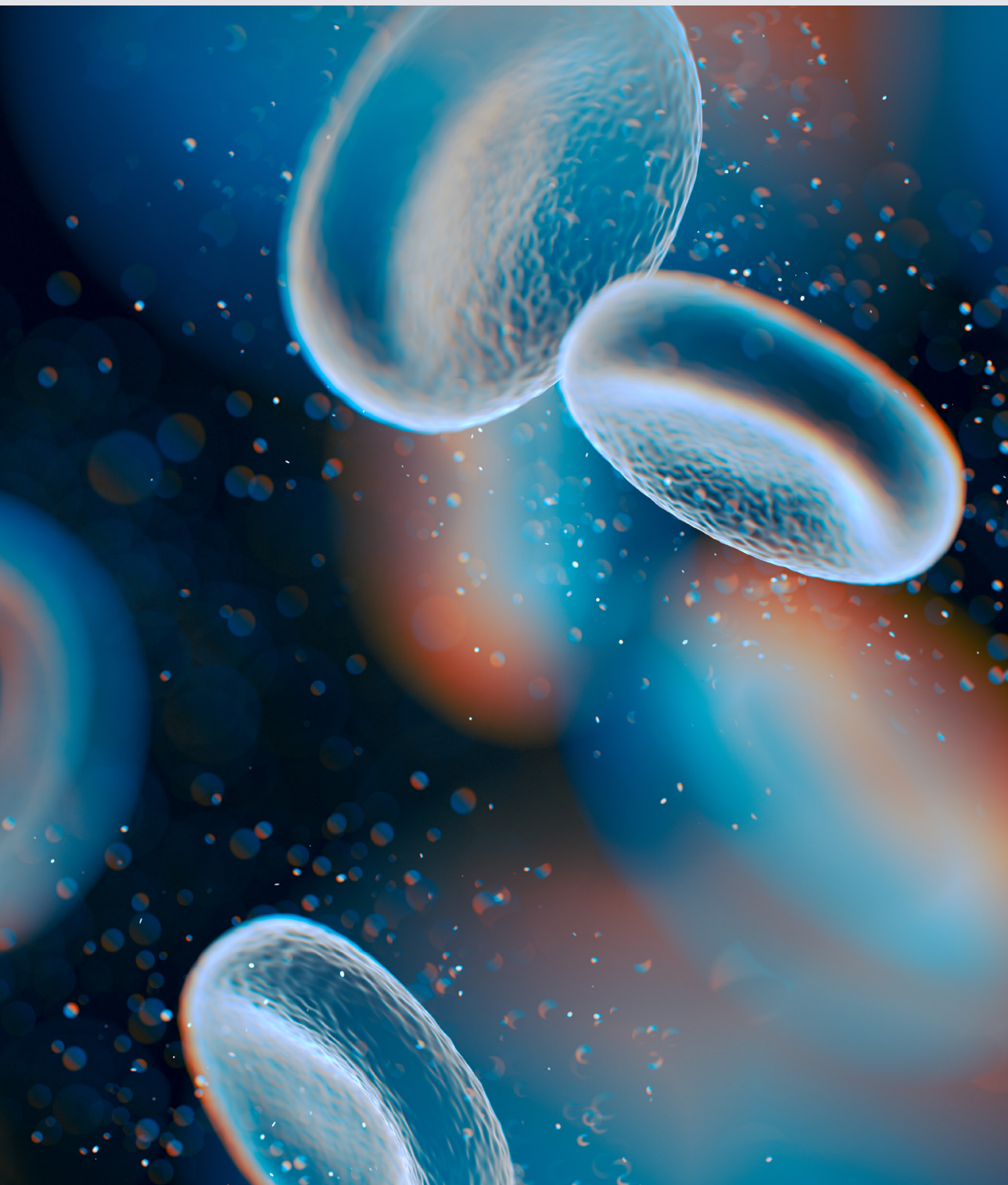


CalerieHealth™

Self Care Starts with Cell Care



2021

PRODUCT CATALOGUE



Discover CalerieHealth™

At CalerieHealth™ we believe in aging optimally through diet, exercise, and fasting.

Clinical trials and animal studies have shown that for most species, if you restrict the number of calories consumed, the organisms live longer.

In fact, calorie restriction (CR) is the only consistent intervention known to increase life span.

CalerieHealth™ Philosophy

At CalerieHealth™ we believe in the ability of caloric restriction (CR) to instigate weight loss and increase longevity in humans. Our rationale is supported by scientific research and numerous clinical studies.

CalerieHealth™ promotes calorie restriction (CR) as an integral practice in balanced cellular health and the instigation of healthy weight loss.

With CalerieHealth™, we intervene at the cellular level to boost NAD⁺ production and help promote wiser, healthier weight management.

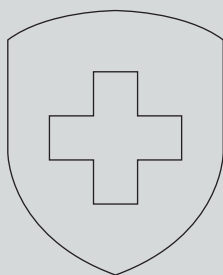
KEY INGREDIENTS

β -Nicotinamide Mononucleotide,
(Premium Grade 99.9%), CalerieHealth™
Superoxide Dismutase (SOD) 3,600 IU.

OTHER INGREDIENTS

Inulin, Organic Tapioca Dextrin, Natural
Blueberry Flavor, Organic Monk Fruit Extract,
Vegetable-Source Magnesium Stearate.

CalerieHealth™ SOD+NMN

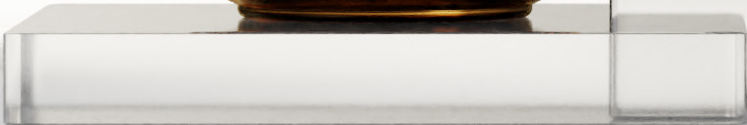


DIRECTIONS

Take three (3) chewable tablets per day with breakfast or between meals on an empty stomach.

PRODUCT DESCRIPTION

CalerieHealth™ SOD+NMN is a two-in-one formulation that effectively combines two powerful free-radical scavengers: Superoxide Dismutase (SOD) & Nicotinamide Mononucleotide (NMN). Known as an antioxidant-based mimetic, SOD plays an important role in the body's defense against oxidative stress and is considered to be part of the body's front line of defense for its immune system. Whereas NMN is a derivative of vitamin B3 that is converted by your body into Nicotinamide Adenine Dinucleotide (NAD+), which is necessary for metabolism to convert the food we eat into cellular energy. Overall, NMN & SOD can work together to promote optimal aging, energy metabolism, & immune function.*



HIGHLIGHTED INGREDIENTS

CalerieHealth™ SOD+NMN



CalerieHealth™ SOD **MARINE-SOURCED ANTIOXIDANTS**

Superoxide dismutase (SOD) is an antioxidant enzyme found inside all living cells. Known as an antioxidant-based mimetic, SOD plays an important role in the body's defense against oxidative stress by removing reactive forms of oxygen. Because antioxidant enzyme levels naturally decline with age, older adults are more vulnerable to immune system deficiencies. CalerieHealth™ SOD replenishes the body's master defense enzyme.*



CalerieHealth™ β-NMN **HIGH BIOAVAILABILITY**

NMN (Nicotinamide Mononucleotide) is a derivative of vitamin B3 that is converted by your body into Nicotinamide Adenine Dinucleotide (NAD+). NAD+ is found in all living cells and is necessary for metabolism to convert the food we eat into cellular energy. Poor aging and a number of related ailments are linked to low levels of NAD+. NMN may promote optimal aging, energy and cognition by supporting healthy NAD+.*



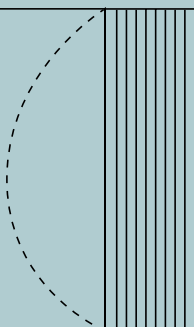
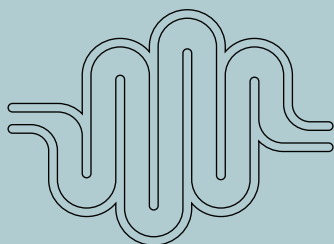
KEY INGREDIENTS

SOD (Superoxide Dismutase 200,000 IU/g) CalerieHealth™ Ocean Wellness Blend, CalerieHealth™ Probiotic Cultures, Vitamin D3 (as Cholecalciferol), Vitamin K (as Menaquinone-7)

OTHER INGREDIENTS

CalerieHealth™ FastMelt (Organic Erythritol, Organic Inulin, Lemon Juice Powder, Cranberry Juice Powder, Organic VitaFiber (Isomaltooligosaccharide), L-Malic Acid, Organic Stevia Leaf Extract 98% Reb-A (Rebadioside A)).

CalerieHealth™ Aqua-SOD Probiotics



ALTERNATIVE DIRECTIONS

Mix 1 stick pack(s) with water, milk, or your favorite beverage. Shake well and enjoy!

FASTMELT DIRECTIONS

Take 1 stick pack of CalerieHealth™ Aqua-SOD Probiotics per day before breakfast on an empty stomach, and let it gently dissolve in your mouth.

PRODUCT DESCRIPTION

Morning after wakeup, take one pack of CalerieHealth™ Aqua-SOD Probiotics and let it gently dissolve in your mouth. This iconic essential powder retains a well-balanced sweetness and sourness throughout, ending with a harmonious finish. It is formulated with a highly potent SOD plus more than 10 most clinically studied human probiotic strains. It is also enhanced with two incredible ingredients sourced from the deep ocean: Aquamin® and Blue Spirulina. Altogether, this functional product can promote better digestive health and stronger immunity on a daily basis .*

CalerieHealth™

AQUA-SOD PROBIOTICS

Multi-Mineral Complex for Immunity*

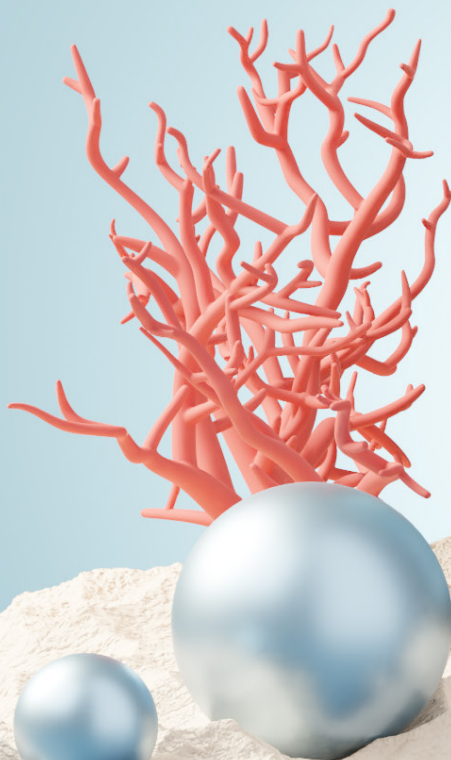
NLT 2,000 IU /Serving of SOD

30 Billion CFUs Live Probiotic Cultures

Plus Organic Blue Spirulina & Aquamin*

DIETARY SUPPLEMENT

30 SINGLE STICK PACKS - 90G (3.2 OZ)



HIGHLIGHTED INGREDIENTS

CalerieHealth™ Aqua-SOD Probiotics



CalerieHealth™ SOD MARINE ANTIOXIDANTS

Superoxide dismutase (SOD) is an antioxidant enzyme found inside all living cells. (SOD) is part of the body's first line of defense for the immune system and is key in fighting against free radicals that attack the body.



MARINE MINERALS AQUAMIN®

A multi-mineral complex that is derived from the red algae Lithothamnion Corallioides. It is in magnesium, calcium, manganese, selenium, zinc, etc.



MARINE ALGAE BLUE SPIRULINA

Spirulina is a blue-green algae that grows in salt and freshwater. It is one of the most nutrient-dense foods, which contains significant amounts of micronutrients like vitamins, minerals, amino acids, and antioxidants.



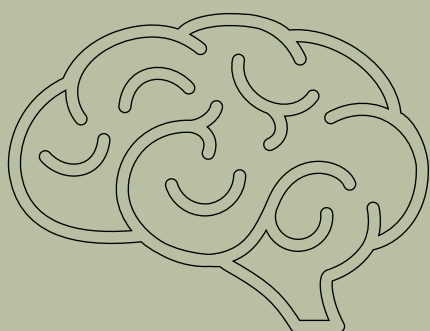
KEY INGREDIENTS

Complex Formula of Sirtuins, NAD Precursors, Exercise & Calorie Restriction Mimetics: Alpha GPC (L-Alpha glycerylphosphoryl- choline), Epigallocatechin gallate (EGCG), β -Nicotinamide Mononucleotide (Premium Grade 99.9%), Trans-Resveratrol, Fisetin, Pterostilbene.

OTHER INGREDIENTS

Organic Brown Rice Powder, Enteric Coated Slow-Released Vegetarian Capsule.

CalerieHealth™ Life Span

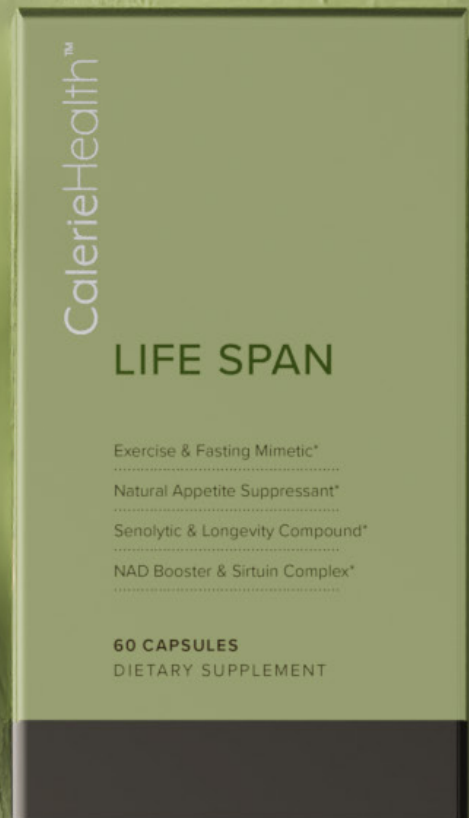


DIRECTIONS

Take two (2) Capsules per day with water before breakfast or between meals on an empty stomach.

PRODUCT DESCRIPTION

Longevity research shows that a calorie restricted diet, without malnutrition, reduces the incidence of age-related conditions. In fact, a clinical trial shows that Calerie Restriction (CR) affects many processes that regulate the rate of aging. Research supports the effects of intermittent fasting and its ability to put our body into ketosis, a state where the body burns fat for energy. CalerieHealth™ supplements support longevity and healthy weight management with ingredients that mimic CR and exercise by boosting NAD levels and activating Sirtuins.*



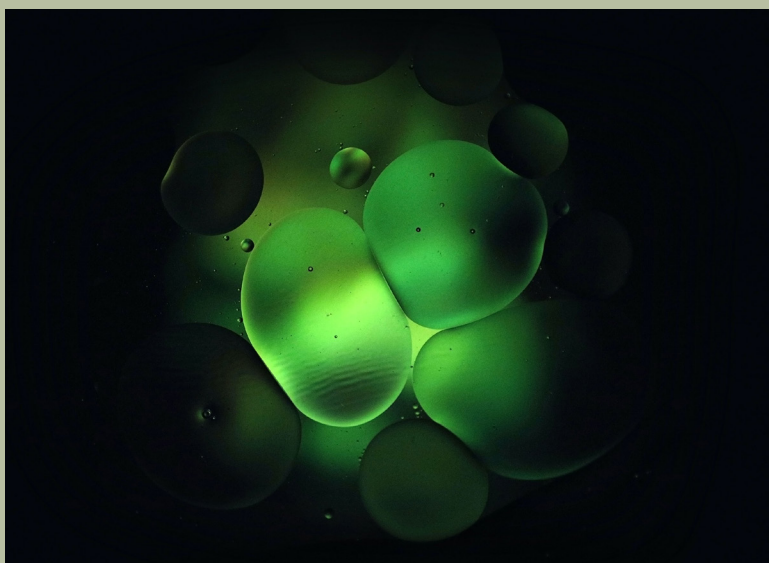
HIGHLIGHTED INGREDIENTS

CalerieHealth™ Life Span



CalerieHealth™ β -NMN **HIGH BIOAVAILABILITY**

NMN (Nicotinamide Mononucleotide) is a derivative of vitamin B3 that is converted by your body into Nicotinamide Adenine Dinucleotide (NAD⁺). NAD⁺ is found in all living cells and is necessary for metabolism to convert the food we eat into cellular energy. Poor aging and a number of related ailments are linked to low levels of NAD⁺. NMN may promote optimal aging, energy and cognition by supporting healthy NAD⁺.*



FISETIN **SIRTUIN ACTIVATING COMPOUND**

Fisetin is a naturally-occurring flavanoid with numerous health promoting benefits. As a sirtuin activating compound, Fisetin works synergistically with NAD precursors to fuel and accelerate longevity genes. Fisetin is also a powerful senolytic agent that supports NAD efficiency and may extend healthspan. Fisetin is neuroprotective, fights inflammation, and supports brain function. CalerieHealth™ Fisetin may be supplemented with NAD precursors such as CalerieHealth™ NMN 10,000 or taken as a single stand-alone ingredient. Experience CalerieHealth™ today.



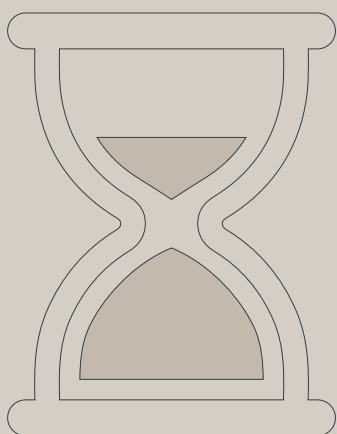
KEY INGREDIENTS

β -Nicotinamide Mononucleotide
(Premium Grade 99.9%)

OTHER INGREDIENTS

Non-GMO D-Glucan, Natural Blueberry Flavor,
Organic Monk Fruit Extract, Vegetable-Source
Magnesium Stearate.

CalerieHealth™ β -NMN 6,000



DIRECTIONS

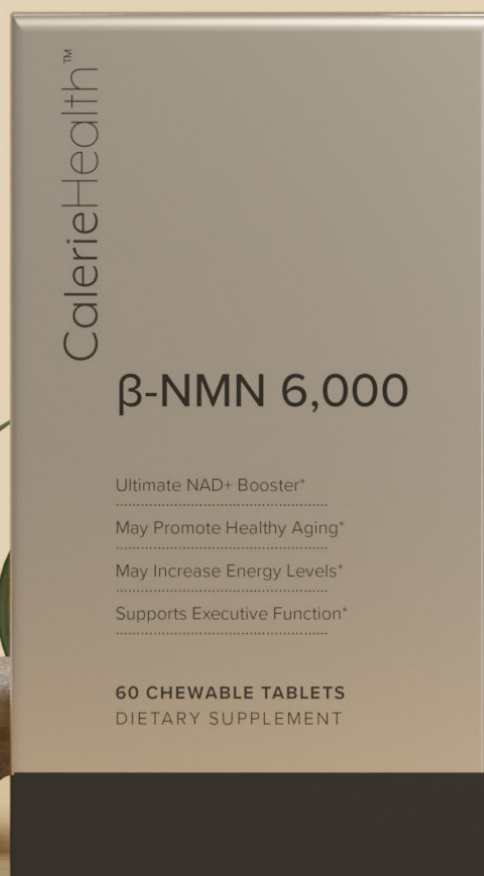
Take three (3) Chewable Tablets per day with breakfast or between meals on an empty stomach.

PRODUCT DESCRIPTION

NMN (Nicotinamide Mononucleotide) is a derivative of vitamin B3 that is converted by your body into Nicotinamide Adenine Dinucleotide (NAD⁺).

NAD⁺ is found in all living cells and is necessary for metabolism to convert the food we eat into cellular energy.

Poor aging and a number of related ailments are linked to low levels of NAD⁺. NMN may promote optimal aging, energy and cognition by supporting healthy NAD⁺.*



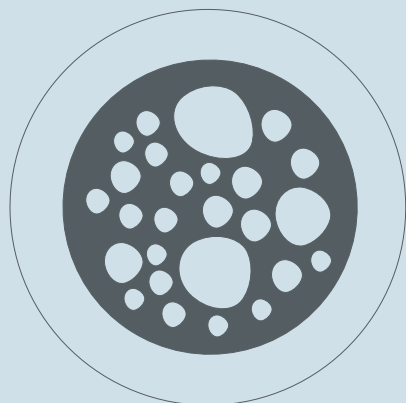
KEY INGREDIENTS

Magnesium (Mg)
Pyrroloquinoline Quinone (BioPQQ®)

OTHER INGREDIENTS

Malic Acid, Dextrose, Adipic Acid, Citric Acid, Natural Flavor, Chinese Blackberry Leaf Extract.

CalerieHealth™ Alpha Hope

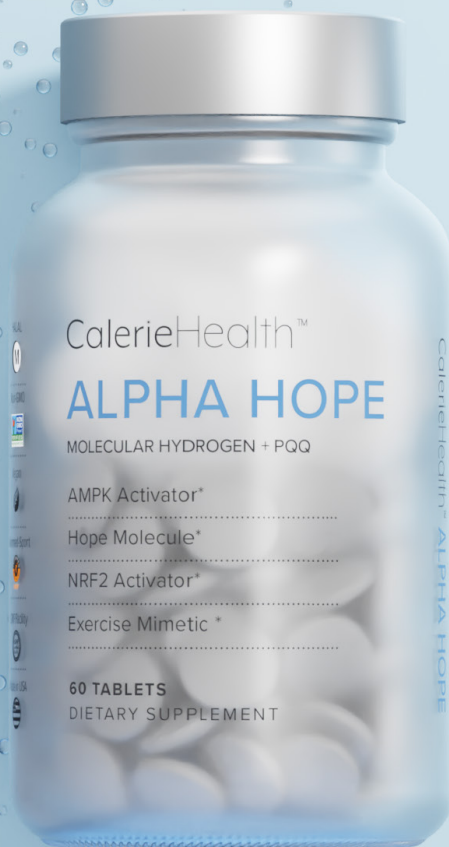
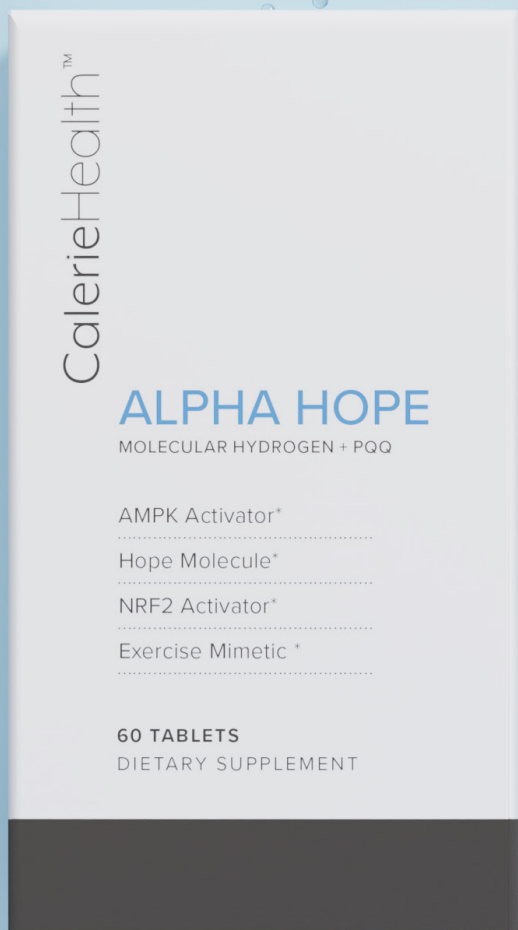


DIRECTIONS

Drop one (1) tablet in 8 oz. of water. Wait for tablet to fully dissolve and drink. Take 2 tablets per day for adults. Do Not Swallow Tablet

PRODUCT DESCRIPTION

CalerieHealth™ Alpha Hope combines two specialized antioxidant ingredients that may activate powerful metabolic pathways. Pyrroloquinoline Quinone (PQQ) & Molecular Hydrogen (H²) work synergistically to promote Hope Molecules (PGC1-alpha), & detoxification via NRF2 (H²) expression. While PQQ influences energy metabolism & neurological function, it also increases AMPK which is necessary to activate PGC1-Alpha Hope Molecules. Hydrogen, the smallest element, acts as a detox & antioxidant defense hub. PQQ & H² work together to activate & increase NRF2 levels. Promote Hope & Wellness today with CalerieHealth™ Alpha Hope!



HIGHLIGHTED INGREDIENTS

CalerieHealth™ Alpha Hope



MOLECULAR HYDROGEN (H²)

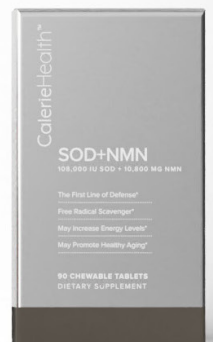
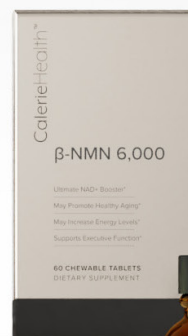
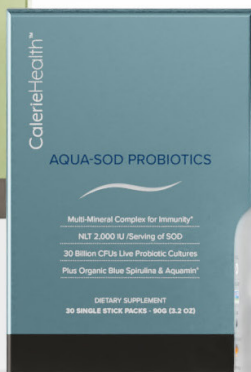
Molecular hydrogen is produced when Mg is dissolved in water. Molecular hydrogen (H²) has been the subject of hundreds of studies. Researchers have been examining how hydrogen works in the body and its potential benefits for human health for many years. Among all the benefits of hydrogen, promoting the body's natural detoxification system is the major goal of supplementing hydrogen.



PYRROLOQUINOLINE QUINONE (BIOPQQ®)

PQQ is a powerful antioxidant involved in numerous cellular processes. It's often involved in a number of cellular processes that improve the function of existing mitochondria and promote the regeneration of new mitochondria. PQQ is also classified as a nootropic, which enhances brain functions like memory, mental focus, motivation, and creativity. CalerieHealth™ chose BioPQQ® to ensure the best efficacy of Alpha Hope's formulation.





Certifications



Informed-Choice



Vegan



Made In U.S.A



cGMP Facility



Halal Certified



Non-GMO Certified



Informed-Sport



Gluten Free

CalerieHealth™

Self Care Starts with Cell Care

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*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease