

SCHEDULING GUIDELINES

7/21/2022

For all appointments, specify the reason for the visits and verify demographic information including phone number. Virtual Visits are considered to be Telephone or Telehealth. If patient can connect via video, schedule as Telehealth.

ADULT MEDICINE

Virtual Visits

- COVID related complaint (fever, cough, congestion, cold, sore throat, vomiting diarrhea, flu-like symptoms)
- Chronic care follow up (if patient has already been seen in person within past 12 months)

In-Person

- Any visit if visit is **NOT** COVID related and the patient has not had an in-person visit within the last 12 months
- Patient request (if not COVID complaint)
- Abdominal pain
- Dizziness
- Urinary complaints
- Musculoskeletal complaints

PEDIATRIC MEDICINE

While the COVID levels in our community remain low, all pediatric appointments are preferred in person, with the exception of COVID symptoms, and appointments patients prefer to schedule virtually. **Abdominal pain, excessive menstrual bleeding, ear pain, urinary symptoms and sore throat in the absence of URI symptoms remain symptoms for which only in person visits should be scheduled.**

Virtual Visits

- | | | |
|---|--|---|
| <ul style="list-style-type: none">• Adolescent: OCP refill, if on time• Allergies• ADHD Follow-Up• Any WCE for Vaccine• Asthma Routine Follow-Up w/o Wheezing of SOB• Behavioral Concerns (Depression, Anxiety,• Constipation | <ul style="list-style-type: none">• Diarrhea• ER Follow-Up unless in respiratory distress (fast or heavy breathing; signs of dehydration (no urine > 6 hours)• Follow-up Visits• Lab Follow-Up• Lice• Mild URI Symptoms (congestion, cough, cold, fever) w/o respiratory (<i>see ER F/U</i>) | <ul style="list-style-type: none">• Newborn Concerns (eat, sleep, colic)• Rash• Sore throat w/URI symptoms or blisters in• WCE 9 Month• WCE for Vaccine Refusers• Weight Follow-Up (Ask if they have a scale)• Vomiting |
|---|--|---|

In-Person

- | | | |
|--|--|--|
| <ul style="list-style-type: none">• Abdominal Pain• All WCE Except 9• Birth Control Initiation (also available virtually in WH)• Depo Provera• Ear Pain | <ul style="list-style-type: none">• New Born Visit• Pelvic Pain• STI Concern• Sore throat over age 4 years w/tonsils and w/o runny nose• Testicular Pain | <ul style="list-style-type: none">• Underweight• Urinary Symptoms• Wheezing Asthmatics – Please instruct to bring:<ul style="list-style-type: none">○ Inhaler to Visit○ If No Inhaler – Please task provider and health center nurse to they may send on to the pharmacy for the patient to pick up and |
|--|--|--|

WOMEN'S HEALTH

Virtual Visits

- Birth Control Refill
 - Birth Control Consult
 - Plan B consult/ Prescription
 - Ultrasound Results
 - Lab Results
 - Pap Results
 - STI /Exposure without Symptoms
 - UTI
 - UroGyn follow-up
-

In-Person

- Colpo/High Risk GYN
- Depoprogestosterone Injection
- Eval of Abnormal GYN condition (vaginal irritation, vaginal discharge, abnormal vaginal bleeding, pelvic pain)
- High Risk OB
- IUD
- Low Risk OB
- Nexplanon
- Pregnancy Tests
- Plan B
- Annual Well Woman (includes Pap every 3 years)
- STI Symptoms/Exposure
- Urogyn
- Pap Smear, history of Abnormal Pap (every 6 months)