Dr. Travers has recommended light sedation for your child to promote cooperation and relaxation during the dental treatment. The dose will be determined by your child's age, weight, and the amount of treatment that needs to be done. It will be administered by mouth and your child's breathing, heart rate and blood pressure will be monitored throughout the procedure. One of the following medicine combinations will be given:

Versed (Midazolam)

Valium (Diazepam)

Vistaril (Hydroxyzine)

Nitrous Oxide/Oxygen (laughing gas)

**Versed and Valium** Is widely used sedatives and is safe. It belongs to a class of medications calledbenzodiazepines, which produce a calming effect on the brain and nerves (central nervous system). It works by increasing the effect of a certain natural chemical (GABA) in the brain. These medications are short acting and used to cause drowsiness, decrease anxiety, and cause forgetfulness of the surgery or procedure.

**Vistaril** Is an antihistamine type of drug that is also a relaxant. It helps to treat anxiety disorders andtension before treatment. Hydroxyzine may also increase the effects of other medicines, such as pain relievers and sedatives that’s why it’s given in combination.

**Nitrous Oxide/Oxygen** is a combination of two gases when inhaled and absorbed by the body will have a calming effect. It is very safe and gets quickly eliminated from the body.

**SEDATION CHARGES POLICY**

Oral sedation is always combined with the use of Nitrous Oxide/Oxygen during treatment. These are charged separately. Most of the time, insurance coverage is only for one type of sedation. Most insurances cover for the least amount of sedation type which is the Nitrous Oxide/Oxygen (Analgesia). If this is the case, oral sedation (non-IV conscious sedation) will be the parent’s responsibility. If in case, the insurance covers oral sedation, then Nitrous Oxide/Oxygen will be the patient's responsibility.

**Please make sure to follow all instructions regarding sedation.** Any cancellation due to not following instructions or last-minute cancellation (less than 24 hours) or no show will be charged $50.00 for broken appointment and a pre-payment in full will be required before re-scheduling another appointment.