**MEDICATIONS**

* Continue most medications prescribed by your physician or dentist (see below).
* Give Tylenol for discomfort as necessary.
* Ibuprofen (Motrin or Advil) can cause nausea on an empty stomach
* If your child is congested, please give an over the counter decongestant or antihistamine as needed (Including morning of the procedure)
* If your child has ever needed an inhaler or nebulizer for breathing (albuterol), please give a breathing treatment the night before and the morning of the procedure!

**DIET**

* Please follow eating and drinking guidelines strictly. Your child can be cancelled for eating or drinking too close to his/her procedure time!
* **Absolutely NO SOLID FOODS or Milk after MIDNIGHT** or on the day of the procedure!
* **Clear liquids only up to 3 hours** before your scheduled check in (clear liquids include clear jello, popsicles, apple juice, water, and ice)
* Should your child NOT be able to take pills without food before surgery and needs them: may give pills whole or crushed in 1 tablespoon **CLEAR JELLY**(like grape jelly…NO jam or preserves or applesauce)

**GENERAL**

* **Please bring an extra set of clothes and have your child use the bathroom on arrival to the Dentist’s office**

**SPECIAL NEEDS CHILDREN**

* If your child has special needs such as Autism, Developmental Delay, ADHD, Seizures, or Severe Asthma requiring frequent, recent or regular inhaler use, we prefer to talk directly with you about your child’s special needs before his/her planned procedure. **Please notify your** dentist’s office to **schedule a telephone consultation as soon as possible.**
* In General:
  + **All breathing medications such as Singular, Albuterol, Flonase or inhaled steroids** should be **given** up to and **including MORNING OF SURGERY**.
  + **All Autism Medications** should be **given** up to and including MORNING OF SURGERY.
  + **All ADHD Medications** should be **HELD** MORNING OF SURGERY. (Clonidine ok)
  + **ALL Seizure Medications** should be **given** MORNING OF SURGERY.
  + **ALL other behavior and mood Medications** (anxiety, depression, OCD, etc.) **should be given on** **schedule.**
* If your child is extremely anxious and has trouble even going to the office without anxiety attacks or meltdowns, please ask your dentist’s office to schedule a pre op telephone consultation.

**When to call the Anesthesiologist**

* Temperature greater than 101.5 F (actual temperature) within 24 hours of surgery.
* Persistent vomiting; more than 2 times at home within 12 hours of surgery.
* Any unusual symptoms or problems that concern you.