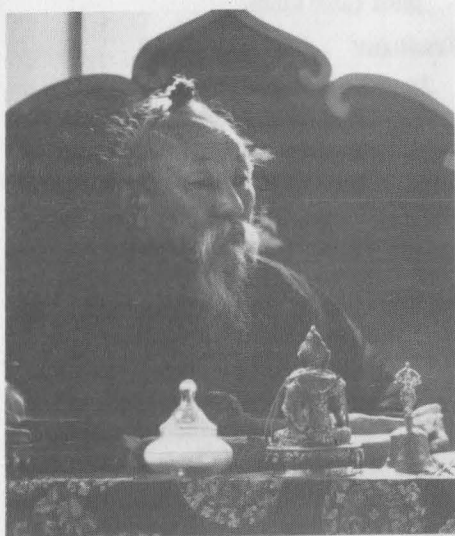


THE WIND HORSE



NEWSLETTER OF CHAGDUD GONPA

WINTER 1990



Dear Sangha,

Twelve centuries ago Padma Jungnay, the teacher from Orgyan who embodies the pristine awareness of all the victorious ones bestowed profound teachings upon his twenty-five disciples and other fortunate individuals in Tibet, including all the cycles of guru yoga, Great Perfection (*Dzogchen*) and Avalokiteshvara practice.

Revered as Guru Rinpoche, he also concealed in Tibet numerous teachings as treasures (*terma*). In his compassion for beings in the future, he saw the need to provide spiritual methods that would relieve the afflictions of disease, famine, war and unrest that would manifest in times of spiritual degeneration. Some of these treasures were planted in the mind-streams of his students to be discovered in later lifetimes; some were physical objects left in the earth and rocks, in lakes and streams.

Among the treasure cycles concealed in this manner are those revealed in the nineteenth century by T'hrag T'hung Dudjom Lingpa, a great treasure discoverer (*terton*) and teacher famed throughout the three planes of existence as an emanation of Padmasambhava and an incarnation of Drogban Khye'u Chhung Lotsawa, one of Padmasambhava's twenty-five disciples. Dudjom Lingpa codified *terma* cycles such as the Treasury of the Vast Expanse of the Space of Dharmata (*Chhî-nyid Nam-khai Long-dzod*). His treasures are all of supreme relevance and benefit to beings in these times.

In an uninterrupted lineage, these treasures were received by Jigdral Yeshe Dorje, the late His Holiness Dudjom Rinpoche, who, as the irrefutable manifestation of the pristine awareness of Dudjom Lingpa, was also known as Terton Drodul Lingpa. At Boudhanath, Nepal, I had the good fortune to join a large group of people who received from His Holiness all the ripening empowerments, liberating teachings and supportive scriptural transmissions of Dudjom Lingpa's teachings. Each day, after he completed the empowerments and transmissions, His Holiness would encourage us to benefit others through these transmissions. At that time I formulated the personal aspiration that at least once in this lifetime I would in turn transmit all of these teachings to my students.

Several years later, when His Holiness visited the United States in 1980, I met with him in Berkeley and asked him which teachings would be most appropriate in propagating the Buddha's teachings in these times and especially in this country. As a *terton*, His Holiness was skilled

in determining the timeliness of specific teachings, and he expressed the view that Dudjom Lingpa's teachings would be very effective, particularly Vajrakilaya and T'hröma. Recognizing His Holiness to be an infallible representative of Padmasambhava, I took his advice to heart. From that time until the present I have devoted my efforts to transmitting the teachings of both Dudjom Lingpa and Dudjom Jigdral Yeshe Dorje to my students.

Now, due to illness and the signs of advancing age, I am reminded that if I do not act quickly to fulfill this aspiration, I may not be able to do so in the future. Moreover, my students and vajra brothers have been requesting these transmissions from me. In response to these circumstances, I have decided to offer all the empowerments and transmissions of Dudjom Lingpa and selected ones from Dudjom Jigdral Yeshe Dorje.

Even to receive these empowerments can help heal illness and overcome obstacles. In bestowing them, I am not presenting myself as a very special teacher, but I am concerned that these precious treasures of spiritual wisdom should survive and flourish in a new generation of practitioners. Such is my intention—to permit others to establish connection with the unsurpassed Dudjom lineage. For me it is also an opportunity to fulfill my personal aspiration to offer this transmission.

Chagdud Tulku Rinpoche

Schedule for transmissions of the Dudjom Lineage April 22-May 19, 1991 at Rigdzin Ling, Junction City, CA.

- Apr. 22 *Yangsang Lama Zhiwa* (most secret aspect of peaceful Guru), preparatory phase of empowerment; *Dechhen Gyalpo* (Dudjom Dorje Drolod); *Chhe Chhog Raksha T' hod T' hreng Tzal* (Dudjom Dorje Drolod).
- 23 Scriptural transmissions. *Yangsang Lama Zhiwa* (most secret aspect of peaceful Guru), main empowerment; *Jampal Zhiwa* (peaceful Manjushri) *Sangwa Düpa*; *Jampal Dragpo* (wrathful Manjushri) *Shinje Shed*, basic empowerment; *Laykyi Shinjed* (conferral of life force); *Nangt' ha Zhingdrub* (Amitabha pure realm practice); *Ngödrub Dodjo* (longevity practice).
- 24 Scriptural transmissions. *T' hugje Chhenpo* (Avalokiteshvara); *Tadrin Yangt' hrö Mahakala* (Hayagriva); *Lama Dorsem* (Vajrasattva); *Lama Zhit' hro Düpa* (peaceful and wrathful deities); *Sangdag Khyagdor* (Vajrapani).
- 25 Scriptural transmissions. *T' hugdrub Sangwai Gyachan* cycle: *Palchhen Dorje Zhonnu* (Vajrakilaya)-basic empowerment and empowerments for Kilayas of the four families, for the ten wrathful retinue deities and for *Ratna Kilaya* (wealth practice).
- 26 Scriptural transmissions. *T' hugdrub Sangwai Gyachan* cycle: Vajrakilaya empowerments for *Namchag Pudri* and *P' hurpa Desheg Nyingpo*.
- 27 Scriptural transmissions. *T' hugdrub Yeshe Nyima* cycle: *Dakini Sangwa Yeshe*, outer practice; *Duddul Dragmo* (Lion-faced Dakini), inner practice; *Drolma* (Tara) empowerment, secret practice; *Tsogyal*, most secret practice.
- 28 Scriptural transmissions. Guardian deities, conferral of life force: *Lhachhen Namsum* and *Nodjin Shanpa Marnag* (extensive and abridged ceremonies).
- 29 Scriptural transmissions. Guardian deities, conferral of life force: *Damchan Dorje Legpa*, *Nordag Apartzitta*, *Nam T' hö Sray* (Vaishravana), *Nodjin Tzangyal Chhenpo*.
- 30 Scriptural transmissions. *Dakini T' hröma Nagmo* cycle: main empowerments, extensive and abridged; *Naljor Ralpai Trawang*, yogin's hair empowerment; *Zagod Srog-gi Pudri* (Rahula), conferral of life force.
- May 1 Scriptural transmissions for the *T' hröma* cycle.
- 2 Scriptural transmissions and empowerments. *T' hrögyal Dudtzi Khyilwa*, *Tersung Machhen Pomra*, *Guru Lodan Chhogsred*, *Jigjed Nagaraksha*, *Gyalyum Dorje P' hagmo* (Vajravara), *Dorje Naljorma* (Vajrayogini).
- 3 Scriptural transmissions. Conferral of life force: *Ngagsrung Ekadzati*, *Zhingkyong Kunga Zhonnu*, *Mamo Shaza Hormo*.
- 4 Scriptural transmissions. *Dagnang Yeshe Drawa* cycle: Visionary transmission, "The Web of Pristine Awareness."
- 5 Scriptural transmissions. *Dagnang Yeshe Drawa* cycle: Visionary transmission, "The Web of Pristine Awareness." *Jampal Maseng* (Manjushri Lion of Speech), permission blessing; *Nodjin Shanpa*, conferral of life force.
- 6 Scriptural transmissions for the first volumes of the *Dagnang Yeshe Drawa* cycle.
- 7 Scriptural transmissions. *Dagnang Yeshe Drawa* cycle, transmission empowerment (*lungwang*) for the Volume of Teachings without Elaboration (*Tro-med po-ti*).
- 8 Scriptural transmissions for the background teachings for all the profound terma cycles of Dudjom Lingpa; scriptural transmission for "Vajra Essence, the Tantra of the Self-occurring Nature of Reality" (*Nay-lug Rang-jung Gyud Dorje Nyingpo*).
- 9 Scriptural transmissions for various songs of experience and texts of spiritual advice.
- 10 Scriptural transmission of the outer, inner and secret biographies of the supremely blissful king of dharma (Dudjom Lingpa).
- 11 Scriptural transmission for *Legshad Dudtzi Roltsö*, an extensive teaching manual for chod practice by *Padma Lungtog Gyatso*, the custodian of Dudjom Lingpa's teachings.
- 12 From the profound terma cycles of His Holiness Dudjom Rinpoche, *Jigdröl Yeshe Dorje*: *Tsokeye T' hug T' hig* (secret sadhana of Guru Rinpoche); *Terkha Dundü* (guru sadhana cycle), *Dorje Drolod* (secret sadhana); Vajrakilaya (*Pudri Regp' hung cycle*)
- 13 Scriptural transmissions. *Khadro T' hug T' hig* empowerment.
- 14 Scriptural transmissions. Empowerment for restoration and purification of vajrayana samaya (based upon the *Zhit' hro Gongpa Rangdrol*).
- 15 & 16 Additional empowerments and scriptural transmissions related to the daily practices at Chagdud Gonpa. (*T' hang-gyal Tsedrub*, *Guru Dragpo*, *Metzig*, etc.)
- 17 & 18 Additional scriptural transmissions as time requires
- 19 Concluding ceremony: *Tsedrub Chhimed Srogt' hig* empowerment (longevity sadhana) and related scriptural transmissions.

Note: In general the empowerments (wangs) will be given in the afternoon and the related scriptural transmissions (lungs) will be given the next morning.

Practice by the Days of the Moon

JANUARY, 1991

- 7 Last-quarter Moon: Tara Day
9 Twenty-fifth Day: Dakini Day
15* New Moon: Vajrasattva
23 First-quarter Moon: Tara Day
24 Tenth Day: Guru Rinpoche Day
29** Full Moon: P'howa
- * Annual eclipse of the sun—practice is multiplied 10,000 times.
**Eclipse of the moon—practice is multiplied 1,000 times.

FEBRUARY

- 28 Full Moon: P'howa
6 Last-quarter Moon: Tara Day
8 Twenty-fifth Day: Dakini Day
14 New Moon: Vajrasattva
21 First-quarter Moon: Tara Day
23 Tenth Day: Guru Rinpoche Day

MARCH

- 8 Last-quarter Moon: Tara Day
10 Twenty-fifth Day: Dakini Day
16 New Moon: Vajrasattva
22 First-quarter Moon: Tara Day
25 Tenth Day: Guru Rinpoche Day
29 Full Moon: P'howa

APRIL

- 6 Last-quarter Moon: Tara Day
9 Twenty-fifth Day: Dakini Day
14 New Moon: Vajrasattva
21 First-quarter Moon: Tara Day
23 Tenth Day: Guru Rinpoche Day
28 Full Moon: P'howa

MAY

- 6 Last-quarter Moon: Tara Day
8 Twenty-fifth Day: Dakini Day
13 New Moon: Vajrasattva
20 First-quarter Moon: Tara Day
22 Tenth Day: Guru Rinpoche Day
28 Full Moon: P'howa

The phases of the moon correspond to the subtle male and female energies of our body and increase the benefit of practice on certain days of the lunar month. The specific practices done at Chagdud Gonpa centers are given above, but there are many practices from other lineages that are equally appropriate. Even keeping a mantra commitment on these days generates powerful virtue.

Lineage Holders of Inherent Truth

Manjushrimitra

This is the second article in a series on the lineage holders of the Great Perfection.

From the time of Garab Dorje, there has been a living lineage of words and realization available for those who seek liberation from the unending cycles of suffering.

Having conferred the complete transmission upon his student Manjushrimitra, Garab Dorje transformed his corporeal body into a body of rainbow light and disappeared into the sky. Later, Garab Dorje reappeared to Manjushrimitra and gave him a golden box containing verses written with blue malachite ink on sheets of precious metals. Instantly upon receiving this blessing known as the "*Three Vital Words that Strike the Essence*," Manjushrimitra attained realization equal to that of Garab Dorje.

Manjushrimitra then organized the teaching into three categories:

- Mind, or *sem de*
- Vast expanse of being, or *long de*
- Direct introduction, or *mengag de*

Manjushrimitra spent many years teaching and meditating in the So Sa Ling Cre-

mation Ground located west of Bodhgaya. Although he had many students, he found no one who was qualified to receive the highest level of teachings so he concealed them inside a boulder and sealed the treasure with a crossed vajra.

In western China there was a scholar named Sri Singha who had been born in an area known as "the black expanse." One night while traveling by camel to the city of Ser Ling, Sri Singha had a pure vision of Avalokiteshvara who said to him, "O fortunate one, if you truly wish to attain enlightenment then go to the cremation grounds of So Sa Ling!"

Though being deeply moved by Avalokiteshvara's blessing, Sri Singha felt a great need for more study of the outer and inner tantras in order to better understand the highest teachings, so he went to the sacred place of Manjushri, called the Five Peaks (Wo Tai Shan). There he took ordination and studied both the exoteric and esoteric tantras. Avalokiteshvara then again appeared to him, reminding him to go to So Sa Ling to find his teacher.

After years of practice and study Sri Singha used his miraculous powers and

flew to So Sa Ling and was immediately accepted as Manjushrimitra's student, spending the next 25 years studying with his master in India. Manjushrimitra, having full confidence that Sri Singha would carry on the lineage, attained rainbow body. Sri Singha, uttered this prayer.

"Oh, vast expanse! If the light of the Vajra Teacher becomes obscured, who will dispel the darkness of samsara?"

Suddenly, Manjushrimitra appeared again in the sky before Sri Singha and placed a tiny jeweled box into his hand. Upon beholding the box and its contents, Sri Singha instantly gained full realization of the extraordinary tantras introducing the nature of the mind.

Sri Singha then discovered the treasure text which his teacher had previously placed in the boulder. Returning to China he divided the teachings of *mengag de* into outer, inner, secret and most secret categories. The first three categories he designated as the Elaborate Teachings and concealed them in the balcony of the temple near the Bodhi Tree in China, then he concealed the most secret category within a pillar at the temple of Ta Shi Thri Go as well as within his own heart.

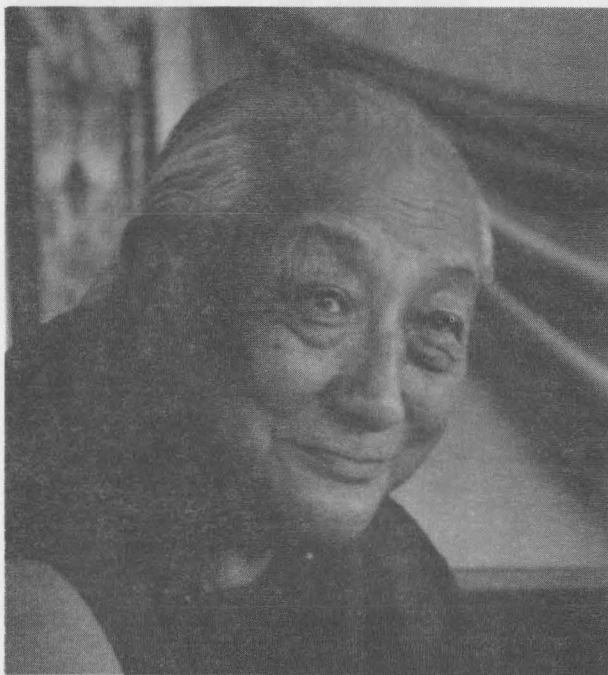
Having fulfilled Avalokiteshvara's prophecy Sri Singha went to the cremation grounds of Sil Jin where he encountered many beings, some from other realms. He remained there in meditation, teaching the dharma freely to all who had the good fortune to find him.

Overcoming Obstacles

Ta Khyung Barwa Practice

This year, the 10th annual ceremony of one hundred thousand Tsog offerings, December 23-24 at Rigdzin Ling, will be focussed on the meditational deity Ta Khyung Barwa. His Holiness Dilgo Khyentse Rinpoche has indicated that the recent obstacles to Rinpoche's health and longevity could be dispersed by one hundred million recitations of the Ta Khyung Barwa mantra. For an individual aspiring to accomplishment of the practice, it is fulfilled by two million recitations of the mantra. His Holiness emphasized that Rinpoche's western sangha should contribute to this practice effort and a number of students have already made commitments to and begun mantra accumulations. A prayer wheel containing 100 million Ta Khyung Barwa mantras is also being created.

The existence of lamas, bodhisattvas and all other spiritual helpers are manifestations of our virtue. If our virtue is lacking, there is no basis for their presence among us. If you would like to join in this opportunity to create auspicious interdependence working towards benefitting the long life of Rinpoche and all lamas, several Ta Khyung empowerments and practice events are listed in the schedule of this newsletter.



Seattle, a city with a strong dharma history, has become the home of Chagdud Gonpa Foundation's newest center, *Amrita*, which was first established as an independent organization in 1983 by Chagdud Rinpoche. As Seattle was the terminus of the transcontinental railroad, the Chinese presence brought Buddhist temples and teachers as did the Vietnamese, Laotian and Thai people that later moved to the Seattle area. Tibetans arrived soon after their flight from Tibet and now all the major lineages have at least one center in Seattle.

Originating as a center for "healing," the concept of *Amrita* soon grew to harmonize with Rinpoche's all-embracing view of health and healing. Therefore, on subsequent visits Rinpoche was requested to bestow the Red Tara empowerment and teachings on the nature and role of mind, of emotions and of practice. Rinpoche's generous visit here last summer for the Bodhisattva Peace Training followed by the autumn visits of Lama Wangdor, Dzaltrul Rinpoche, Ven. Khenpo Zangpo and Lama Sonam, has ignited a great inspiration and commitment to authentic practice. Presently, *Amrita* meets for Red Tara meditation every Monday evening and alternately offers Red Tara and Padma-sambhava tsog twice a month.

In October, Chagdud Gonpa Foundation's rammed earth experience began at *Ati Ling* with a crew of nine people. After a week of intensive activity, the beautiful rose colored walls arose from the new

foundation 18 feet high in some places. Engineered and built with one-foot thick walls and tall pillars, the future Napa Valley home promises a cathedral-like meditative environment. This winter, work is planned on the roof, skylights, windows and doors, and in the spring work will focus on interior walls, utilities, and fixtures. All this is being made possible by many generous contributions and by the inspired dharma activities of construction workers and fundraisers.

Practice conducted by Robert Racine continues Sunday mornings at 8:00 a.m. at *Ati Ling*, and Thursday evenings at 7:30 in St. Helena. The Sonoma practice group, conducted by Jon Weinberger, meets Monday evenings at 8 p.m. at the Sonoma Community Center.

Oregon Chagdud Gonpa has sponsored a series of illuminating dharma events in the past few months in addition to Lama Sonam Tsering's on-going teachings. Recently, the Ven. Khenpo Zangpo Rinpoche, an outstanding Nyingma scholar who directs a school in Boudhanath, Nepal, and a meditation center in Taiwan, gave a Manjusri empowerment and teaching. His clear, detailed teaching style were classics in Buddhist discourse.

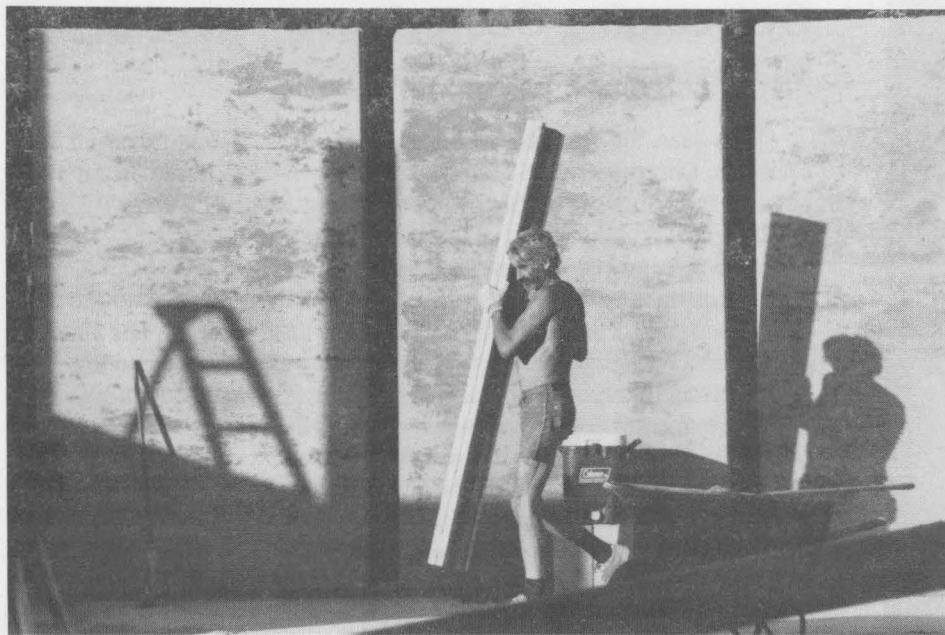
In October, Chagdud Rinpoche gave an empowerment and teaching on Red Vajrasattva from the lineage of Padgyal Lingpa. It was prophesied by Guru Padma-sambhava and revealed in a treasure text that Rinpoche would be a main holder of this lineage, and it was extremely auspicious



that he chose to give his first Padgyal empowerment in Oregon.

Lama Sonam's own teachings illuminated each stage of the 10th Annual Red Tara Tsog. His explanations offered very powerful insight, expressed in a completely original way. One Oregon student has likened Lama Sonam's qualities as a lama to "a jewel in a box, there to be discovered." The entire Chagdud Gonpa sangha wishes him a safe return from his visit to his family in Nepal, and all look forward to his continued guidance after Losar.

The *Los Angeles Chagdud Gonpa* sangha was blessed by visits from three great Lamas this fall. During Chagdud Rinpoche's October visit, he conducted an Akshobhya Buddha empowerment and practice and a Manjushri empowerment which were an inspiration to all. Video tapes of Rinpoche's most recent visit as well as other visits will be the basis for the monthly sangha meetings the last Friday evening of each month. Ven. Khenpo Zangpo Rinpoche began his west coast tour of the Chagdud Gonpa centers in Los Angeles where he gave empowerments and teachings on Vajrasattva and Guru Rinpoche. Those who attended were very impressed by his warmth and accessibility as well as the scope of his treatment. Yang Tang Tulku also visited the greater Los Angeles sangha and gave a long life/wealth empowerment and taught extensively on the union of mahamudra and dzogchen. What a rich season of dharma activity for the Southern California sangha!



Four Nyingma Lamas joined Chagdud Tulku Rinpoche, Lama SonamTsering and the Chagdud Gonpa Sangha this summer for the third annual Drub Chhen at Rigdzin Gatsal. This photograph was taken while the lamas were reconsecrating the Guru Rinpoche Statue.

From the left: Lama Sonam Tsering, Lama T'harchin Rinpoche, Bhaka Tulku Rinpoche, Dzaltrul Rinpoche, Chagdud Rinpoche, and Lama Wangdor. Standing behind are Richard Barron and Richard Baldwin.

The profound blessings of His Holiness Dilgo Khyentse Rinpoche's mind treasure, The Essence of Siddhi, practiced in a drubchen retreat environment within the presence of so many extraordinary lamas was truly an unforgettable experience.



The Spokane *Padma Amrita* sangha recently raised all new prayer flags at their stupa site near Tum Tum, Washington. They were aided by members of the neighboring Bear Tribe beginning a dialogue between Tibetan Buddhists and Native Americans. Afterwards, the sangha was invited by their neighbors for a sweat.

In addition to the regular Thursday evening teachings, which are presently being attended by many college students doing assignments on religious studies, Lama Inge conducted a Ngondro Practice Weekend Oct. 19th, which was so warmly recieved that the sangha requested she make it available monthly. December's Ngondro Practice Weekend will be Dec. 14-16.

Lama Yontan will be returning from Rigdzin Ling where he has been helping with the development of the infrastructure, and will be giving evening teachings on the boddhisattva path Dec. 6 and 13.

Chagdud Rinpoche will visit Spokane March 22-26 to give the Ta Khyung Barwa initiation and conduct open group retreat to accumulate the mantra.

After more than two years of unflagging activity behind the scenes and beneath the ground, buildings are emerging from moonland's bedrock at *Rigdzin Ling*. All the necessary permits from County, State and Federal authorities have finally been obtained and the water diversion project that runs over 3,000 feet from

McKinney Creek to the cliff above the future site of the *Lha Khang* has been completed. Foundations for the water storage tanks and water purification system have been poured and those systems will be finished after the winter rains. All who have seen the water project praise it for its environmental sensitivity and skillful restoration and use of the old mining trench and pipeline, including the National Forest Service who gave permission for the pipeline to cross National Forest land.

In November the foundation was poured and construction begun on Tara House,

which will be Rinpoche and Jane's new home. Included on the first follor will be a shrine room and commercial grade kitchen.

Also under construction is the first staff house. Made of the lovely dark clay that is found on site at Rigdzin Ling, the house blends perfectly with its surroundings. This is the first rammed earth construction to take place in Trinity County since the Chinese miners built here a century ago.

Padma Publishing will shift its emphasis in 1991 from the production of practice texts to publication of Chagdud Rinpoche's teachings in the form of transcripts, books, tapes, and practice and retreat manuals. So many people have attended his teachings over the years yet so little of the wisdom of his words has actually found its way into print! We need your help, especially if you have transcription skills or if you can contribute transcription machines. If you have these or other relevant skills, please call Pamela Johnston (916-623-2714) after the February Losar celebrations.

If you live near any one of these Chagdud Gonpa enters we invite you to participate in their ongoing activities. If you live at a distance, there is still opportunity for involvement with Chagdud Gonpa Foundation. If you are interested in group meditation, further instruction or participation in Chagdud Gonpa activities please contact Lisa Leghorn at Rigdzin Ling.



Grenoble, France



This summer in Grenoble France, Tsogyal Rinpoche was the masterful host of a month of profound Dzog Chhen teachings and empowerments by His Holiness Dilgo Khyentse Rinpoche. Chagdud Rinpoche was invited to this historic event by Tsogyal Rinpoche to conduct a week long Guru Padmasambhava practice. In this photo Tsogyal Rinpoche and Chagdud Rinpoche are joined by Ngo Shen Khen Rinpoche who, along with many other great lamas, participated in a rich schedule of empowerments, teachings and practice. Over 1,500 students from all over the world joined with Tsogyal Rinpoche to receive the blessings of His Holiness.

Friends of the Tibetan Library Moves to Rigdzin Ling

The Friends of the Tibetan Library was formed as a nonprofit organization in 1982 to collect, preserve and translate ancient and modern Tibetan texts for the purpose of education in the Vajrayana tradition and to establish an official repository for the safekeeping of these widely esteemed and rare books. After twelve hundred years of development in Tibet, the rich, vast reservoir of knowledge and wisdom contained in these Vajrayana texts and commentaries was threatened when Tibetans fled their homeland in 1959. Like Chagdud Gonpa Foundation, The Friends of the Tibetan Library is part of a worldwide effort to preserve what remains of these precious Vajrayana teachings.

The Library has recently moved from Eugene, Oregon to Rigdzin Ling and holds some of the most important collections of texts in the Tibetan tradition of Buddhism. These texts address all levels of teaching in Mahayana, Vajrayana and Great Perfection. The *Kangyur* (Translated Word), in over one hundred volumes, comprises those teachings held in the Tibetan schools of Buddhism to be the authoritative words of the Buddha - the sutras (including the *Prajnaparamita* or Perfection of Wisdom), tantras, metaphysics, codes of discipline and so forth. The companion collection,

the *Tangyur* (Translated Commentaries), holds two hundred and three volumes of commentaries and other works based upon the texts in the *Kangyur*. The Library's copies were printed from the Derge edition, considered by eastern and western scholars alike to be one of the finest ever produced in Tibet.

In addition, the Library includes two enormous collections of Nyingma teachings. The *Rinchen Terdzod* (Treasury of Riches), compiled by Jamgon Kongtrul the Great in the last century, contains the root texts and commentaries on all of the major *terma* cycles (hidden by Padmasambhava and his close disciples and revealed in later times). The *Kama* (Oral Transmissions) collection, in forty volumes, consists of those Nyingma teachings which have been passed down in an unbroken historical lineage from the time of Padmasambhava.

The Tibetan Library has also acquired the collected works of several major figures in Nyingma thought: Zhechen Gyaltsab, Mipam Rinpoche (who lived from the mid-nineteenth to the early twentieth century) and the late Dudjom Rinpoche. There is also a large *terma* cycle entitled the *Lama Gongdu*, which was revealed by Sang Gyay Lingpa, the first tertön of Tibet.

Of these texts, the *Tangyur*, the *Collected works of Zhechen Gyaltsab* and the

Kama collection were acquired since the Library moved to Rigdzin Ling. The Library is currently raising funds for the purchase of the *Nyingma Gyudbum* ("One Hundred Thousand Nyingma Tantras"), the thirty-six volume definitive collection of the tantras of the mahayoga, anuyoga and atiyoga vehicles in the Nyingma school.

Your support of the Tibetan Library's efforts is crucial to the continued acquisition and translation of these incomparable works. There are a variety of memberships available including gift membership, all of which are tax-deductible and offer members access to these texts and other related English language books.

Annual dues:

Membership	\$15.00
Sustaining Membership	\$25.00
Family Membership	\$35.00
Amicus Librorum	
Membership	\$50.00
Patron	\$100.00
Benefactor	\$500.00
Life Membership	\$1000.00

For further information, contact Marilyn Montgomery, Friends of the Tibetan Library, P.O. Box 387, Junction City, CA 96048, (916) 623-2714.

LOSAR TIBETAN NEW YEAR



Join us in celebration of the
Year of the Iron Sheep

February 10-15, 1991 - Rigdzin Ling

**Vajrakilaya
Empowerment and Practice**

**Annual Chagdud Gonpa
Membership Meeting**

**Ta Khyung Barwa
Empowerment and Practice**
(February 16 & 17th following Losar)

\$15 members per day
\$25 non-members per day

Pre-registration required
For information call Donna Gans
(916) 623-2714

The Birth of Understanding

The unshakable confidence that Chagdud Rinpoche exhibits in dharma springs from his own practice experience: that when one enacts the path with pure motivation and wisdom awareness there results benefit for oneself and others immediately and ultimately.

Rinpoche is committed to his western students and believes in our capacity to accomplish the path. Our aspiration and responsibility in receiving this heart essence is to courageously meet the challenge to integrate this profound meaning into our lives and carry it to fruition for the benefit of others.

Through Rinpoche's teachings we come to clearly understand the need for spiritual practice as the antidote to suffering and are aided in the process of integrating the noble attitude to practice for the ultimate welfare of beings into our lives.

In ignorance of the essential nature of mind, we judge our experience and then react to those judgements with attachment, aversion, jealousy or pride. These five poisons obscure recognition of birthless, deathless pristine wisdom and confine us to endless cycles of suffering.

Through Vajrayana practice, we are able to swiftly purify these poisons to reveal mind's nature beyond ordinary dualistic tendency. To embrace the Vajrayana path one enters through the doorway of empowerment, receives the teachings, then applies what has been learned through meditation, making it possible to fully realize the nature of mind in a single lifetime.

The ability to recognize and abide in nondualistic essence is cultivated through the methods of the Great Perfection, Dzogchen. Receiving the Great Perfection teachings is like one cup that is poured to fill another. A qualified student is awakened to the essence nature beyond concepts by one who is already awakened to such essence nature themselves. To fully nurture such a relationship the student must cultivate a caliber of receptivity that makes of themselves a proper vessel to receive the teachings.

This is cultivated through the ngondro, or preliminaries, a series of contemplations and meditations involving visu-

alization and mantra recitation. Upon the foundation of this receptivity, and through purification and accumulation of merit the mind is ripened, making firm the basis for attainment.

As His Holiness Dudjom Rinpoche said in his Mountain Retreat Text, "To nurture calmness, experiences, deep concentration—these are common things. But very rare is the realization born from within from the guru's blessings, which arises by the power of enthusiastic faith. Therefore, the birth of understanding in your nature of the meaning of the Great Perfection depends upon these preliminaries. That was what Je-Drigung meant when he said, 'Other teachings consider the main practice profound, but here it is the preliminary practices that we consider profound'."

Rinpoche is a Dzogchen master who is generously accessible to students with sincere interest in taming the mind to reveal its essence nature. Rinpoche offers ngondro teachings at least once a year and Dzogchen teachings through a three-year cycle of Great Perfection transmission that takes place in an annual closed winter retreat.

This year's retreat will take place from December 27, 1990 through February 7, 1991. Upon completion of the ngondro practice and with Rinpoche's permission one may register by calling James Kalfas at (503) 846-6942.

100,000 TSOG OFFERINGS; TA KHYUNG BARWA EMPOWERMENT AND PRACTICE

December 23-25 1990 - Rigdzin Ling

\$15 members per day
\$25 non-members per day

Pre-registration required

For further information
call Donna Gans (916) 623-2714

The Mahakaruna Foundation

The Mahakaruna Foundation has been assisting Tibetan refugees in India and Nepal for nearly a decade. Specifically, the foundation has generated funds for ongoing sponsorship of Buddhist monks and nuns, of the sick and elderly and of children and young adults who need help with the costs of education.

A \$15 per-month contribution supports one student in Asia, providing food, school supplies and tuition. A \$25 monthly contribution will support a family of two. Our staff is entirely volunteer, and 100% of all donations go directly to the recipients in Asia.

Contributions are welcome at every level, and are fully tax-deductible. For further information please write to:

Mahakaruna Foundation
P.O. Box 340
Junction City, CA 96048



THE WIND HORSE

Newsletter of the Chagdud Gonpa Foundation

Chagdud Gonpa Foundation Directory

Rigdzin Ling Padma Publishing Chagdud Tulku Rinpoche P.O. Box 387 Junction City, CA 96048	(916) 623-2714	Padma Amrita Lama Inge Sandvoss West 1019 Sixth Spokane, WA 99204	
Dechhen Ling Lama Sonam Tsering 198 North River Road Cottage Grove, OR 97424	(503) 942-7270 (503) 942-8619	Amrita 2223 NE 137th Street Seattle, WA 98125	(509) 747-1559 (206) 367-7377
Ati Ling P.O. Box 90 Oakville, CA 94562	(707) 944-1907	Chagdud Gonpa Canada 2036 Stephens Street Vancouver, B.C. V6K3W1	(604) 733-5583
Los Angeles Chagdud Gonpa 2503 W. 117th Street Inglewood, CA 90303	(213) 754-0466	Vajra North 309,922.5 Alaska Highway Whitehorse, Yukon Territory Y1A3Y9 Canada	(403) 633-5202

CHAGDUD GONPA'S WINTER/SPRING 1990-91 SCHEDULE

Dec. 23-25 **100,000 Tsog Offerings, Rigdzin Ling***
 Dec. 27- **Winter Dzogchen Retreat (by permission only)**
 Feb. 7 **Rigdzin Gatsal, (503) 846-6942**
 Feb. 10-15 **Losar: Tibetan New Year Ceremonies, Rigdzin Ling**
 10 **Vajrakillaya Empowerment**
 11-13 **Vajrakillaya Practice**
 14 **New Year's Day Preparations**
 15 **New Year's Day Celebration: Year of the Iron Sheep**
Annual Chagdud Gonpa Membership Meeting
 16-17 **Ta Khyung Barwa Empowerment and Practice, Rigdzin Ling**
 Mar. 2-3 **Red Vajrasattva: Empowerment, Teaching and Practice revealed by Padgyal Lingpa, Rigdzin Ling**
 9 **Vajrayana Art, Asian Art Museum, San Francisco (707) 944-1907**
 10 **Guru Yoga, Oakville, CA (707) 944-1907**
 10 eve **Life in Relation to Death, Sonoma, CA (707) 944-1907**
 16-17 **Experiencing Buddha Nature as the Delty: Vajrayana Development Stage Practice, Rigdzin Ling**
 19 **Relationships: A Tibetan Buddhist Perspective, Eugene, OR, (503) 942-8619 or 344-0796**
 20 **Under the Tiger's Paw: Tibet's Past, Present and Future, Eugene, OR**
 21 **Turning the Mind: The Benefits of Meditation, Eugene, OR**
 23-26 **Ta Khyung Barwa Retreat, Padma Amrita**

Mar. 26 eve **Rinpoche's Life Story, Spokane, WA**
 28 **Ta Khyung Barwa Empowerment, Amrita**
 29 **Life in Relation to Death, Amrita**
 30 **Amitabha Empowerment and P'howa, Amrita Seattle, WA**
 31 **The importance of Guru Rinpoche in Nyingma Practice, Chagdud Gonpa Vancouver, Canada****
 Apr. 1 **Guru Rinpoche Empowerment and Teaching Chagdud Gonpa Canada****
 2 **Under the Tiger's Paw: Tibet's Past, Present and Future, Chagdud Gonpa Canada ****
 3 **The Buddhist Path of the Peaceful Warrior, Portland, Or, (503) 233-0745**
 4 **Insights into Tibetan Buddhism, Newport, OR**
 6-7 **P'howa, Williams, OR (503) 846-6942**
 Apr. 22- **Dudjom Empowerments, Rigdzin Ling**
 May 19
 May 24-29 **Bodhisattva Peace Training, Boulder, CO. (303) 444-0190**
 June **Nyung Nay Retreat with Bhaka Tulku, Dechhen Ling**
 June 8-15 **Ngondro Retreat, Ati-Ling**
 16-23 **Dream Yoga Retreat, Ati-Ling**

* All phone numbers otherwise found in the Chagdud Gonpa Directory, are not listed.

** Dedicated to The International Year of Tibet

Chagdud Gonpa Foundation
 P.O. Box 387
 Junction City, CA 96048

Non-Profit Organization U.S. Postage PAID Junction City, CA 96048 Permit #101
