

NEWS
from TPA**TPA MOVING FORWARD**

All of us here at the TPA have been discussing what is going to be a suitable role for us as the industry heads back to work. As we are all volunteers, we are starting to head back to work, just like you, and we are all looking forward to touring again. That said, we are not going away, but rather taking some time to consider what we can do next that will be of a benefit. We are definitely not in the business of banging a drum for the sake of it. There is enough noise in all our lives.

The industry needs to grapple with the three big issues it currently faces;

1. **Touring and Working Sustainably**
2. **Building a Safer and More Equitable and Diverse Workplace**
3. **Tearing the Band-aid off the Stigma that Surrounds Mental Health.**

The TPA, while not expert in any of these fields, will definitely be supporting those that are.

And we are happy to point you in the right direction when you don't know who to turn too. We are here for you! As you return to the workplace we would love to encourage you to do your part to help our industry get its house in order.

Looking back over the year there are many things that our wonderful group of volunteers can be proud of, and we hope that you got or saw something positive from us being around.

If you have a suggestion for us or just want to reach out, please send us an email to info@touringprofessionals.com.

Look out for a new website in the next couple of months. It will become the base for all our resources and information, so please utilize it. Our social media presence continues to grow and will remain the primary megaphone for anything new or important, as well as more 'gig porn' that is so popular. Who would have thought a picture of a stage or a truck could be so good?!

Please keep sending us all your new tour photos, show us how happy you are being back at work!!

Like a well run tour, you can rely on us to be here quietly in the background, ready to support you if you need it.

"FOR THE CREW, BY THE CREW"

Sustainability**- TPA SUSTAINABILITY TIP -**

Every new tour offers an opportunity to learn, grow and improve from the tour before. One such way to do better is to implement eco-friendly initiatives on the road. Being more sustainable does not have to be hard, as the knowledge of what to do and how to do it already exists. It is up to us to put it into practice.

Consider collaborating with one of these three organizations that are EXPERTS in live event sustainability.
REVERB / Effect Partners / A Greener Festival

**QUESTIONNAIRE - Let Live Nation Know Your Thoughts?!**

As you all know, promoters play a major role in assisting tours with implementing their backstage sustainability initiatives. If you have suggestions for how one large promoter, Live Nation, can improve their practices please fill out this [questionnaire](#).

"Green Nation is Live Nation's sustainability platform focused on reducing the environmental impact of concerts and touring. We focus on both our direct operations and using our influence and relationships to expedite industry wide action on the climate and environmental crisis."

Follow us on social media and spread the word!

 www.touringprofessionals.com

 [@thetouringprofessionals](https://www.instagram.com/thetouringprofessionals)

 [@touringpros](https://twitter.com/touringpros)

For Crew, by Crew. We are in this together.



Health & Wellness



MINDFUL PRE-PRODUCTION
ROAD WORTHY IDEAS ON HEALTH & WELLNESS
BY MICHAEL LOBUE
~HEALTH & WELLNESS ADVOCATE & MENTOR~

"Cause I Can't Make You Happy Unless I Am "

ZIGGY MARLEY

With so much change still in the air, let's consider a transition into balance and more so, finding balance during transition. As some return to work and others await the call to action, maintaining some sense of balance during these upcoming transitions must remain at the forefront, as we collectively step forward as a community.

Speaking from my own recent experiences my friends... as the flood gates of work recently opened for me, I lost my balance because like many, I went from a long drought to drinking directly from the firehose which was painful and disorienting.

Only we can create our own balance, no one else can, so we need to be the advocates for ourselves.

Just like Fly Systems... when we load the pipe, we need to counter load the arbor in order to hoist quickly, quietly and safely. The same holds true for our physical, mental and emotional states of being. If we do not work to find balance or restore balance, we will be out of balance and unsafe on all fronts.

If your energies are a bit scattered in too many places, perhaps pull some in and ground yourself. If you're feeling isolated, unmotivated or bored, perhaps start to spread your energies to new areas. Either way, striking a balance is the end goal here.

EVERY DAY IS A NEW LOAD IN... EVERY DAY WE BEGIN AGAIN

HEALTH & WELLNESS RESOURCES



<https://www.theroadieclinic.com>

The Roadie Clinic is committed to providing a safe space for roadies and their families to heal while off the road. They advocate for and empower roadies to obtain a healthy work environment. Once open, their 3-story, multi-faceted space will offer therapy, education, advocacy, financial guidance, recovery resources and temporary housing when available. Operating as a 501(c)(3), The Clinic offers its services, both in-person & online, for little to no charge to touring professionals and their families.

ROADIES IN RECOVERY = 12-STEP SUPPORT



The Roadie Clinic is a proud facilitator of **Roadies in Recovery**, a roadie-led, roadie-only 12-step meeting supporting all addictions - from substance abuse to compulsive gamblers to workaholics, all crew members in need of 12-step support are welcome to attend. Participation is encouraged.

Current meetings are Fridays at 8pm EST and Mondays at 1 pm EST via Zoom.

If you're interested in attending, please reach out to:
info@theroadieclinic.com

Tip of the Month

' TO MAKE A DIFFERENCE IN SOMEONE'S LIFE, YOU DON'T HAVE TO BE BRILLIANT, RICH, BEAUTIFUL OR PERFECT. YOU JUST HAVE TO CARE....

- MANDY HALE -