Acorns Day Nursery

MENU

Sample Week	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A choice of Cereals and Oats with Whole/Dairy Free Milk, Wholemeal Toast and Fresh Fruit				
Lunch	Chicken and Pea Risotto with Broccoli	Spaghetti Bolognaise and Sweetcorn	Sausage, Mini Roasts, Gravy and Carrots	Chicken and Leek Pie with Peas	Salmon and Broccoli Pasta
Dessert	Apple Crumble and Custard	Fromage Frais	Blueberries and Melon	Apple and Satsuma	Light Fruit Cake
Afternoon Snack	A selection of fresh fruits and vegetables, which may include Apple, Pear, Grapes, Orange, Banana, Cucumber and Tomato with a choice of Breadstick/Cracker/Rice Cake plus Whole/Dairy Free Milk and Water				
Afternoon Tea	French Bread Open Sandwiches and Salad	Chicken Goujons and Salad (Vegetable Goujons)	Sandwich Selection and Salad	Houmous, Pitta Bread and Salad sticks	Filled Bagels and Salad
Dessert	Fresh Fruit				