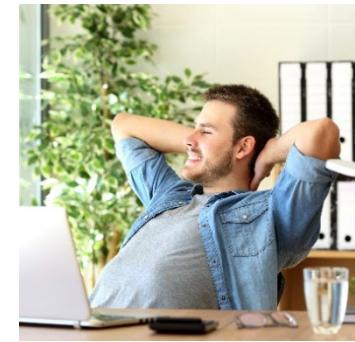


The 10 Concepts of WELLv2 Building Standard at Enriching Spaces



The ultimate goal of our buildings and communities . . .

. . . is to create a positive human experience.



AIR



WATER



NOURISHMENT



LIGHT



MOVEMENT



THERMAL
COMFORT



SOUND



MATERIALS



MIND



COMMUNITY



The 10 Concepts of WELLv2 Building Standard at Enriching Spaces



Promote clean air and minimize human exposure to harmful contaminants in order to optimize productivity, well-being and health.

Requirements and Achievements

- Added 24 hour fresh air intakes.
- Upgraded to MERV 13 filters. Adhere to firm schedule.
- Daily air quality monitoring –Kaiterra Sensedge.
- System rebalancing of all vents.
- Added 4 humidifiers.
- Extensive indoor & outdoor ‘no smoking’ signage applications and enforcement.

Discoveries and Validations

- Immediate awareness and appreciation of air quality improvement. No more weekend or morning stale air.
- Designating opened or closed screen doors is easily managed through daily monitor readings of humidity, temperature, pollen, and VOCs.
- Air monitor informs us of irregular fragrances or VOCs, enabling immediate remediation.



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WATER

Provide convenient quality drinking water for building occupants. Reduce health risks due to contaminated water.

Requirements and Achievements

- Pre-testing on water quality. Understanding water quality reports. Validation of Quench filtration.
- Encourage use of glasses over bottled waters.
- Provided education on dangers of plastics migration.
- Meet requirements for hand washing locations, sinks, paper towels, and instructions.
- Created a Legionella management program.

Discoveries and Validations

- Cincinnati water met or exceeded WELLv2 requirements.
- Cincinnati Water Works provided complimentary pre-testing & education. Our drinking water eliminated additional chlorine, sodium and minor particulates.
- Bottled water usage was reduced by team using by using glasses or personal water containers.
- Although unlikely in our building, Operations personnel were educated on potential causes of Legionella. Regular drain flushing is implemented by cleaning team.



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NOURISHMENT

Support healthy eating patterns by increasing access to healthy food and beverage choices. Limit company provided highly processed foods and ingredients.

Requirements and Achievements

- Provide healthy snacks and reduce portion sizes.
- Provide nutritional information on all company provided snacks, meals and beverages, eliminating those high in trans fats and sugars.
- Accommodate dietary restrictions.
- Encourage employees not to eat at their desks.
- Provide convenient food prep areas and attractive indoor and outdoor dining furnishings.
- Use 'healthy caterers' who identify ingredients and nutritional information.

Discoveries and Validations

- Company provided weekly healthy snacks, fruits and vegetables are appreciated.
- Curated small can sodas and small portion sweets can meet sugar limits and provide satisfaction.
- The versatile indoor café and outdoor eating areas are used regularly.



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LIGHT

Create lighting environments that are optimal for visual, mental, and biological health. Foster productivity by providing daylight and individual adjustments of window blinds, overhead, and task lighting.

Requirements and Achievements

- Creating lighting plans documenting specifications on all lamps and fixtures. Updating lamps to acceptable color rendering and foot candles.
- Implementing more dimmers and controls for employees to adjust to individual and group preferences.
- Evening pre-testing to confirm light levels without daylight. Megan Blaney of King Lighting assisted with specifications and pre-testing.

Discoveries and Validations

- Adding more options for lighting adjustments was positively impactful to employee satisfaction.
- Employees took more advantage to relocate throughout the day, to work alone or collaboratively, based on daylight accessibility and lighting adjustability.
- Natural daylight and views of nature greatly contribute to circadian well-being.



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MOVEMENT

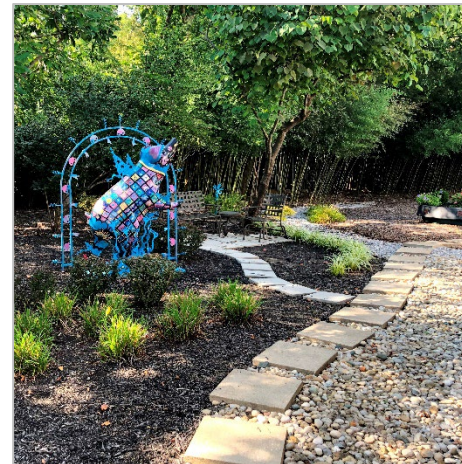
Promote movement and discourage sedentary behavior through active workstations, dedicated activity spaces and nature-inspired interior and exterior circulation paths.

Requirements and Achievements

- Providing nature inspired interior and exterior circulation paths.
- Creating active work stations with sit-to-stand surfaces.
- Establishing a large open space and locating a facilitator for regular onsite yoga.
- Encouraging active micro-breaks.

Discoveries and Validations

- Inexpensive concrete squares greatly extended the outdoor walking path around the building exterior. Outdoor landscaping continues to be enhance.
- The team noticeably increased outdoor walks during the day, many tracking their steps.
- For inclement weather, the team started an indoor walking route from showroom, down stairs to laps in the lower level studio.
- Onsite bi-weekly yoga is very popular.



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THERMAL COMFORT

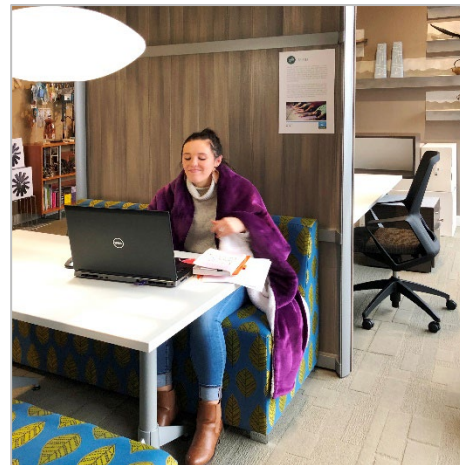
Provide a combination of research-based interventions to address individual thermal discomfort, therefore supporting human well-being and productivity

Requirements and Achievements

- Establish a thermostat range for group agreed adjustments.
- Provide options to move to more thermally comfortable locations during the work day.
- Meet the challenges of having diverse individual needs for warmth and cooling.
- Increase or decrease humidity as needed.

Discoveries and Validations

- Providing thermal comfort options is one of the most appreciated WELL applications.
- Options for thermostat control, personal fans, and blankets provide comfort during all seasonal changes.
- The choice of areas to work indoors or outdoors throughout the day offers options for the diverse thermal comfort needs of the individuals and teams.
- Bi-annual surveys keep thermal comfort top-of-mind.



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SOUND

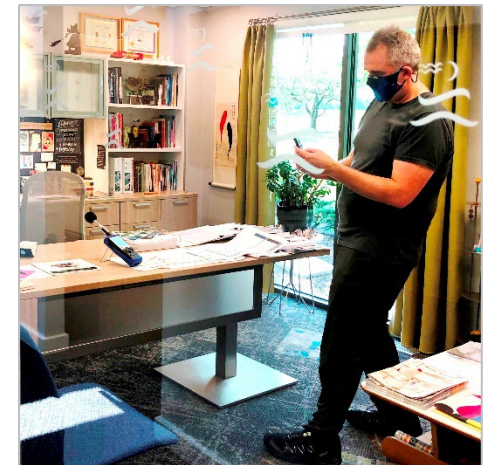
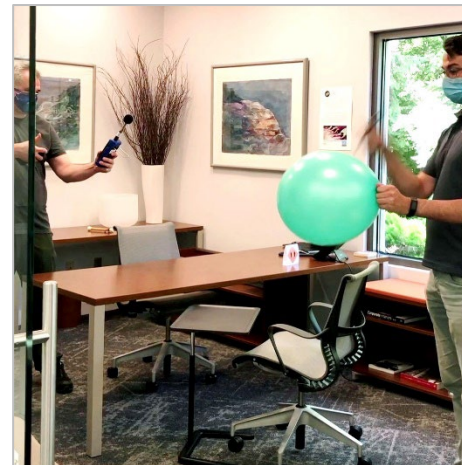
Identify and manage the acoustical comfort parameters that influence occupant experiences in the interior built environment.

Requirements and Achievements

- Pre-test to gather data for acoustical zone plan. This sound mapping includes measuring acoustics in enclosed offices, meeting rooms, and open areas.
- Make adjustments to acoustical ceilings, walls, finishes, HVAC sounds and zoned music to improve deficiencies.
- Managing sound in primary workstations is the priority.

Discoveries and Validations

- Music and HVAC sound provides a natural white noise for our open areas. Volume may be adjusted by zone.
- A choice of private and semi-private areas is helpful for heads-down work or confidential group meetings.
- The sound mapping pre-testing experience informed us that the building generally had excellent reverberation times, but the walls and studio ceiling were lacking.
- Although the criteria of several of the WELL sound features were not met, the mandatory requirements were satisfied. Remedial work will continue.



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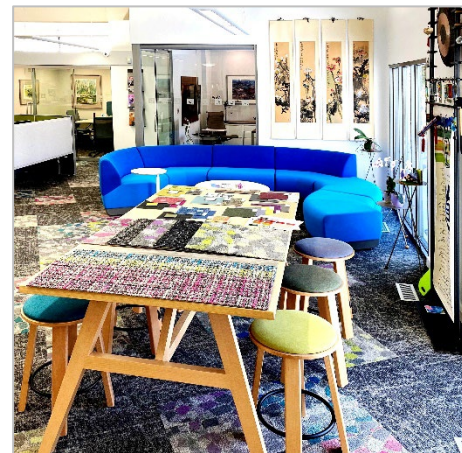
Identify and manage toxic ingredients across building materials, waste, cleaning products, pesticides, outdoor spaces and landscaping, in order to reduce risk of exposure.

Requirements and Achievements

- All furnishings, fabrics, and finishes required extensive certification documentation. Our WELL AP, Yasha Ogg, was essential. It was very helpful that Enriching Spaces had all of the specifications for furnishings, fabrics, carpet tile, paints and materials.
- Cleaning products and processes required a complete overhaul. Microfiber replaced feather dusters and old mops. Training and weekly logs are mandatory.
- Certified pesticides and applications are mandated and logged.

Discoveries and Validations

WELLv2 Building inspired Enriching Spaces to create our in-house Mindful Materials Library. Our team is dedicated to specifying products, finishes, and materials, that document fiber sourcing, water conservation, carbon reduction, energy sources, air quality, VOC's, recycling, sustainability, and social responsibility.



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MIND

Implement nature inspired design and create restorative spaces. Promote resources supporting mental health, sleep support, substance abuse and emotional well-being.

Requirements and Achievements

- Establish resources for mental health and education.
- Create exterior and interior restorative spaces.
- Abundant tobacco prevention signage inside the building, outside on the building, and in the landscape.
- Build mental health physical and e-library resources.

Discoveries and Validations

- Created a MIND restorative space that could be used for meditation, a power nap, or a mother's room.
- Added books and e-library on mindfulness, meditation, circadian rhythm, sleep support, and addiction.
- Added well-being and mental health topics in-house coaching sessions.
- Indoor spaces prioritize nature-inspired finishes, art, fabrics and flooring. The extended outdoor walking path extends through the natural landscape and bamboo grove, encouraging individuals to take micro-breaks.



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COMMUNITY

Design buildings that are inclusive, accessible, healthy and safe. Create policies and programs that support the needs, health and wellness of all individuals and families.

Achievements and Challenges

- Create ADA access to both levels of the building.
- Build out ADA 'Everyone' restrooms on both floors that provide family conveniences, a unisex, and individual user option to our existing Men's and Ladies restrooms.
- Create an enriched Mother's Room in the MIND room.
- Provide CPR/AED access and training.
- Develop emergency preparedness plans for cyber, fire, tornado, and active shooter.
- Share WELL Building through tours and presentations.

Discoveries and Validations

- The Mother's Room and 'Everyone' restrooms were put to use immediately.
- Meetings and training with Forest Park and the police and fire department strengthened our relationship.
- Our WELL platinum certification has brought pride to our community. We respond with informational tours and presentations, locally and nationally.



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