

(Office Use Only)

Date Rec'd: \_\_\_\_\_

Reviewed: \_\_\_\_\_

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Attach  
child's  
picture  
here

## Pequea Preschool Individualized Allergy Plan

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ School Year: \_\_\_\_\_

Teacher/Class: \_\_\_\_\_

Weight: \_\_\_\_\_ lbs. \_\_\_\_\_ kg.

Allergy to: \_\_\_\_\_

Does this allergy include: (**circle ALL that apply**)

Ingestion

Touching the allergen

Air-born allergen particles

Insect bite/sting

Has your child ever had an epinephrine (epi-pen) injection before? ☐ Yes ☐ No

### STEP 1: TREATMENT

#### Symptoms:

- If a food allergen has been ingested, but NO SYMPTOMS
- Mouth - Itching, tingling or swelling of lips, mouth or tongue
- Skin - Hives, itchy rash, swelling of face or extremities
- Gut - Nausea, abdominal cramps, vomiting, diarrhea
- Throat - Tightening of throat, hoarseness, hacking cough
- Lungs - Shortness of breath, repetitive coughing, wheezing
- Heart - Thready pulse, fainting, pale, blueness
- Other:
- If reaction is progressing (several areas may be affected) give:

#### Give checked medication\*\*

\*\* (to be determined by physician authorizing treatment)

- |                                   |                                     |
|-----------------------------------|-------------------------------------|
| <input type="radio"/> Epinephrine | <input type="radio"/> Antihistamine |
| <input type="radio"/> Epinephrine | <input type="radio"/> Antihistamine |
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\_\_\_\_\_ (Parent initials needed) - Epinephrine pens and antihistamines are to be provided by the parents and will be stored in marked medical containers, with a copy of this plan included, in the child's classroom.

### DOSAGE

Epinephrine (to be injected intramuscularly) Describe brand/dosage with specifics.

\_\_\_\_\_

Antihistamine: Give: \_\_\_\_\_  
(Medication/dose/route)

Other: Give: \_\_\_\_\_  
(Medication/dose/route)

Does your child wear a medic alert tag? ☐ Yes ☐ No

**Continue on reverse side**

## **STEP 2: EMERGENCY CALLS**

\_\_\_\_\_ (Parent initials needed) - Consent to **call 911** while administering appropriate medication, **BEFORE** calling parents.

\_\_\_\_\_ (Parent initials needed) - Consent for EMS to transport to nearest hospital **OR** designate your choice: \_\_\_\_\_

### **Doctor Information**

Doctor's Name: \_\_\_\_\_

Doctor's Phone Number: \_\_\_\_\_

### **Parent Contact Information**

Emergency contact numbers for each parent (include home/cell/work):

Mother's name: \_\_\_\_\_

Home: \_\_\_\_\_

Work: \_\_\_\_\_

Cell: \_\_\_\_\_

Father's name: \_\_\_\_\_

Home: \_\_\_\_\_

Work: \_\_\_\_\_

Cell: \_\_\_\_\_

What necessary arrangements need to be made for field trips?

Please list any other issues or special precautions that you feel are important to your child's safety and care during the school day. Be very specific:

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Doctor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_