

EXPERIENCE CARD

P-R-A-Y Model**Praise**

- Express awe and wonder over God’s characte—Majestic, Kind, Powerful, Merciful, Wise.
- Reflect on the “Names of God” card—God’s names portray different aspects of His character.
- Give thanks for what God has done—take time to reflect on and journal how He’s provided for you.
- Pray Scripture to praise God. (*try Psalm 145:1-13*)

Repent

- Invite the Holy Spirit to reveal your sin.
- Honest confession means “calling it as it is”—admitting your sin when the Holy Spirit shows it to you.
“If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” —1 John 1:8-9
- True repentance involves turning away from your sin. “Repent” literally means “to turn around”.
“Repent, then, and turn to God, so that your sins might be wiped out, that times of refreshing my come from the Lord.” —Acts 3:19
- “Trying harder” not to sin never works—the Spirit gives us power to live a life of obedience.
So I say, walk by the Spirit, and you will not gratify the desires of the flesh.” —Galatians 5:16
- Psalm 51 promises God can “wash us clean from guilt”, “purify us”, “restore the joy of salvation”.

Ask

- God encourages you to ask for the things that are most important to you. Consider Jesus' offer in Matthew 7:7-11—"Ask and it will be given to you ... for everyone who asks receives ... Which of you, if your son asks for bread, will give him a stone? Or if he asked for a fish, will give him a snake? If you, then, though you're evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!"
- Because God gives "good and perfect gifts" (James 1:17), He gives us what we need, when we need it, according to His love and wisdom in knowing what is best for us. Trust Him!
- Ask Him for: needs and concerns in your life, knowing more about God's purpose for you, reaching people who don't know Jesus, needs and concerns of family, friends, life group members, wisdom for leaders in our church and surrounding communities, State, and Nation.

Yield

- Listen to God after you've shared your requests—"Lord, please speak to me, I'm listening".
- After inviting Him to speak, take time to wait for Him to speak. If you don't sense Him speaking to you, allow Him to reassure you of His love and presence.
- Choose to surrender to His leading.
- Thank Him for His presence—express your gratefulness for the opportunity to be with Him.

Names & Attributes of God



Abba | Romans 8:15

Comforter | Isaiah 66:13

Counselor | Isaiah 28:29

Creator | Genesis 1:1

Deliverer | Psalm 91:3

Faithful | Lamentations 3:23

Forgiving | Numbers 14:18

Fortress | Psalm 91:2

Gentle | Isaiah 40:11

Good | Psalm 145:7

Guide | Psalm 48:14

Healer | Exodus 15:26

Holy | Leviticus 19:2

Husband | Isaiah 54:5

Jealous | Exodus 34:14

Just | Isaiah 45:21

Light | Psalm 27:1

Living Water | Jeremiah 2:13

Longsuffering | Numbers 14:18

Love | 1 John 4:8

Merciful | Ephesians 2:4

Mighty | Luke 1:49

Miracle Worker | Matthew 19:26

Never Changing | James 1:17

Never Weary | Isaiah 40:28

Peacemaker | Proverbs 16:7

Physician | Psalm 103:3

Powerful | Psalm 66:7

Redeemer | Isaiah 54:5

Refiner | Malachi 3:3

Refuge | Psalm 46:1

Rescuer | Daniel 6:27

Rock | 2 Samuel 22:32

Shepherd | Psalm 23:1

Steadfast | Daniel 6:26

Strong | Psalm 89:8

Teacher | Psalm 119

Trustworthy | Psalm 144:2

Names of God

Translated from Hebrew



Adonai | Lord, Master

El Elyon | The God Most High

Elohim | The Creator

El Olam | The Everlasting God

El Roi | The God Who Sees

El Shaddai | God Almighty

Qanna | Jealous

Yahweh | LORD (I AM)

Yahweh-jireh | The Lord will Provide

Yahweh-mekoddishkem | The Lord Who Sanctifies You

Yahweh-nissi | The Lord my Banner

Yahweh-rapha | The Lord Who Heals

Yahweh-rohi | The Lord is my Shepherd

Yahweh-sabaoth | The Lord of Hosts

Yahweh-shalom | The Lord is Peace

Yahweh-shammah | The Lord is There

Yahweh-tsidkenu | The Lord our Righteousness