

BREAKFAST

FULL ENGLISH BREAKFAST

Back bacon, 2 Cumberland sausages, baked beans, mushrooms, grilled tomato, hash brown, eggs your way & toast
£9.50

VEGGIE BREAKFAST

Veggie sausages, eggs your way, mushrooms, spinach, grilled tomato, black beans, chilli, avocado mash & toast
£8.50

VEGAN BREAKFAST BOWL

Sauté cherry tomatoes, spinach, black beans, garlic & onions served over mushrooms & chilli smashed avocado
£9.00

BREAKFAST BAPS

Choose from bacon, sausage or vegetarian sausage
£4.50

Add a fried egg £0.50

SMASHED AVOCADO & EGGS

Smashed avocado with poached eggs, chilli, lime & coriander on toasted thick cut bloomer
£7.50

EGGS BENEDICT

Toasted English muffin with Dorset ham, poached eggs & Hollandaise sauce
£8.00

EGGS ROYALE

Toasted English muffin with Scottish smoked salmon, poached eggs & Hollandaise sauce
£9.00

EGGS FLORENTINE


Toasted English muffin with wilted spinach, poached eggs & Hollandaise sauce
£8.00

PANCAKES

With bacon & maple syrup
£8.50

For any allergy information including nut allergies, please ask your server

Vegetarian  Vegan 

 [arubabournemouth](https://www.instagram.com/arubabournemouth)

LOVE SMOOTHIES

DETOX ZING

Ginger, courgette, banana,
carrot & blueberry
£4.50

PASH'N'SHOOT

Passion fruit, mango &
pineapple
£4.50

STRAWBERRY SPLIT

Strawberry & banana
£4.50

BIG 5

Strawberry, mango, kiwi &
pineapple
£4.50

MELON REFRESHER

Melon, strawberry & mango
£4.50

MILKSHAKES

All of our milkshakes are made
to order combining fresh milk,
cream, fruit & delicious syrups

BANANA / STRAWBERRY /
CHOCOLATE / VANILLA /
SALTED CARAMEL

£4.00

HOT DRINKS

Coconut or almond milk 30p addition

All coffees available as decaf

AMERICANO £3.00

CAPPUCINO £3.20

FLAT WHITE £3.20

LATTE £3.20

ICED LATTE £3.50

MOCHA £3.40

ESPRESSO sgl..... £2.80

ESPRESSO dbl..... £3.00

MACCHIATO sgl..... £2.60

MACCHIATO dbl..... £2.90

Giffard syrup shot 50p

*Salted caramel, vanilla, chocolate,
hazelnut or cinnamon*

TEA

ENGLISH BREAKFAST TEA..... £2.20

EARL GREY..... £2.20

BIRCHALL SPECIALITY TEA... £2.20

*Red berry & flower, organic red bush,
peppermint, camomile, decaf*

HOT CHOCOLATE

REAL HOT CHOCOLATE..... £3.50

Cream & marshmallows....£4.00