

Stay healthy and feel energetic all day long with 9 GREENS

Only 1 in 10 adults get enough fruits or vegetables to meet the daily requirement of nutrients

9 GREENS offers an excellent source of protein, vitamins, and minerals. A blend of nine super greens and multivitamins along with the goodness of probiotic *Bacillus coagulans* Unique IS-2, a hassle-free formulation to meet daily nutritional goals. 9 GREENS effervescent tablets are an easy, convenient, tasty and effective way to get your greens on the go!

## INDICATIONS & CAUSES

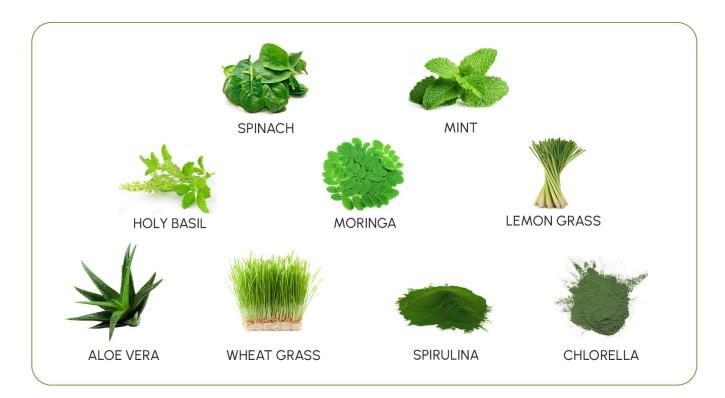
Very often, it becomes difficult to squeeze in enough servings of greens in the diet. Most people abstain from eating greens as they do not like the taste. Lack of greens in the regular diet leads to

- · Poor digestion
- · Metabolic disorders

- · Poor vision
- · Vitamin deficiency

## **BENEFITS**

- · Aids in digestion
- · Supports immunity
- · Boosts energy
- · Replenishes good gut bacteria
- · Excellent source of vitamins and minerals



## COMPOSITION

Each 4.5 g effervescent tablet contains: Bacillus coagulans Unique IS-2 - 2.0 Billion cfu

Blend of herbs - 310 mg

Vitamin C - 40 mg

Vitamin B6 - 2.0 mg

Vitamin B12 - 1.0 ug

Vitamin B5 - 5.0 mg

Vitamin E - 7.5 mg/ 11 IU

Vitamin A - 600 ug /1000 IU

Vitamin D3 - 400 IU

Zinc - 10 mg

## **DOSAGE**

Adults: 1-2 effervescent tablets daily