



# BACILAX

RELIEF FROM CONSTIPATION,  
EASIER THAN EVER

Natural relief from constipation with a novel combination of a well-researched probiotic and lactulose

Globally, 1 in 7 adults are affected by constipation

Lactulose is the first choice for relief from constipation. It acts as a prebiotic which can be utilized by the probiotic bacteria to proliferate and produce metabolites like short-chain fatty acids which lead to lowering of the colon pH and an increase in the osmotic pressure in the colon. This causes stimulation of peristalsis which helps alleviate constipation.

BACILAX is a combination of lactulose and *Bacillus coagulans* Unique IS-2. This safe and effective probiotic strain is clinically proven to help relieve constipation.

## INDICATIONS & CAUSES

Constipation is a worldwide problem that is common across all ages. It is characterized by infrequent bowel movements usually fewer than three per week

Symptoms may also include

- Hard stools
- A feeling of incomplete evacuation
- Abdominal discomfort
- Bloating, and distention

## Causes

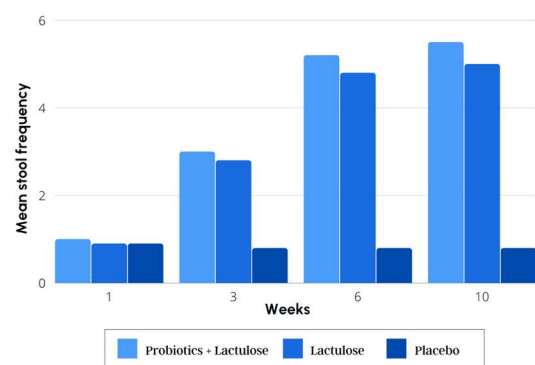
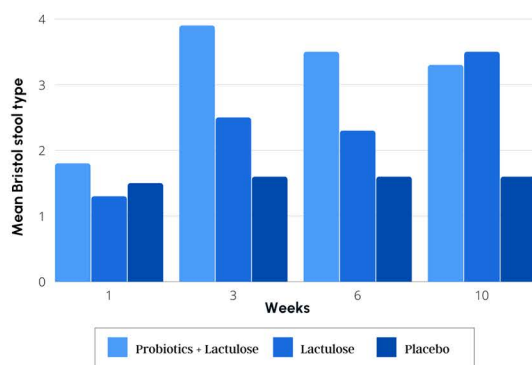
- Lack of fiber in the diet
- Sedentary life style
- Out of balance gut bacteria
- Drinking insufficient water
- Stress

## BENEFITS

- Improves frequency of stools
- Softens stool
- Reduces excessive mucous secretion
- Hydrates intestinal lumen
- Replenishes intestinal microflora

## CLINICAL STUDIES

### CONSTIPATION



In adults with functional constipation, BACILAX significantly improved

- Stool consistency
- Stool frequency

### COMPOSITION

Each 15 ml of serving contains:  
Bacillus coagulans Unique IS-2 - 2 bn cfu  
Lactulose - 10 g

### DOSAGE

Adults : 2-3 times a day (30-45 ml)