

# The Power of Prayer: Confession

## Monday, January 9, 2023

### Day 8

#### Read I John 1:8-9

#### Key Verse

*"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."* I John 1:9 (NKJV)

#### Key Reflection

As believers we have the privilege of confessing our sins. That is, we can acknowledge where we fall short. There is no shame in confessing the parts of our humanity when we are not at our best. In fact, even our best is as filthy rags before God. (Isaiah 64:6). But we have Jesus Christ. And through his person and work we embrace the gift of forgiveness. This is the promise of God given by God made possible through the shedding of Christ blood. For without the shedding of blood there is no forgiveness of sin (Hebrews 9:22).

#### Thought

It is necessary for us to confess our sins before the Lord. When we do so we participate in the worship of our God. It is a way for us to say thank you for what God the Father did for us through Jesus Christ. Confession of sin puts us in a position where we do not have to carry the weight of our imperfection. But rather, we can run to Christ who has offered the once and for all sacrifice that ensures our forgiveness and assures our confidence in Him. There is no shame in confessing admitting "I messed up." In fact, you show maturity as a believer and child of God when you do.

#### Prayer

Lord, I confess with my mouth that I have not been all that you have called me to be. I admit that I have been wrong. I own up to my mistakes and mishaps in life. According to your word in I John 1:9, cleanse me of all unrighteousness. Thank you for being a God who saw my sin before the foundation of the world and made way for me to stand right with you. I thank you for the gift of confession and forgiveness in Jesus Christ. I would not be able to stand without it. I praise you for your faithfulness in seeing that I am weak and in need of a Savior. Lord, you have done that in Jesus Christ. Thank you for your blood, Lord Jesus. In your name we pray, Amen.

#### Questions

1. How often do you confess your sin when you pray? Are you ashamed to do so?
2. Do you struggle with going to God in pray to make a confession? If so, why?