

SOLACE ASIA ◀◀◀

Founded in 2013 by mental health professionals who have experienced battling mental health disorders first hand, making us a group of passionate people practicing passionate science.

Solace has established a worldwide network of clinicians and advocate the importance of mental health. We also run addiction treatment centers and serve national and international clients.



OUR MISSION

To provide the highest quality care in the most appropriate, safe, and caring way



OUR VISION

To help people "live for life"

Contact Us to Find Out More



Prethi K Kumar
Head of Operations

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To find out more about our Employee Assistance Program, visit
solacewellness.org

Employee Assistance Program



Solace provides **diverse services** directly to employees and organizations to positively influence efficiency, productivity and employee well-being while maintaining confidentiality of employees and dependent family members.

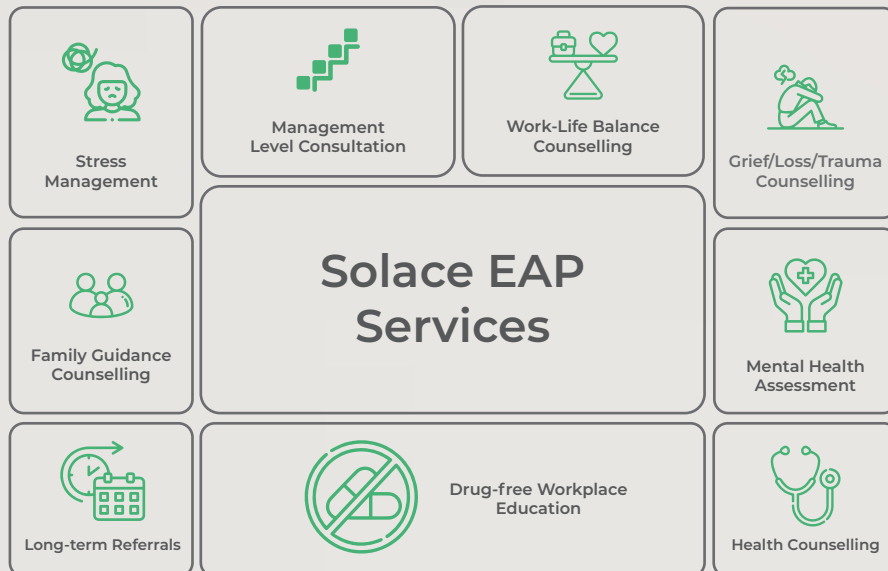
EAP clinicians are **independently licensed**, hand picked mental health clinicians with extensive training even in industrial and organizational topics such as **employee motivation, complex decision making, communications skills, critical thinking and behavior evaluation/modification**.

Why Do Employers Opt For EAP

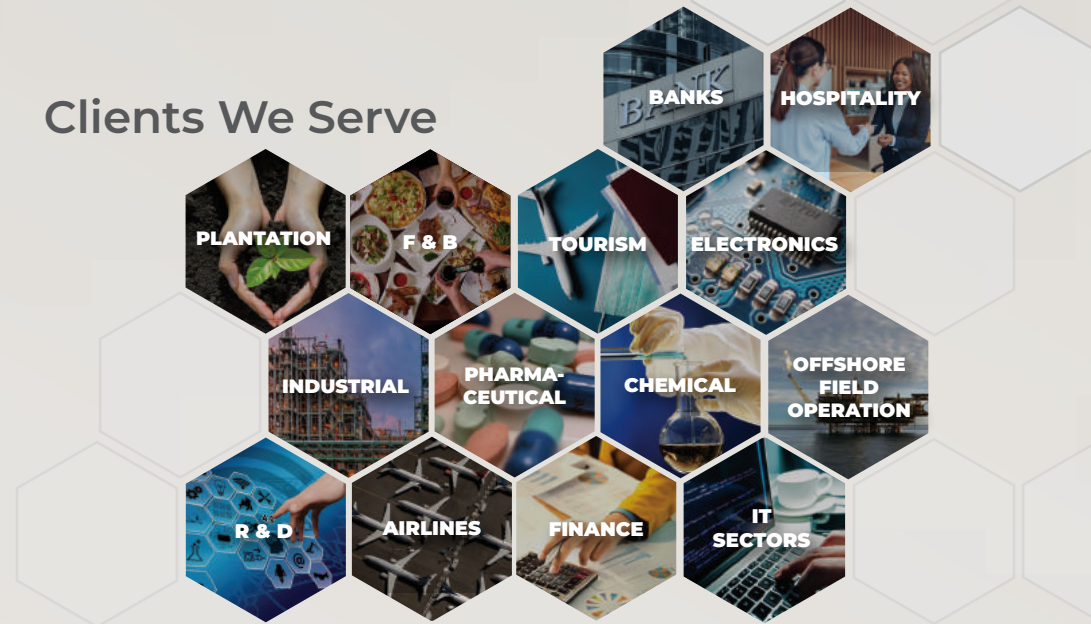
Productivity Improvement with EAP Implementation	24%	51%	People in poor health report high job satisfaction
Workers describe their lives on most days as "extremely stressful!"	27%	75%	Of workplace terminations relate to personal reasons
Improvement in absenteeism with EAP Implementation	36%	78%	People in excellent health report high job satisfaction
Work loss avoided with EAP implementation	39%	RM2.7	RM2.7 Million average yearly cost of health related absenteeism

Why Solace EAP

- ✓ 24-Hour Hotline Available to Employees
- ✓ Rapid Response Time — Emails Will Be Responded To Within 24 hours
- ✓ Professionally Trained Master's / PhD Level Experienced Counselors
- ✓ Multicultural and Multi-Language Counselors / Psychologists Clinicians
- ✓ Nationwide Medical & Service Referrals when Needed
- ✓ Serve First Policy
- ✓ Wide Network Of Clinicians in SEA



Clients We Serve



Meet the EAP Team



Adj Prof Dr Prem
Kumar Shanmugam
Founder & CEO

15 years in Psychology, Counseling & Mental Health Treatment, Former President: Association of Psychotherapists & Counsellors (Sing) Founder & Regional Director: Asia Pacific Certification Board.



Prethi K Kumar
Head of Operations

12 years experience in Operations Management, Customer Relations and Admin matters. Currently pursuing her post graduate studies in Developmental Psychology.



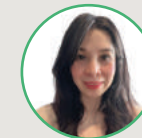
Michelle Yap
EAP Counsellor

Clinical Psychologist, joined Solace Asia since 2021 and have been working with employees from more than 50 different multinational companies.



Prof Dato' Dr Andrew
Mohanraj
Clinical Consultant

Senior Consultant Psychiatrist, President of Malaysian Mental Health Association, and Academician with 30+ years of expertise.



Joanne Chong
EAP Counsellor

7 years experience in providing counselling related to mental health and wellbeing. Worked mainly with substance and behavior addictions, and psychosocial issues.