

Bespoke Mental Health CPD Programme 22/23

	DATE	TIME	WORKSHOP	SPEAKER	DISCOUNT CODE
FULL-DAY WORKSHOPS	27th April 2022	09.30-16.30	When it is Darkest: Understanding and Preventing Suicide	Rory O'Connor	IES562d
	5th May 2022	09.30-16.30	An overview of CBT for psychosis	Prof. Emmanuelle Peters	IES286p
	This event spans 3 days: 17th, 18th & 19th May 2022	Same time each day: 15.00-17.00	Treating Later-Life Depression: A CBT Approach	Dolores Gallagher-Thompson & Larry Thompson & Ann Steffen	IES159c
	14th June 2022	09.30-16.30	Current approaches to improving self-esteem	Dr Reena Vohora	IES753n
	28th June 2022	09.30-16.30	Working Therapeutically with People Who Self-Injure and Self-Harm	Prof. Andrew Reeves	IES851a
	13th & 14th July 2022	Same time each day: 14.00-17.00	Emotion Regulation Therapy	Prof. Douglas Mennin & Prof. David Fresco	IES462z
HALF-DAY WORKSHOPS	4th April 2022	13.30-16.30	Process Based Therapy	Prof. Stefan Hofmann	IES652w
	12th May 2022	13.30-16.30	When our patients want CBT for anxiety but.....	Prof. Cory Newman	IES276k
	8th June 2022	13.30-16.30	Brief Behavioural Activation	Prof. Carl Lejuez	IES516s
	23rd June 2022	13.30-16.30	Culturally Sensitive Low Intensity CBT	Taf Kunorubwe	IES364r
	6th July 2022	13.30-16.30	Working in a Culturally Sensitive way in CBT	Taf Kunorubwe	IES816g
WEBINARS	26th May 2022	10.00-11.30	Evidence-Based Supervision: take-away points from research to guide best practice	Dr Aisling McMahon	IES264f
	6th June 2022	15.00-16.30	Transdiagnostic approaches to emotional disorders across the age range: A conversation between Professors David Barlow and John Weisz	Prof. David Barlow & Prof. John Weisz	IES239t