

“If you’re *satisfied*, you’re contented, and you don’t need anything more.”

Main Idea:

- A person who is _____ is a person who knows _____.
- Am I a person who knows joy?

Rejoice in the Lord always. I will say it again: Rejoice! **5** Let your gentleness be evident to all. The Lord is near. Philippians 4:4-5

- True joy is rooted in a _____ rather than a _____.

Reasons why we can have joy:

The Lord is the **everlasting** God, the Creator of all the earth. He never grows **weak** or **weary**. No one can measure the depths of his understanding. Isaiah 40:28

Fix your eyes on Jesus...for the joy set before him he **endured** the cross, **scorning** its shame, and **sat** down at the right hand of the throne of God. Hebrews 12:2

“This joy is not a continuous smile but a satisfaction in what the Lord has done and in his presence with us.” NIV Biblical Theology Study Bible

- Being joyful is _____ rather than _____.
 - It’s more about the posture of my heart than it is about my circumstances.

Christian joy is a mood independent of our immediate circumstances. If it were dependent on our surroundings, then, indeed, it would be as uncertain as an unprotected candle burning on a gusty night. One moment the candle burns clear and steady, the next moment the blaze leaps to the very edge of the wick, and affords little or no light. But Christian joy has no relationship to the transient setting of the life, and therefore it is not the victim of the passing day. Jowett

“If the joy Jesus promises is real and you believe him, there’s no circumstance that can steal your thanksgiving.” Jon Bloom

This week’s focus:

- To know joy I must _____.
 - How would you fill in that blank?