

ABOUT US

Good Dads is a 501(c)(3) nonprofit focused on helping all dads be more engaged with their children.

Our mission is to inspire, resource, and encourage all fathers to be more involved in the lives of their children.

We believe every child benefits from an engaged father, so we employ multiple strategies to reach, support, and engage dads, including:

- Community Events
- Good Dads podcast
- Good Dads blog
- Weekly e-newsletters
- Counseling
- Fatherhood development courses
- Networking events
- Partnerships with businesses
- Curricula with HR benefits
- Resource and train groups to serve fathers
- Good Dads Strong Schools

FUNDAMENTALS OF FATHERHOOD



The Essential
Good Dads
Playbook



“Helping Kids One Dad at a Time”

205 West Walnut Street, Suite 10
Springfield, MO 65806
417.501.8867

In many ways, a coach is to his players what a dad is to his family.



IN EACH MODULE...

- 1 Pre-Game Warm-Up
- 2 Values for the Season
- 3 Labels & Manhood
- 4 Fatherhood Hurdles
- 5 Impacting Your Kids
- 6 Building Self-Confidence
- 7 Conflict Resolution
- 8 Fatherhood Networks

The winning habits good coaches employ are many of the same strategies that good dads use to lead healthy, happy families. Because this new, evidence-based curriculum likens a man's role as a dad to that of a coach on a sports team, *Fundamentals of Fatherhood* is the perfect way for dads, stepdads, grandfathers, and father-figures to become more engaged with their children. Using familiar language and relatable examples common to any sports lover, this essential Good Dads playbook helps dads of all backgrounds forge a connection with their families and become the best men they can be for the ones who matter most.

The 8-part curriculum includes:

- A fusion of engaging, facilitator-led discussion topics and educational, impactful activities
- Thought-provoking questions on big issues like healthy masculinity, discipline, and managing one's emotions
- Multimedia expert testimonials from professional coaches chiefly relevant to twenty-first century fathers and father-figures.

Facilitator Kit includes:

- 1 Facilitator Manual
- 1 set of 8 modules
- 1 USB drive with 8 Coaching Clips

Purchasing options at gooddads.com