

Parents and families are facing new challenges, but one thing hasn't changed: the importance of dads being involved in their children's lives. The National Responsible Fatherhood Clearinghouse is proud to release a series of new PSAs that encourage fathers to show their "#Dadication" by making time for their kids, even when parenting isn't easy.



Good Dads program!

Dads that are enrolled in the New Pathways for Good Dads program and have completed at least 4 weeks of the Fatherhood Development Course are eligible to receive counseling on a sliding scale. Counseling will be done with Drew Dilisio, a PLPC, under the supervision of Dr. Jennifer Baker. Call the Good Dads office for more details.

- NPGD SPOTLIGHT -

Inspiration From New Pathways Dads

Meet John Crouch

John grew up in Mount Vernon, MO, as an only child. He had the most loving and kind parents that a child could want. Despite all the pain and hurt that they experienced throughout the years, they are still married.

Throughout his childhood, John was involved in AAU Basketball. He played in tournaments in various states. At the age of 10, John knew what he wanted to do with his life – he wanted to be a basketball player. His parents did not make a lot of money, but they always found a way for John to chase his basketball dream.

At the age of 13, John took his first drink of alcohol. At age 14, he was using pot every day. John filled the loneliness of being an only child with substance consumption, friends, and dating. He reach a point where his focus was on getting high, or in his words, "Chasing the next best high – which does not exist."

All of John's relationships, friendships, and things of

importance started vanishing, and he did not care. He had no regard for the well-being of anyone else. He was only concerned about himself – he was a very selfish individual. Years of poor choices stripped John of his dream. Playing college basketball was no longer an option. John's choices had consequences.

In 2008, John was arrested for drug possession. That started a 12-year cycle of in and out of county jails, a prison treatment program, a five-month prison term, three DWIs and living a worldly life full of chaos and destruction. John was lost and hopeless. His downward spiral led to deep despair.

In 2014, John's daughter, Ariel, was born. John thought this would change everything for him. He was wrong.

In 2017, everything came crashing down. John had been abusing alcohol and sleeping medications. The days of a nice home, two cars, a well-paying job, children, and a girlfriend were over. Even with his world crashing down around him, John was not willing to change how he was acting and living. The face of his beautiful 3-year old daughter was not enough to snap him out of the distorted mindset he had created within himself.

For 20 years, John lived his life on autopilot. He remembers his child's mother saying, "John, you're here, but you're not really here." It took getting sober for John to understand what she meant. Selfishly, John left the home. His time as "Man of the House" had come to an end.

The phrase, "Everything Must Come to an End" held no

meaning for John. He was numb. He masked his feelings and emotions. He was a shell of a human. He was empty. Losing Ariel had had such a profound effect on him and he felt there was nothing he could do. John says, "Looking back, I realize now that I never really tried."

John continued his daily drinking, consuming various drugs, robbing, stealing, cheating, and dealing. He made no effort to correct his wrongs. His lifestyle was out of control and he didn't care.

John always said that he believed in God. What he didn't realize was there was so much more to it. In 2016, John learned about the Victory Mission Men's Shelter. He was right out of treatment and had nowhere to go. He stayed at Victory Mission briefly – now he knows the reason that this amazing ministry was put in John's life.

On December 4, 2019, John's life changed forever! He was fresh out of prison and strung out on drugs when his friend dropped him off for an interview with the Restoration Program with Victory Mission. It was at Victory Mission where John learned of the love of his Savior, Jesus Christ. John learned of the power of prayer as well as how to pray. He learned that his life has purpose and meaning – God created John for a reason!

At first, it was hard for John to grasp the concept that God could forgive him for all the rotten things that he had done. However, understanding whom God is, what He has done, and what He is capable of doing has filled John with an incredible joy, peace, and hope. John has a new life in

Christ. The relationships that he thought were broken are slowly mending.

John will complete the Victory Mission Restoration Program in December. He has a full-time job with a great company in Springfield and recently signed a lease on a new house. John is also part of a great church where he has met people who will forever influence his life.

The New Pathways for Good Dads program has given John the tools and encouragement that he needed to be a father to his daughter. He says, "I am so thankful that God blessed me with this program and all of the people who believed in all the dads out there who have been through losses, heartache, and hopelessness."

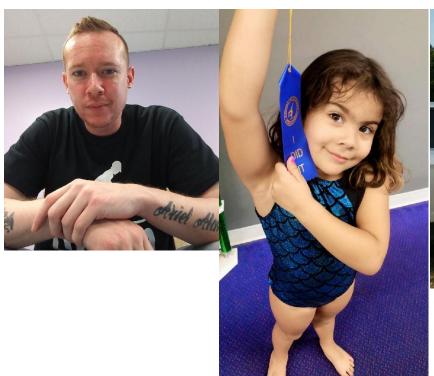
John's advice to other dads who are struggling is short and to the point. He says, "Please do not give up hope. Do not stop trying to be there no matter what is going on around you. God shines His light in the darkness. Reach deep inside, dig deep, have Faith, and trust in the process!"

There is Hope – the story is not over. On Thanksgiving Day, November 26, 2020, John will get to see his daughter, Ariel, for the first time in three years! This is a moment that he will cherish and hold in his heart forever! This date also marks one year of sobriety for John.

Johns closing words for you, dear reader, are words of encouragement. "You are not your past. God will provide the people, places, and things in your life that are needed to enjoy a life that is nothing short of beautiful! Trust in Him,

do the next right thing, and do not give up before the miracle happens!

Congratulations John!







Ask Drew!

Dear Drew,

My girlfriend and I have a ten-month-old baby boy. I work all day at an auto dealership, and my girlfriend works at home part-time selling candles online.

I work very long hours to provide a good life for us, yet when I get home, my girlfriend is always frustrated with me. I am tired to the bone when I get home, but it is not like I just sit on the couch and drink beer all night.

Do you have any suggestions?

From, a tired and confused Dad

Dear Tired and Confused Dad,

Your girlfriend probably feels isolated. It is not that she does not appreciate all the hard work that you do, but she is at home working by herself and taking care of your son.

My suggestion is that as soon as you get home make it very clear that the two of you are a team. It is the team's job to play, feed, bathe, and conduct story time together. Then both of you can enjoy some quiet time alone.

If you both work together when you get home, the chores will be easier, you will all be spending some quality time together, and your girlfriend will feel supported as well as supportive. As soon as your son falls asleep, you can either have some alone time or hang out together.

Whatever you both decide, I have a feeling that you will both feel understood, appreciated, and thankful for the other person. Clear communication, partnership, and alone time go a long way in a relationship, especially one with a very small child.

I hope this helps,

Drew

If you have something on your mind,

just ask Drew!

Call or text Drew at **417-427-6364**. Your call or text message will remain confidential--your name will not be used with your question. Questions and answers may be featured in an upcoming newsletter.



WHAT DID BATMAN SAY TO ROBIN BEFORE THEY GOT IN THE CAR?

"ROBIN, GET IN THE CAR!"

Check This Out!

Pay your child support with a new, quick, secure and contactless mobile payment and digital wallet service through:

The mobile and digital wallet options allow users to avoid touching buttons or exchanging cash by making payments in IOS and android apps on the internet. A convenience fee of 2.5% for each transaction will apply. Find out more at mo.smartchildsupport.com. Payments can also be made by mail, online, over the phone, and by cash payments at local retailers using PayNearMe.

Got questions? Call 1(800) 859-7999 or visit https://dss.mo.gov/

- Helpful Resources -

- Here is a NEW resource for those who are struggling with shared visitation during COVID-19. Crisis Planning is necessary for the children's benefit, as well as for your own benefit.
- Pandemic EBT Benefits
- File for Unemployment Benefits
- Special Unemployment Link for COVID-19 crisis
- Legal Services of Southwest Missouri
- Child Support questions? Contact Daylon Tillman--Family Support Division 417-895-6077

New Pathways for Good Dads

- Upcoming Classes -

New Pathways for Good Dads has a new partner! The Restoration of Hope Project (RHP) has joined our team.

Classes will be held in person at the RHP location beginning Tuesday, December 1. Dinner will begin at 6:00

and class will run from 6:30-8:00 pm.

Please contact the Good Dads office for more information or to get registered.

Do you need a daytime class? Good Dads would like to offer the Fatherhood Development Class during the morning hours via Zoom. The tentative start date is Thursday, December 3, from 10:00 am to Noon. If you are interested, please contact the Good Dads office.

417-501-8867

This Week's Featured - Good Dads Podcast -

E373 What Do I Want to be When I Grow Up- The Trades

In Episode 373, Jim Towery and Jeremiah Penrod talk with Dr. Baker about how their lives have been shaped by being in the trades.

Click below to listen to an episode on <u>iTunes</u>, or search on any other favorite podcast player - we're on <u>Google Play</u>, <u>Stitcher</u>, <u>Spotify</u>, <u>TuneIn</u>, and more.



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