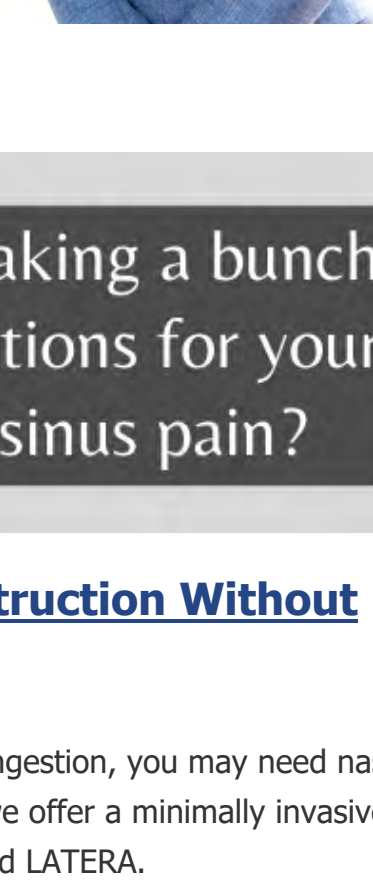


**A Note From Dr. Leeman,**

September is here, and that means it's time to get ready for fall. With so many weddings happening during the fall months, we know that brides to be are focusing on achieving a pre-wedding glow. At Daniel J. Leeman MD, we offer Jeuveau, a product that can help you get rid of wrinkles and get the prewedding glow you deserve.



**We'll see you soon at Daniel J. Leeman, MD!**

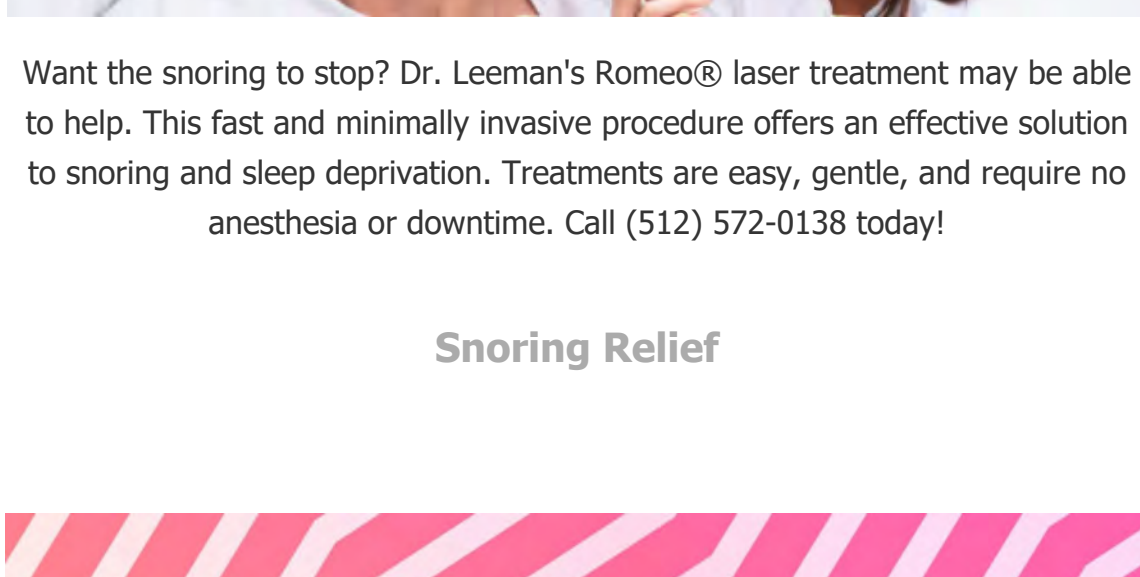


**LATERA: Treat Your Nasal Obstruction Without Medication**

If you are suffering from chronic sinus pain and congestion, you may need nasal obstruction treatment. At Daniel J. Leeman MD, we offer a minimally invasive nasal obstruction treatment called LATERA.

Latera is an absorbable implant that can support your nasal cartilage and treat your nasal obstruction. As a result, it can boost your quality of life and reduce your chronic painful sinus symptoms.

[Learn More About LATERA](#)

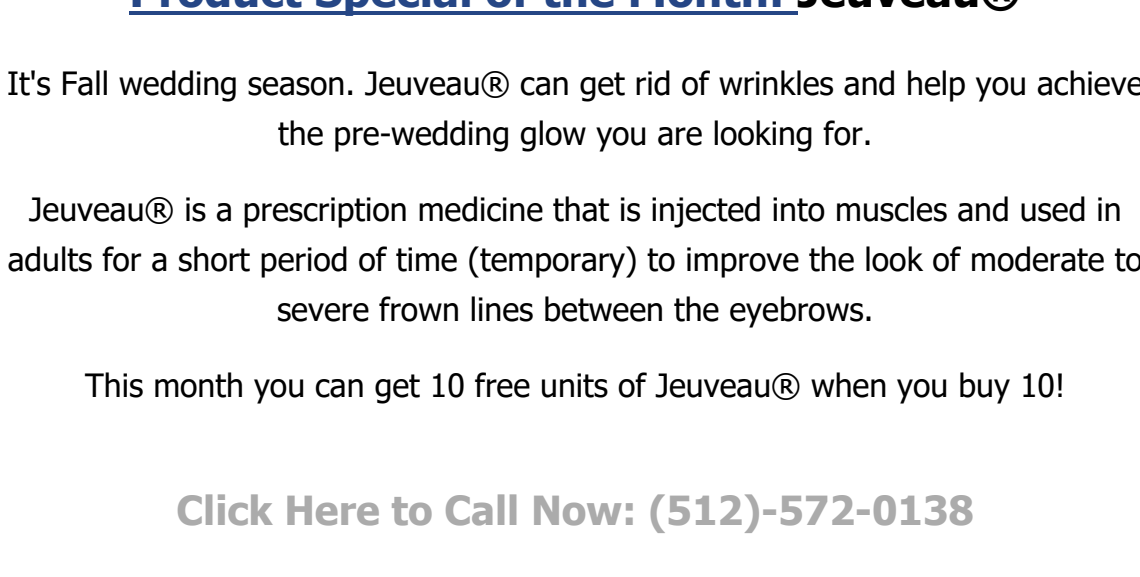


**The Allergy123 System**

If you have been suffering from allergies or know someone who has, you understand how allergies can change how life is lived. Our Allergy123 treatment can help you take your life back.

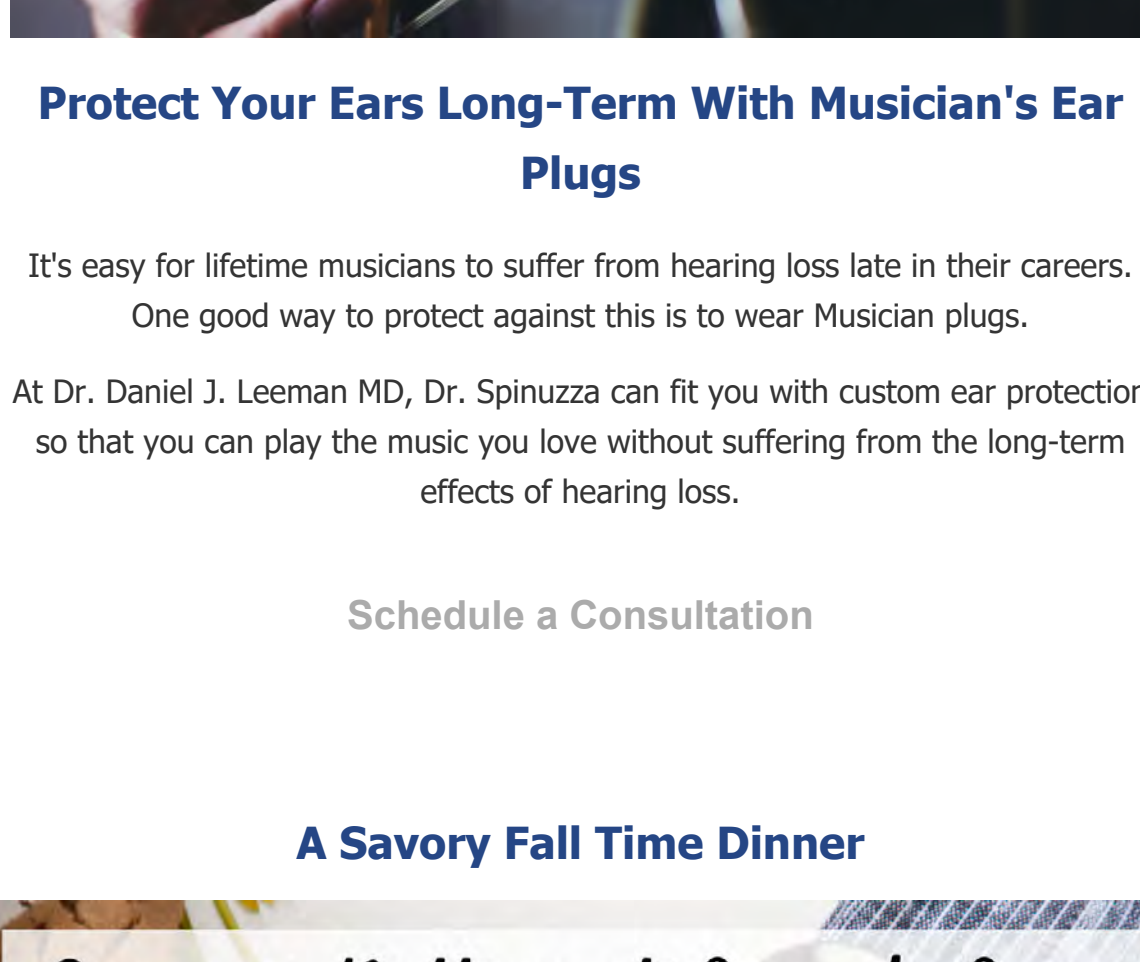
Allergy123 is an FDA-approved, minimally invasive testing and treatment method for allergies that uncovers and treats the cause instead of merely treating symptoms. Treating 60 of the most common allergies in Texas, Allergy123 offers a permanent solution for life-long allergy relief.

[Learn More About Allergy123](#)



Want the snoring to stop? Dr. Leeman's Romeo® laser treatment may be able to help. This fast and minimally invasive procedure offers an effective solution to snoring and sleep deprivation. Treatments are easy, gentle, and require no anesthesia or downtime. Call (512) 572-0138 today!

**Snoring Relief**



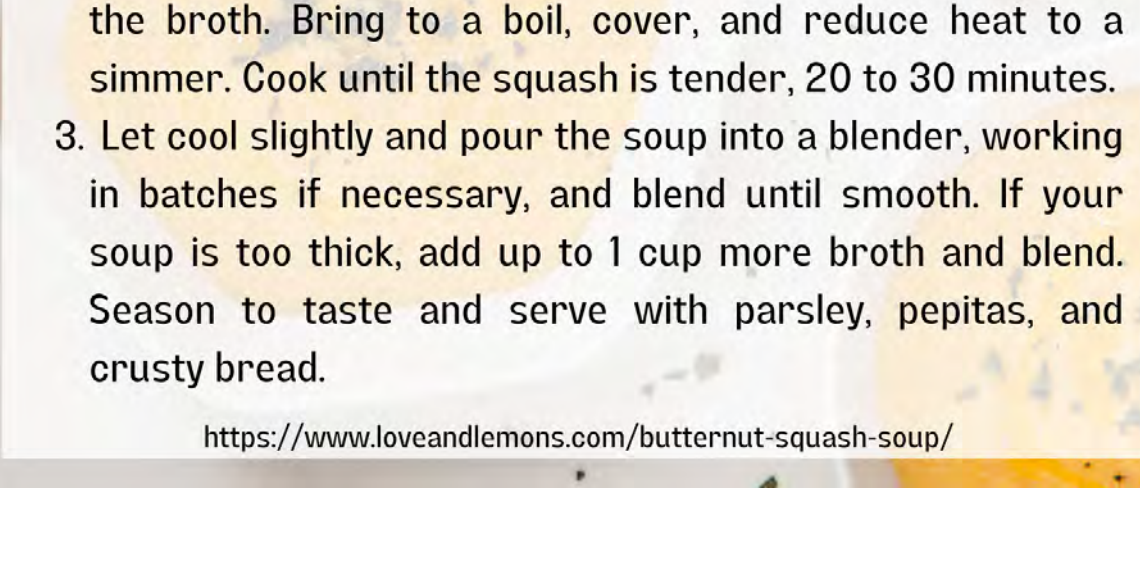
**Product Special of the Month: Jeuveau®**

It's Fall wedding season. Jeuveau® can get rid of wrinkles and help you achieve the pre-wedding glow you are looking for.

Jeuveau® is a prescription medicine that is injected into muscles and used in adults for a short period of time (temporary) to improve the look of moderate to severe frown lines between the eyebrows (glabellar lines) in adults.

This month you can get 10 free units of Jeuveau® when you buy 10!

[Click Here to Call Now: \(512\)-572-0138](#)



**Protect Your Ears Long-Term With Musician's Ear Plugs**

It's easy for lifetime musicians to suffer from hearing loss late in their careers. One good way to protect against this is to wear Musician plugs.

At Dr. Daniel J. Leeman MD, Dr. Spinuzza can fit you with custom ear protection so that you can play the music you love without suffering from the long-term effects of hearing loss.

[Schedule a Consultation](#)

**A Savory Fall Time Dinner**

**Creamy Butternut Squash Soup**

**Ingredients:**

- 2 tablespoons extra-virgin olive oil
- 1 large yellow onion, chopped
- ½ teaspoon sea salt
- 1 (3-pound) butternut squash, peeled, seeded, and cubed
- 3 garlic cloves, chopped
- 1 tablespoon chopped fresh sage
- ½ tablespoon minced fresh rosemary
- 1 teaspoon grated fresh ginger
- 3 to 4 cups vegetable broth
- Freshly ground black pepper

**Directions:**

1. Heat the oil in a large pot over medium heat. Add the onion, salt, and several grinds of fresh pepper and sauté until soft, 5 to 8 minutes. Add the squash and cook until it begins to soften, stirring occasionally, for 8 to 10 minutes.
2. Add the garlic, sage, rosemary, and ginger. Stir and cook 30 seconds to 1 minute, until fragrant, then add 3 cups of the broth. Bring to a boil, cover, and reduce heat to a simmer. Cook until the squash is tender, 20 to 30 minutes.
3. Let cool slightly and pour the soup into a blender, working in batches if necessary, and blend until smooth. If your soup is too thick, add up to 1 cup more broth and blend. Season to taste and serve with parsley, pepitas, and crusty bread.

<https://www.loveandlemons.com/butternut-squash-soup/>

**A Quote to Live By:**

Quote

have patience with all things but first with yourself

- SAINT FRANCES DE SALLES

DAILY MOTIVATION



[Unsubscribe](#)