

Marshal Information Pack

Kings School, Winchester



Welcome

A photograph of a person with a backpack talking to two young women in high-visibility vests at a table covered with race information. The image is overlaid with a red tint.

**As we say “The difference between
TRY and TRIumph is the umph”**

Thank you for choosing Try Tri Events and volunteering to marshal at Winchester Tri-athlon.

Please take the time to read carefully through all of the race day information in this booklet, it provides you with EVERYTHING you need to know about the day.

Try Tri Events started in 2009 with a small event in Winchester with children and first timers giving it a go. We are a family friendly company, designed to ensure competitors and spectators alike have a great family day out.

Good luck,

Chris Rees

Race Director

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Marshals need to arrive at 06:00 for registration and a short marshal briefing. The first race briefing for competitors will begin at 07:15 with the Sprint waves starting promptly after at 07:30 and 11:45 for Novice competitors.

You will be given a high visibility vest and your individual role information. After the briefing you will make your way towards your marshalling point.

A Marshal briefing will be held at Race HQ at 06:15 before the race. You will be given a high visibility vest and your individual role information. After the briefing you will make your way towards your marshalling point. [Bring your car if you can drive!]

Complimentary refreshments will be available on site from 'The Good Stuff, Proper Coffee'.

If for any reasons you need to leave your designated post (toilets etc.), please inform the Marshal Director. Should you be asked any questions that you cannot answer, direct the competitor to any of the directors who you will be introduced to the morning of event day.

MISSING PERSONS:

In the event of a lost child please report this to your director and arrange for other marshals to cover your location. Once this has been sorted, accompany them to Race HQ, where further action will be taken.

IN CASE OF EMERGENCY:

If there is a serious incident (i.e. life threatening) please call 999 immediately. Thereafter, please notify the Race Director / medical team of the incident as soon as possible.

If you believe the incident to be less serious, please call the medical team by speaking to your section team leader who can radio through. Finally, if the incident is minor and is only a case of needing to arrange for the competitor to be picked up, please call the Cycle team who can collect them in the vans.

Timings on The Day

06.00	Marshal Report to Race HQ
06.00	Car park Opens
06.30	Registration Open
07.15	First Race Briefing
07.30	First Sprint Wave Starts
11.45	First Novice Wave Starts
13.30	Children's Race Briefing
14.00	Children's Race Start

- Times are subject to change on the day.
- Please note that the 07.15 briefing is fine for the earliest Sprint Waves.



Top Tips

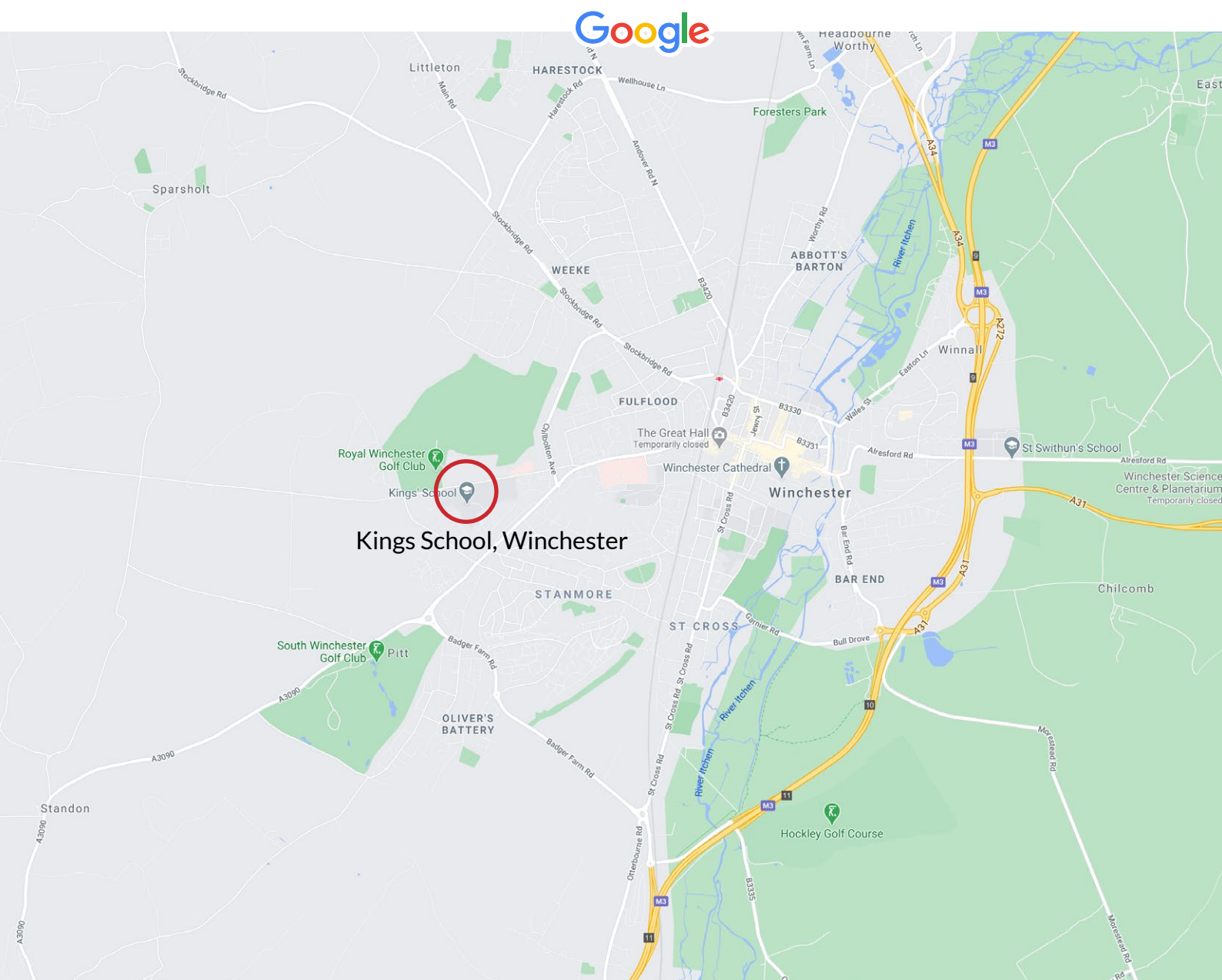
Plan your day in advance, making sure you have plenty of time to complete everything.



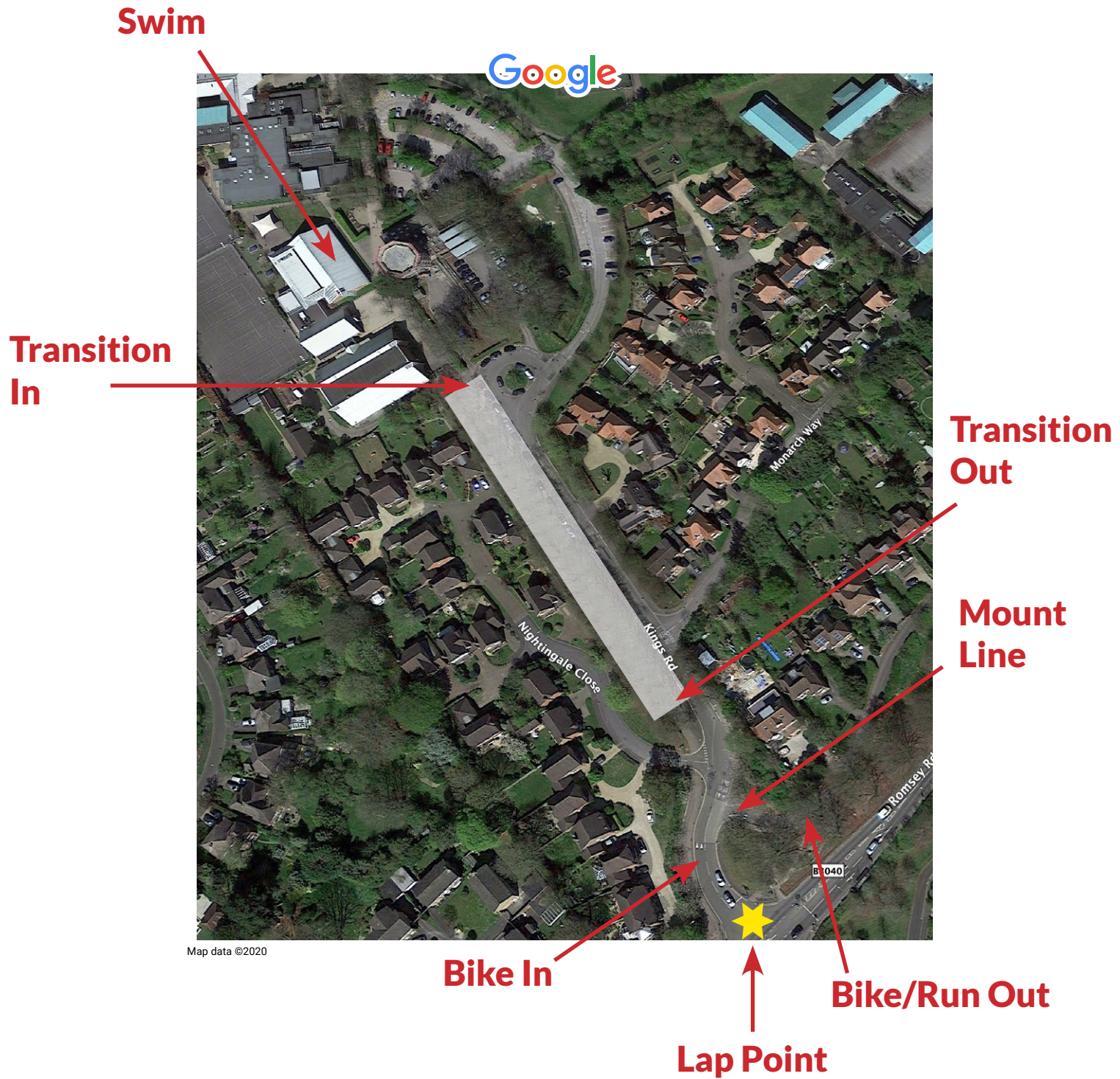
How to Get Here

From the M3

- Take Junction 11 Exit to Winchester S&W A3090
- 0.2 miles - At the roundabout take 2nd exit onto Hockey Link/A3090
- 0.9 miles - At the roundabout take 2nd exit onto Badger Farm Rd/ A3090
- 0.5 miles - At the roundabout take 2nd exit to stay on Badger Farm Rd/ A3090
- 0.5 miles - At the roundabout take 2nd exit onto Romsey Rd/ B3040
- 0.1 miles - Turn Left onto Kings Rd
- Follow signage for Triathlon Car Parking



Site Map



Marshal's duties include:

- Managing safety of swimmers: ensure they do not run as the ground will be slippery.
- Act as an information point for the competitors and members of the public.
- Assist competitors to get their chip time bracelets and help put them on.
- Direct swimmers in the right direction and ensure they are in the right wave for the start of the race. Direct them safely to transition after the race.
- Reporting any accidents to the Race Director and Safety Officer.

Cheer them on!! Even if you say the same thing to every competitor, they'll only see you once so it's the encouragement they may need!



Marshal's duties include:

- Direct cyclists in the correct direction
- Managing safe access in the immediate site vicinity.
- Act as information point for members of the public and competitors/spectators.
- Marshalling crowd flow at identified pinch points and potential problem areas
- Try to keep the cyclists' path clear
- In the event of an incident, assist in the emergency services as appropriate.
- Ensure that all cyclists are wearing safety helmets

Cheer them on!! Even if you say the same thing to every competitor, you'll only see them once!

If you see anyone disobeying the Highway Code or cycling unsafely, please make a note of their race number and inform the Race Director when suitable by text.



DO NOT stop or direct traffic unless there is an incident.

Note: Bike helmets are mandatory and competitors will not be allowed to race unless they are wearing a bike helmet with straps fitted to ensure it does not fall off during the race.



Cycle Course

The course is anti clockwise.

Novice

Complete a 12km single lap.

Sprint

Complete 2 laps of the 12km Loop.



Marshal's duties include:

- Managing safety of runners: ensure cyclists do not clash with runners
- Act as information point for members of the public and competitors/spectators.
- Direct runners in the correct direction
- Marshalling crowd flow at identified pinch points and potential problem areas
- Reporting any accidents to the Race Director and Safety Officer.

Cheer them on!! Even if you say the same thing to every competitor, you'll only see them once!

The route is well marked out and the signage should ensure competitors are racing in the right directions; however, your role is to reaffirm the competitors receive clear instructions for race direction and routes at important points along the course and to ensure the safety of everyone on site. If you see anyone competing unsafely, please make a note of their race number and inform the Race Director when suitable by text.



DO NOT stop or direct traffic.



Run Route

Course

A combination of grass paths, road and trails. An undulating run around the school for the 2.5km Lap. Its not going to be easy but it will be fun!

Race number

Should be facing forwards during the run.

Take Care

As with any trail run there are some uneven surfaces so take care while running.

Laps

Novice 1 lap | Sprint 2 laps



Transition Marshal

Transition areas are positioned between the bike and run segment. These areas are used to store bicycles, performance apparel, and any other accessories essential for preparing and gearing up for the next stage of the race.

Marshal's duties include:

- Managing safe access to and from the transition area
- Check Bike Helmets fit on their way in
- Act as information point for members of the public and competitors/spectators.
- Do not let anyone without a race tag enter the transition area; and in doing so, make sure all competitors are wearing their race tags
- Ensure all cyclists dismount before the dismount line and run their bike back in to transition
- Keep the area clear to allow for a smooth transition
- Be on hand to give competitors their bags with their belongings.
- In the event of an incident, assisting the emergency services as appropriate.
- Reporting any incident or accident to the Race Director and Safety Officer.



Note: Bike helmets are **mandatory** and competitors will not be allowed to race unless they are wearing a bike helmet with straps fitted to ensure it does not fall off during the race.



Race HQ Marshal

Marshal's duties include:

- Act as information point for members of the public and competitors/spectators.
- Writing all incidents into the log book, located at Race HQ.
- Handing out Race Packs (including swim hats) to all participants — double check ID.
- Sell merchandise
- Act as a relay between Race HQ and Directors
- Reporting any incident or accident to the Race Director and Safety Officer.





Thank You

For all your help from all of us at TryTri!

ReesLeisure



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