

Grilled Cheese Society - Nutritionals

Menu Items/List	Total Calories kcal	Protein (g)	Calories from Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fibers (g)	Sugars (g)
Classic Chocolate Chip Cookie	521.52	4.99	248.00	27.56	11.79	0.45	39.12	381.24	66.45	2.04	41.28
Classic Fries	548.00	7.94	230.00	25.93	4.77	0.04	3.40	5,521.99	70.59	6.90	0.70
Creamy Tomato	259.09	10.38	135.19	15.91	6.76	0.00	34.74	964.62	17.60	1.98	14.05
Gluten-Free Bread	100.00	2.00	0.00	0.00	0.00	0.00	10.00	170.00	20.00	1.00	2.00
Mac & Cheese	1,113.34	29.77	780.23	105.02	63.95	2.74	318.95	1,095.74	16.43	0.31	10.49
Society Sauce	110.14	0.03	89.78	9.89	1.34	0.00	4.48	337.04	4.91	0.03	3.82
Spicy Fries	551.75	8.13	230.08	25.93	4.77	0.04	3.40	1,536.81	73.11	7.01	0.74
Sweet Potato Tots	409.00	3.72	140.00	15.42	2.45	0.04	1.60	3,124.20	63.80	6.70	28.70
The Corner Booth	1,153.39	45.69	521.64	103.31	51.68	2.00	294.06	842.51	11.92	1.76	5.62
The Famous Cookie	1,254.67	12.67	354.32	54.98	20.75	0.43	120.43	57,336.52	183.57	4.57	123.58
The Regular	1,059.58	38.12	566.94	96.67	49.52	0.73	697.95	2,214.66	7.65	0.13	5.49
The Special	1,240.16	42.72	332.78	114.23	62.35	0.00	278.38	1,871.18	11.41	0.38	8.61
The Thursday	1,180.75	26.13	693.57	105.92	51.42	0.00	225.10	1,435.94	16.89	8.00	5.80
Slice of SourDough 5/8" Thick	150.00	2.50	6.25	12.50	1.25	0.00	-	0.00	350.00	30.00	1.25
The Usual	821.18	20.65	323.99	80.04	48.65	1.21	233.40	1,895.37	4.05	0.00	2.43
Toasty Mac Bites with Society Sauce	398.30	8.72	264.56	28.17	12.11	0.54	105.76	744.38	26.45	0.99	6.54
Wheat Bread	320.00	10.00	40.00	4.00	1.00	0.00	0.00	540.00	60.00	4.00	10.00
White Bread	150.00	6.25	12.50	1.25	0.00	0.00	0.00	350.00	30.00	1.25	2.50

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Written nutrition information is available upon request.