

# THE CYCLIST



## STARTERS

Harissa hummus, toasted flatbread, sesame seeds (vg)	4.5
Burrata, peas, broad beans, basil pesto, pickled radishes (v)	8
Chilli & garlic tiger prawns, spring onion, toasted sourdough	8.5
Breaded halloumi sticks, chipotle ketchup, roasted garlic aioli, pomegranate, spring onion (v)	7
Chorizo & cheddar croquettes, confit onion relish	7.5
Grilled asparagus, vegan cream cheese. smoked almond granola (vg)	9
Shredded confit duck, pickled blackberries, carrots, cashew nuts, ruby chard, watercress, marjoram & raspberry vinaigrette	9.5/14.5

## MAINS

Roasted lamb rump, jersey royals, roscoff onion, asparagus tips, peas, asparagus & parmesan puree	23
Butternut squash & courgette linguine, kalamata olives, confit garlic, basil, pine nuts (vg)	15
Grilled sea bass, Bombay potato salad, tomato & cucumber salsa, caraway yoghurt & poppadoms	16.5
Smash chuck & rib burger, montgomery cheddar, baby gem, onion, gherkins, burger sauce & fries	14.5
Vegan burger, cabbage slaw, pickled vegetables, chipotle mayo & fries (vg)	14.5
Beer battered haddock, triple cooked chips, crushed peas & tartar sauce	15
Nourishment bowl - harissa hummus, avocado, brown rice, kidney beans, pickled vegetables, baby spinach & tahini dressing (vg)	13.5
Chargrilled flat iron steak, triple cooked chips, confit garlic butter & watercress	19

## SIDES (ALL 4.5)

Triple-cooked chips (vg) | Sweet potato fries (vg) | Fries (vg)  
Gem & avocado salad (vg)

## DESSERTS

Sticky toffee pudding, butterscotch sauce, salted caramel ice cream	6
Double chocolate brownie, dark chocolate sauce, vanilla ice cream	6.5
Coconut rice pudding, mango salsa, candied walnuts (vg)	6
Ice cream (per scoop)	2