



MEMORANDUM

To: Arleigh Burke Pavilion and The Sylvestery Residents and Family Members
From: Antionette Doublin, Sr. Director, ABP & TS
Analisse Vasquez-Soto, Assistant Administrator, TS
Subject: Visitation Reminder
Date: April 21, 2021

We want to take this opportunity to clarify the visitation protocols for Arleigh Burke Pavilion (ABP), the Community Building (CB), and The Sylvestery (TS). Visitation is only permitted by appointment and each resident is limited to having two visitors at a time. Visitation is scheduled in one-hour increments. A fully vaccinated visitor, who has provided proof of vaccination, may visit in the resident's room. If the visit is taking place in the resident's room, the visit may extend beyond the one hour time limit. If scheduling a visit to a resident in the Community Building, call 703-970-2777; for ABP, call 703-506-6900; or for TS, call 713-970-2700. All visitors will be screened for signs and symptoms of COVID-19 (e.g., temperature checks, questions or observations about signs or symptoms). Individuals showing signs or symptoms of COVID-19 or those who have had close contact with someone with COVID-19 in the past 14 days, regardless of vaccination status, will be denied entry. Close contact means being within six feet of an individual with COVID-19 for a total of 15 minutes or more in a 24-hour period.

Physical contact, such as hand holding, will be allowed, if desired by both the resident and their visitor. Both the resident and their visitor must use an alcohol-based hand sanitizer with at least 60% alcohol before and after physical contact and must limit the duration of this contact. Embracing and hugging is allowed for brief periods of time as long as both individuals wear masks.

Compassionate care visits are allowed but must still be scheduled. Compassionate care visits include end-of-life situations and other situations, such as:

- A resident, who previously lived with family and who has been recently admitted to TS, is struggling with the change in environment and the lack of physical family support; and/or
- A resident, who used to talk and interact with others, is experiencing emotional distress and is not speaking as frequently.

Visits for residents who share a room should ideally not be conducted in the resident's room.

- If in-room visitation must occur, such as if a resident is unable to leave the room, an unvaccinated roommate will not be present during the visit.
- If neither resident is able to leave the room, we will attempt to enable in-room visitation while maintaining recommended infection prevention and control practices, including physical distancing.

Visitors must wear a mask during the entire visit. Masks are only permitted to be removed if you are eating. Currently, only vaccinated visitors may eat with a resident in his/her room or an area established by the community. During visits in the common areas, food and drinks – including your personal cup of coffee or other drinks – are not permitted. No visitors are allowed in the dining rooms or other common areas at this time. Outdoor visits are preferred, even when the resident and visitor are fully vaccinated against COVID-19, weather and logistics permitting.

Families can make necessary medical appointments at any time. Residents will not be required to quarantine following a medical appointment unless they have had an overnight hospital stay and are not vaccinated. Regular physician visits will be permitted without subsequent self-isolation period. Monthly podiatry, eye, dental, and other services will be provided in-house, as needed. Deliveries to the front desk are allowed. Birthday and anniversary celebrations can be held inside the building with a limit of four family members or friends. Food and drinks during celebrations are allowed, if all visitors are vaccinated. If the entire party is not vaccinated, please do not bring food.

As always, please reach out to Analisse at 703-970-2700 or Antionette at 703-506-6900 with any questions or concerns.