

September 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Breakfast is free!</i> Remember to take 3 items every time! I must be a fruit or vegetable!</p>	<p>Breakfast available Daily from 7:15-8:00am Items to include are Cereal, Milk and Fruit. Other grain items available to substitute may include WG Pop Tarts, WG bagel/cream cheese or WG Breakfast Buns, etc.</p>				<p>Milk included with all lunches. Choice of FF Chocolate, FF White or 1% White.</p>	<p>Adult Breakfast \$2.80 Adults Lunch \$5.25</p>
<p>5 ½ Cup Raw baby carrots offered everyday as vegetable substitute.</p>	<p>6 Labor Day!</p>	<p>7 <i>Welcome Back!</i> Chicken Nuggets Buttered Noodles Broccoli Applesauce Milk</p>	<p>8 Hot Dog French Fries Baked Beans Pears Milk</p>	<p>9 French Toast Sticks Sausage Patties Hash Brown Potatoes Peaches Milk</p>	<p>10 Pepperoni or Cheese Pizza Veggie Sticks Fresh Fruit Milk</p>	<p>11</p>
<p>12 Alternate Lunch available everyday: PBJ, Cheese, Ham or Turkey Sandwich w/Veggies, Fruit & Milk of the day.</p>	<p>13 Hamburger Baked French Fries Baked Beans Mixed Fruit Milk</p>	<p>14 Tacos Corn Peaches Milk</p>	<p>15 Spaghetti Carrots WG Garlic Bread Pears Milk</p>	<p>16 Chicken Patties On a Roll Butter Noodles Broccoli Applesauce Milk</p>	<p>17 Staff Development! No Students!</p>	<p>18 <i>*High School Only. Different size portions required.</i></p>
<p>19 <i>Any questions may be directed to---</i> sbushey@setonknights.org</p>	<p>20 Mac n Cheese Green Beans WG Roll Peaches Milk</p>	<p>21 Meatball Sub Veggie Sticks Mixed Fruit Milk</p>	<p>22 Sloppy Joe on a Roll Mac N Cheese Baked Beans Pears Milk</p>	<p>23 Pretzel w/cheese Broccoli Applesauce Milk</p>	<p>24 Pepperoni or Cheese Pizza Veggie Sticks Fresh Fruit Milk</p>	<p>25 <i>Extra milks \$.50 Each!</i></p>
<p>26</p>	<p>27 Chicken Nuggets Buttered Noodles Baked Beans Peaches Milk</p>	<p>28 Nachos W/cheese & Meat Broccoli Applesauce Milk</p>	<p>29 Spaghetti Carrots WG Garlic Bread Pears Milk</p>	<p>30 Hot Dog Mac n Cheese Baked Beans Mixed Fruit Milk</p>	<p>10/1 Grilled Cheese Sandwich Veggie Sticks Fresh Fruit Milk</p>	
		<div style="border: 2px solid red; border-radius: 50%; padding: 10px; background-color: #FFD700; display: inline-block;"> <p>Everyone eats FREE this year! No need to sign up. It is automatic. ENJOY!</p> </div>			<p>Menu subject to change without notice!</p>	<p><i>This institution is an equal opportunity provider and employer</i></p>