

## Q52 Lesson 11 Does My Past Determine My Future?

Biblical Concept: Shame

Read: Luke 7:36–50

**LESSON VIDEO Link:**

<https://vimeo.com/587053371>

### KEY POINTS

- Religious leaders sometimes justify themselves by comparing their “righteousness” with others’ sinfulness.
- Jesus rushes to the downhearted who are truly repentant.
- Jesus does not want you carrying a burden of shame. He has declared your debt paid in full.

### THIS WEEK

Day 1 (Eyes): After reading chapter 11 in Quest 52, consider this question: do you need to release some sin or regret you’ve been holding against yourself?

Day 2 (Ears): Read Moses’s story in Exodus 2:11–4:17. He was the founder of the Jewish nation, yet he began as a fugitive. What lessons does this hold for you about getting past your past?

Day 3 (Heart): Meditate on Romans 8:1; 1 Timothy 1:15; 1 John 1:9. How does each of these help you answer the question, “Does my past determine my future?”

Day 4 (Voice): Discussion:

- Share a story of someone you know who radically turned his life around.
- Discuss the implications of this statement: sin is not just what you do but also what was done to you.
- Without sharing details that are too personal, can you relate to holding on to shame too long? What are the consequences of this?
- What are some helpful steps to releasing shame? Have others given you any words of wisdom that helped you let go of shame?

Day 5 (Hands): Schedule a date with God this week. Write on a piece of paper any sin you are still holding against yourself. Practice 1 John 1:9. Claim Romans 8:1. Release or destroy the paper.

### ADDITIONAL QUEST 52 RESOURCES

[www.quest52.com/videos](http://www.quest52.com/videos)

(FOR CHAPTER 11)

- Bonus Resource: The Ethics of Jesus (PDF)
- "Life of Christ" Audio Lecture (located under "Chapter 11")