

Training Title: From Theory to Application — Real Conflict at Work

Organization: Six and a Half Consulting

Description:	<p>In the first training of this series, "Creating Healthy Conflict in the Workplace" participants learned that conflicts are a natural, and necessary, part of life. They also learned the skills to engage in win-win conversations.</p> <p>This course, "From Theory to Application — Real Conflict at Work" takes the skills learned in the first course and applies them to real life situations. No longer role playing, participants will learn how to engage in conflict in situations that may call they leadership into question.</p>
Defined Instructional Objectives:	Participants will learn how to employ the skills of self-awareness, self-management, social awareness, and relationship management in real life conflict scenarios.
Measurable Learning Outcomes:	<ol style="list-style-type: none"> 1. Curiosity in the face of perceived attacks 2. Empathy for others and self 3. Addressing conflict from values and purpose 4. Maintaining dignity and a drive for win-win
Course Components:	<ol style="list-style-type: none"> 1. Who am I in conflict? 2. The ego under attack 3. Powerful questions 4. Whats in it for me? Whats in it for you? 5. Positions vs Interests 6. The Story I'm Telling Myself 7. What am I feeling and why? 8. Who is the person I want to be right now?
Delivery Methods:	In person one to one and group training sessions, goal setting worksheets, exercises, active/empathic listening templates, progress tracking
Format:	This training is offered in person one to one, group, or by Skype/Facetime and can be adapted to partnerships and teams.
Duration/Schedule:	The training is based upon 8 hours of individual and group sessions over a period of 4 to 6 weeks.
Attendees:	1 to 10
Completion Requirements:	Participants are required to complete 8 hours of training plus and additional estimated 6 hours of project homework.
Course Fees:	This full day training for up to 20 attendees costs \$8500 plus GST. Included in these fees are 10 hours of individual training to be used at clients discretion with attendees.

Training Facilitator
Credentials:

Casey Miller has more than 15 years experience in leadership roles and leadership training across the public, private and non-profit sectors. Over the span of his career, Casey has served as a facilitator and trainer in domestic and international enterprises, helping organizations reach their potential through research-based organizational psychology. As a the President of Six and a Half Consultant, Casey works as a business coach, trainer, and facilitator, designing and instructing leadership and management trainings to many Vancouver-based businesses and organizations, including Culinary Capers, Half Moon Yoga, Xeva Mortgage and Northwest Atlantic.. Casey is also a frequent speaker at the Westside Schools and various trade associations in the lower mainland, including PMIBC, HTFPBC, and HRMABC. Casey is also an external consultant with the YMCA Youth Employment Program facilitating business coaching and skill development for young entrepreneurs. Casey holds a masters degree in Public Administration and another in Theological Studies from Harvard University.