

Training Title: What is my leadership impact?

Organization: Six and a Half Consulting

Description:	<p>Conscious Leaders must be adept at self-awareness, self-management, social awareness and relationship management. These four elements represent the components of Emotional Intelligence. To continually master one's Emotional Intelligence, however, it must start with perfecting one's own self awareness. This in turn, starts with gaining deep understanding into one's own intended and unintended impacts.</p> <p>In this second level Emotional Intelligence course, participants will gain valuable insights into their own influence and effectiveness, and will give them tools to confront and overcome their personal barriers to achieve outstanding performance – and ultimately the performance of their teams and their organization as a whole</p>
Defined Instructional Objectives:	<p>At the end of the course the participants will have gained deep insight into what their effectiveness is as a leader and influencer, and where their intended impact is ineffective.</p>
Measurable Learning Outcomes:	<ol style="list-style-type: none"> 1. Participants will identifies the gaps between the way he/she is perceived and the leader who he/she wants (and needs) to be. 2. Participants will considers the implications for his/her colleagues and their organizations, as well as his/her personal and professional performance. 3. Participants will end the course with tangible, behavioural based data that will influence future leadership decisions.
Course Components:	<ol style="list-style-type: none"> 1. How do I see myself? 2. How do others see me? 3. Strengths assessment 4. Blind 360 5. How to receive feedback 6. Neuroscience of building self-esteem 7. Mindset Coaching
Assessments Methods:	<p>Verbal understanding of concepts and written reflection (worksheets), completion of self assessments; direct observation of application of acquired skill sets.</p>
Delivery Methods:	<p>In person one to one and group training sessions, goal setting worksheets, exercises, active/empathic listening templates, progress tracking</p>
Format:	<p>This training is offered in person one to one, group, or by Skype/Facetime and can be adapted to partnerships and teams.</p>
Duration/Schedule:	<p>The training is based upon 8 hours of individual and group sessions over a period of 4 to 6 weeks.</p>
Attendees:	<p>1 to 10</p>
Completion Requirements:	<p>Participants are required to complete 8 hours of training plus and additional estimated 6 hours of project homework.</p>
Course Fees:	<p>This full day training for up to 20 attendees costs \$8500 plus GST. Included in these fees are 10 hours of individual training to be used at clients discretion with attendees.</p>

Training Facilitator Credentials:	Casey Miller has more than 15 years experience in leadership roles and leadership training across the public, private and non-profit sectors. Over the span of his career, Casey has served as a facilitator and trainer in domestic and international enterprises, helping organizations reach their potential through research-based organizational psychology. As a the President of Six and a Half Consultant, Casey works as a business coach, trainer, and facilitator, designing and instructing leadership and management trainings to many Vancouver-based businesses and organizations, including Culinary Capers, Half Moon Yoga, Xeva Mortgage and Northwest Atlantic.. Casey is also a frequent speaker at the Westside Schools and various trade associations in the lower mainland, including PMIBC, HTFPBC, and HRMABC. Casey is also an external consultant with the YMCA Youth Employment Program facilitating business coaching and skill development for young entrepreneurs. Casey holds a masters degree in Public Administration and another in Theological Studies from Harvard University.
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