

## Chapter 11

# Moses and the Ten Commandments



“You shall love the Lord your God with all your heart, and with all your soul, and with all your mind ... [and] love your neighbor as yourself.”

(Matthew 22:37, 39)



### Let's Pray

Dear God, thank You for giving us the Ten Commandments. Thank You for showing us how to live good and holy lives. Help us know how to love You and others in the best way that we can. Amen.



### Let's Proclaim the Good News

God gave us the Ten Commandments. They teach us how to be holy. They teach us how to live a happy life.

Our parents give us rules to keep us safe and happy.





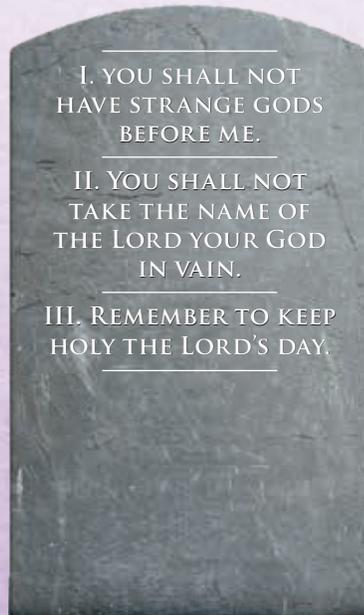
# Learn about God's Word

God gave Moses the Ten Commandments.

(Based on Exodus 20:1–17)



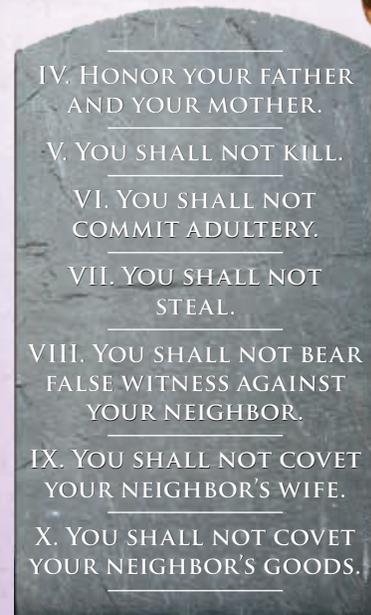
Trace the number 10. Then trace the words below the Ten Commandments.



I. YOU SHALL NOT HAVE STRANGE GODS BEFORE ME.

II. YOU SHALL NOT TAKE THE NAME OF THE LORD YOUR GOD IN VAIN.

III. REMEMBER TO KEEP HOLY THE LORD'S DAY.



IV. HONOR YOUR FATHER AND YOUR MOTHER.

V. YOU SHALL NOT KILL.

VI. YOU SHALL NOT COMMIT ADULTERY.

VII. YOU SHALL NOT STEAL.

VIII. YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOR.

IX. YOU SHALL NOT COVET YOUR NEIGHBOR'S WIFE.

X. YOU SHALL NOT COVET YOUR NEIGHBOR'S GOODS.

Love God

Love Others



# The Commandments Show Us How to Love

God gave us the Ten Commandments to show us how to love God and others. The Ten Commandments teach us to be good and holy.



## The Commandments Make Us Happy

Which children look truly happy? Circle the children loving God and others.





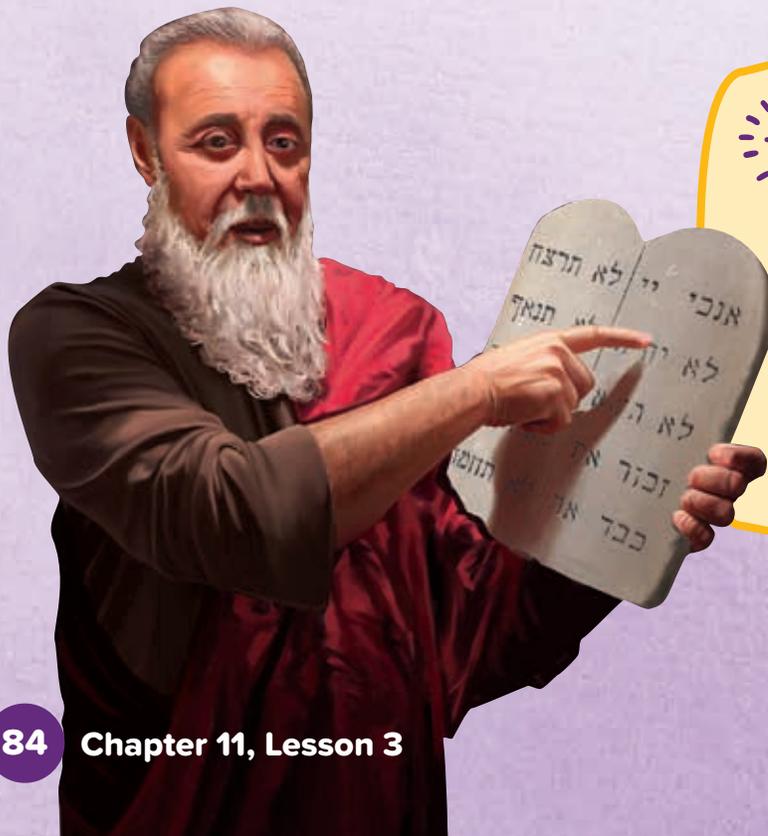
# Making Choices

We were created to love God and others. We sin when we choose not to love God and others.



## We Can Live a Good and Happy Life!

How do we feel when we obey God? How do we feel when we sin? Draw a line to how the child in each picture feels.



## Our Holy Friends: Moses

We should pray to God to help us follow His commandments even when it is hard.



# Good Friends

We were created to have a friendship with God and others.



## Catholic ABCs

Trace the letter “K.” The word “Kindness” begins with the letter “K.”

Kindness

Kindness helps us love God and others!



# Let's Remember Our Faith

The Ten Commandments teach us to love God and others.



## The Greatest Commandment

Draw in each box how you will follow God's rules today.

***I will love God***

***I will love others***



## Let's Pray

Dear God, thank You for Your help! You help us know how to love You the best way we can. Thank You for leading us to make good choices. Amen.



# Small Wonders



An accident leads Percy the Possum to create new Rules.

Read the full *Small Wonders* story on the parent portal.

# Family Faith

## Chapter 11

# Moses and the Ten Commandments

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### Chapter Summary

After leaving Egypt, God's Chosen People had fallen into sin. Even though God had rescued them from the Egyptians, they were complaining and were not happy. God saw their unhappiness. Out of love and in order to show them how to live, He gave Moses the Ten Commandments. The Ten Commandments teach us how to be holy. By following God's commandments, we will be truly happy and fulfilled because we are doing what God created us to do—that is, to love Him and one another. If we break the commandments and fall into sin, we wound or even break our relationship with God and with one another. We were created to love God and one another—this is what makes us whole; this is what makes us authentically happy. When we go against God's commandments, we can never be happy and fulfilled because we are not living our lives as God intended us to do.

### More for Parents

Parents can have a love/hate relationship with rules. Rules keep our home in order and reduce fighting, misunderstandings, messes, and injuries. However, having rules means that we have to enforce them, explain them, and provide consequences when the rules are not followed. It requires consistency on our part and the willingness to stand firm, even when we feel like we are being “the bad guy.” Parents make their rules reasonable and purposeful so that their children can learn that they are in place for their own benefit. Eventually, the rules feel less burdensome because the children have learned good habits and behavior. God gives us rules to help us know how to avoid sin and to be happy with Him and with one another. The Ten Commandments point toward actions that are good and away from actions that are bad for us. Do we trust that God is giving us rules to help His family be ordered, happy, and safe?

**For more family faith formation resources, go to the parent portal.**

### Our Family Prays Together

Dear God, thank You for giving us the Ten Commandments. Thank You for showing us how to live good and holy lives. Help us know how to love You and others in the best way that we can. Amen.

### Let's Talk about It as a Family

- **To whom did God give the Ten Commandments?** (Moses.)
- **The Ten Commandments teach us how to love \_\_\_\_\_ and \_\_\_\_\_.** (God/one another.)
- **When we break one of the Ten Commandments, it is a \_\_\_\_\_.** (Sin.)
- **If we sin, do we hurt our relationship with God and others?** (Yes.)
- **Will God always forgive us if we are sorry?** (Yes.)

### Let's Live Our Faith

What does it mean to be holy? “Only in holiness does man become that for which God created him. Only in holiness does man find real harmony between himself and his Creator. Holiness, however, is not some sort of self-made perfection; rather, it is union with the incarnate love that is Christ. Anyone who gains new life in this way finds himself and becomes holy” (YOUCAT, 342).

- Talk about why being holy is important and how your family can be holy.

### Family Faith Activities

Choose one or more of the following to do as a family:

- As you pray your night prayers with your children, help them think about how they may not have followed the commandments to love God and one another.
- Nurture the virtue of love by pointing out to your children when family members exemplify acts of loving God and one another.
- Pray the Prayer to One's Guardian Angel with your children, asking for help to show love in your family.
- Read and discuss the *Small Wonders* story as a family by going to the parent portal.