

Catholic Prayers

Sign of the Cross

In the name of the Father
and of the Son
and of the Holy Spirit. Amen.

Our Father

Our Father, who art in Heaven,
hallowed be Thy name;
Thy kingdom come,
Thy will be done on earth as it is in Heaven.
Give us this day our daily bread,
and forgive us our trespasses as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of
thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Glory Be

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end. Amen.

Grace before Meals

Bless us, O Lord, and these Thy gifts, which we are
about to receive, from Thy bounty, through Christ
our Lord. Amen.

Grace after Meals

We give Thee thanks for all Thy gifts, Almighty God.
You live and reign forever. Amen.

Jesus Prayer

Lord Jesus Christ, Son of the living God, have mercy
on me, a sinner. Amen.

Prayer to One's Guardian Angel

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide. Amen.

Prayer to Saint Michael the Archangel

Saint Michael the Archangel, defend us in battle.
Be our protection against the wickedness and
snares of the Devil.
May God rebuke him, we humbly pray,
and do thou, O prince of the heavenly hosts,
by the power of God,
thrust into Hell Satan and all the evil spirits
who prowl about the world
seeking the ruin of souls. Amen.

Fatima Prayer

O my Jesus, forgive us our sins,
save us from the fires of Hell,
and lead all souls into Heaven,
especially those in most need of Thy mercy. Amen.

Prayer to the Holy Spirit (by Saint Augustine)

Breathe into me, Holy Spirit,
that my thoughts may all be holy.
Move in me, Holy Spirit,
that my work, too, may be holy.
Attract my heart, Holy Spirit,
that I may love only what is holy.
Strengthen me, Holy Spirit,
that I may defend all that is holy.
Protect me, Holy Spirit,
that I may always be holy. Amen.

Eternal Rest

V. Eternal rest grant unto them, O Lord.
R. And let the perpetual light shine upon them.
All. May the souls of all the faithful departed,
through the mercy of God, rest in peace. Amen.

Act of Faith

O my God, I firmly believe that You are one God in three Divine Persons: Father, Son, and Holy Spirit. I believe that Your Divine Son became man and died for our sins and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches because You have revealed them, who are eternal truth and wisdom, who can neither deceive nor be deceived. In this faith, I intend to live and die. Amen.

Act of Hope

O Lord God, I hope by Your grace for the pardon of all my sins and after life here to gain eternal happiness because You have promised it, who are infinitely powerful, faithful, kind, and merciful. In this hope, I intend to live and die. Amen.

Act of Love

O Lord God, I love You above all things, and I love my neighbor for Your sake because You are the highest, infinite, and perfect good, worthy of all my love. In this love, I intend to live and die. Amen.

Act of Contrition (Traditional)

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all-good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

Act of Contrition (Modern)

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You, whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior, Jesus Christ, suffered and died for us. In His name, my God, have mercy. Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into Hell; on the third day He rose again from the dead; He ascended into Heaven and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Nicene Creed

I believe in one God, the Father Almighty, maker of Heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from Heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into Heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The Ten Commandments

1. I am the LORD your God: you shall have no other gods before me.
2. You shall not take the name of the LORD your God in vain.
3. Remember to keep holy the LORD's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

