Dynamic Adventures The Adventure Centre, Park Road, Dartington Estate, Devon TQ9 6EQ

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The Duke of Edinburgh: Kit List

This list includes all the *essential* items needed for your expedition; however, you may wish to add to it. Quantities are not listed as it is dependent on award level:

- 3 Season boots with ankle support
- Walking trousers/shorts, quick drying (not jeans)
- Wicking t-shirt (not cotton)
- Fleece
- Waterproof coat
- Waterproof trousers
- Warm hat/ sun hat
- Gloves
- Water bottle
- Food + water
- Head torch + spare batteries
- Full set of spare clothes
- Snacks + spare food
- Personal first aid kit + any medication
- Eating utensils
- Sleeping bag
- Inflatable mattress/ roll mat
- Multi day rucksack (65l approx)
- Toiletries

Extras

- Sun cream (high factor)
- Insect repellent
- Sunglasses
- Dry bags
- Rucksack liner

Group Kit* from school

- Tent
- Stove + gas
- Map
- Compass
- First aid kit

NB: Dynamic Adventures CIC may be providing group kit - please check with your school

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