# Heleone

The benefits of a happy, healthy smile are immeasurable! Our goal is to help you reach and maintain optimal oral health.

Please fill out this form completely. The better we communicate, the better we can care for you.

Today's Date:
E-mail Address:
Name:  Lost First Mi Mr Mrs Ms Dr
I prefer to be called:
Birthdate:/ Age: SS#:
Home Address:
City State Zip
☐ Single ☐ Married ☐ Partnered ☐ Divorced/Separated ☐ Widowed
Hm #: ( Cell / Other #:
Wk #: ( DL #:
Employer:
Employer's Address:
City State Zia
How long there? Occupation:
Where & when are best times to reach you?
Whom may we Thank for referring you?
Other family members seen by us:
Previous / Present Dentist:
Person Responsible for Account:
CDOLLEE INFORMATION
SPOUSE INFORMATION
His / Her Name:
Employer:
Contact #: () Ext: SS #:
Birthdate:// DL #:
Relative or Friend not living with you (for emergency).
His / Her Name: Relation:
Contact #: ()

**ABOUT YOU** 

	NSURANCE	
Prim	ary Insurance	
Dental Coverage? Yes		
Insurance Co. Name:		
Insurance Co. Address:		
City	State	
Insurance Co. Phone #: (		
Group # (Plan, Local or Policy #	S. Marian Company	
Insured's Name:		
Insured's Birthdate://	Insured's ID #:	
Insured's Employer:		
Employer's Address:		
City	State	Zip
Secon	dary Insurance	
Dental Coverage? Yes Insurance Co. Name:		
Insurance Co. Address:		
misorance co. Address.		
City	State	Zip
Insurance Co. Phone #: (	)	
Group # (Plan, Local or Policy #	#):	
Insured's Name:	Relation:	
Insured's Birthdate://	Insured's ID #:	
Insured's Employer:		
Employer's Address:		
City	State	Zip

### Payment is due in full at the time of treatment unless prior arrangements have been approved.

If this office accepts insurance, I understand that I am responsible for payment of services rendered and also responsible for paying any co-payment and deductibles that my insurance does not cover. I hereby authorize payment directly to the Dental Office of the group insurance benefits otherwise payable to me. I understand that I am responsible for all costs of dental treatment. I hereby authorize release of any information, including the diagnosis and records of treatment or examination rendered, to my insurance company.

Signature Date

MEDICAL HISTORY	DENTAL HISTOR	RY
Do you have a personal physician?	What have been a state of the desired at	
Physician's Name:	Why have you come to the dentist today?	
Phone #: ( ) Date of last visit:	Are you currently in pain?	Yes No
Your current physical health is: Good Fair Poor		Yes No
Are you currently under the care of a physician?	Your current dental health is: Good Fair Poo	
Please explain:	Have you ever had a serious/difficult problem associated	
Do you smoke or use tobacco in any other form?	with any previous dental work?	Yes No
Have you been told that you snore or hold your breath		Yes No
while sleeping or wake up gasping for breath?	Type of bristles on your toothbrush? Hard Medium	
Have you had any metal rods, pins or implants?	Have you ever had gum treatment?	Yes No
Are you taking any prescription / over-the-counter drugs?		Yes No
Please list each one:	Have you ever had periodontal disease?	Yes No
Have you ever taken Fosamax, or any other bisphosphonate? Yes No  For Women: Are you using a prescribed method of birth control? Yes No	Do you now or have you ever experienced pain / discomfort in your jaw joint (TMJ / TMD)?	Yes No
Are you pregnant? Yes No Week #:	Are your teeth sensitive to heat, cold, or anything else?	
Are you nursing? Yes No	Do you have any loose teeth?	Yes No
Have you ever had any of the following diseases or medical problems?	Do you still have wisdom teeth?	Yes No
Y N Abnormal Bleeding / Hemophilia Y N Herpes / Fever Blisters	Would you like fresher breath? Yes No Whiter teeth?	Yes No
Y N AIDS Y N High Blood Pressure Y N Alcohol / Drug Abuse Y N HIV	Are you happy with the way your smile looks?	Yes No
Y N Anemia Y N Hospitalized for Any Reason Y N Arthritis Y N Kidney Problems	If not, what would you change?	
Y N Artificial Bones / Joints / Valves Y N Liver Disease		
Y N Asthma Y N Low Blood Pressure Y N Blood Transfusion Y N Lupus	I understand that the information that I have given today is correct	to the best of my
Y N Cancer / Chemotherapy Y N Mitral Valve Prolapse	knowledge. I also understand that this information will be held in	the strictest confi-
Y N Colitis Y N Pacemaker Y N Congenital Heart Defect Y N Psychiatric Treatment	dence and it is my responsibility to inform this office of any chang status. I authorize the dental staff to perform any necessary dental s	
Y N Diabetes Y N Radiation Treatment Y N Difficulty Breathing Y N Rheumatic / Scarlet Fever	need during diagnosis and treatment, with my informed consent.	
Y N Emphysema Y N Seizures		
Y N Epilepsy Y N Shingles Y N Fainting Spells Y N Sickle Cell Disease / Traits	Signature	Date
Y N Frequent Headaches Y N Sinus Problems Y N Glaucoma Y N Stroke		
Y N Hay Fever Y N Thyroid Problems	AND DESCRIPTION OF THE PARTY OF	
Y N Heart Attack / Surgery Y N Tuberculosis (TB) Y N Heart Murmur Y N Ulcers	OFFICE USE ONLY OFFICE USE	ONLA
Y N Hepatitis Y N Venereal Disease		
Please list any serious medical condition(s) that you have ever had:	I verbally reviewed the medical / dental information with the patien	t named herein.
	Initials: Date:	
Are you allergic to any of the following?	Doctor's Comments:	
Y N Aspirin Y N Erythromycin Y N Penicillin		
Y N Aspirin Y N Erythromycin Y N Penicillin Y N Codeine Y N Jewelry/Metals Y N Tetracycline Y N Dental Anesthetics Y N Latex Y N Other		
Please list any other drugs/materials that you are allergic to:		
,		
Our office is HIPAA Compliant and is committed to meeting or exceeding th	e standards of infection control mandated by OSHA, the CDC	and the ADA.
Has there been any change in your health status since your last visit?	STORY UPDATE	
If Yes, please explain.	Patient Signature Date	
	Dentist Signature Date	
Has there been any change in your health status since your last visit?	N Patient Signature Date	
If Yes, please explain	Destit Construe	

Date

Dentist Signature



#### **Consent Form**

We are complimented that you have selecte	d us to provide dental care for you.
necessary by the doctors and staff at Ghina lexaminations, x-rays, oral prophylaxes, fluor	nt for myself/my child to receive dental treatment deemed Morad, DMD. These procedures include, but are not limited to; ide treatments, sealants, restorations such as composite fillings ontic (root canal) treatments, extractions, and the use of local d in effect until rescinded or revoked.
procedures because of conditions found whi	at during treatment, it may be necessary to change and/or add ile working on the teeth that were not discovered during y permission to the dentist to make any/all changes and additions
instruments, drugs, medicines, analgesics, an infection, swelling, bleeding, sensitivity, num cheeks and teeth, Thrombophlebitis (inflami (biting), muscle cramps and spasms, tempor referred pain to the ear, neck and head, nau complications and further surgery. Medications are discovered from twenty-four hours or until recovered from Release of Photos:  I understand the use of	photos, videos, or other images taken may be used by Ghina name in media form. I release any and all claims whatsoever in
	hildren under the age of 18:
I affirm that I am the parent or legal guardia	n for the above named minor child. If I am unable to accompany s named below to escort my child for dental treatments:
Name:	Relationship:
Name:	Relationship:
I authorize the release of information of info	ormation for my child to these parties:
Name:	Relationship:
Name:	Relationship:
By signing this Consent Form, I have read, u	inderstand and agree to the terms and conditions.
Signature:	Date



# Dr Ghina Morad, Dr Shifteh Iranmanesh, Dr Melinda Reynard 2021 Updated Financial Agreement

Thank you for choosing us as your dental care provider. We are committed to providing you with the best experience possible. The following is a statement of our financial policy which we require that you read and sign prior to any treatment.

#### **PAYMENT:**

The patient's portion (whatever the insurance is not expected to cover) is due at the time of service unless other payment arrangements have been made with the Financial Manager. For more extensive treatments, financing options are available and multiple options will be offered to help you complete your treatment in full. In the event payment is not received on the agreed upon date, a finance charge will be applied. If the insurance pays more than we estimated, the excess will be refunded to you.

#### **INSURANCE:**

Signature:

You should be aware that Insurance companies base their coverage on a fixed fee schedule that may not coincide with our fees. Furthermore, they might change their restrictions without any previous notice to us or to you.

Our staff will gladly try to determine your insurance coverage to the best of their ability and prepare all the forms to bill your insurance for you as a courtesy on your behalf. <u>However, should your insurance benefits result in less coverage than anticipated, you are still fully responsible for the full fee of the treatment.</u>

#### **MISSED APPOINTMENTS:**

Unless we receive notice of cancellation two business days prior to scheduled treatment, you will be charged \$95.00. Please help us service you better by keeping scheduled appointments and be aware that by failing to attend your appointment, you are taking the time from another patient who possibly needed that time.

y signing this Financial Agreement, I have read, understood, and have agreed to all the	se
erms and conditions.	



#### **Notice of Privacy Practices**

All information that is obtained from you by this office is protected and kept confidential. Every reasonable measure to prevent unauthorized disclosure of your protected health information is practiced.

#### **Uses and Disclosures**

- Your protected health information is accessed and used for healthcare related purposes only.
- Your protected health information is never sold, rented, transferred, exchanged, and/or used for non-healthcare related purposes including marketing activities without your written authorization.
- Your protected health information is disclosed to third-party entities without your written authorization for the purpose of treatment, to obtain payment for treatment, and for healthcare operations.

#### **Certain Circumstances**

Your protected health information can be disclosed without your written authorization in certain limited circumstances,

- Medical emergencies
- In situations required by law
- Individuals involved in your care
- When requested by public health agency
- When requested by a law enforcement agency

For any purpose other than treatment, obtaining payment, healthcare operations, or certain circumstances, we will ask for your written authorization before using or disclosing your protected health information. If you choose to sign an authorization to disclose protected health information, you can revoke that authorization in writing at any time.

#### **Patient Rights**

- You have the right to request in writing to inspect and/or receive a copy of your health information.\*
- You have the right to request an alternate means or location to receive communications regarding your health information.\*
- You have the right to request in writing to amend, correct, or delete any recorded health information within our possession.\*
- You have the right to request in writing to restrict some of the uses and disclosures of your health information.\*
- You have the right to request in writing an accounting of certain disclosures of your health information that were made by this office.\*

<sup>\*</sup> Conditions and limitations may apply; obtain additional information from front desk.



# Patient Acknowledgement of Receipt of Dental Materials Fact Sheet and Notice of Privacy

Dental Material Fact Sheets. In additi	ard of California requires that we distribute to our patients a copy of The ion, The Health Insurance Portability and Accountability Act (HIPPA) at patients be given a copy of our Notice of Privacy Practice. Please print
l,	, acknowledge that I have received from this office:
1. A copy of the Dental Mater	ials Fact Sheet
2. The Notice of Privacy Pract	ice
Signature	Date
If signed by a personal representative authority to act for patient.	e of the patient, describe the representative's relationship to and
	Patient Name
	Relationship of signatory
Reques	st for Confidential Communication
As My Dental Care provider, I give my:	y permission to contact me or leave a confidential voicemail for myself or
Home phone Cell phone	Work phone
I give my permission to contact me o Yes No	r leave a confidential message for myself via email.

# The Facts About Fillings



#### **DENTAL BOARD OF CALIFORNIA**

1432 Howe Avenue • Sacramento, California 95825

www.dbc.ca.gov



#### What About the Safety of Filling Materials?

Patient health and the safety of dental treatments are the primary goals of California's dental professionals and the Dental Board of California. The purpose of this fact sheet is to provide you with information concerning the risks and benefits of all the dental materials used in the restoration (filling) of teeth.

The Dental Board of California is required by law\* to make this dental materials fact sheet available to every licensed dentist in the state of California. Your dentist, in turn, must provide this fact sheet to every new patient and all patients of record only once before beginning any dental filling procedure.

As the patient or parent/guardian, you are strongly encouraged to discuss with your dentist the facts presented concerning the filling materials being considered for your particular treatment.

\* Business and Professions Code 1648.10-1648.20

#### **Allergic Reactions to Dental Materials**

Components in dental fillings may have side effects or cause allergic reactions, just like other materials we may come in contact with in our daily lives. The risks of such reactions are very low for all types of filling materials. Such reactions can be caused by specific components of the filling materials such as mercury, nickel, chromium, and/or beryllium alloys. Usually, an allergy will reveal itself as a skin rash and is easily reversed when the individual is not in contact with the material.

There are no documented cases of allergic reactions to composite resin, glass ionomer, resin ionomer, or porcelain. However, there have been rare allergic responses reported with dental amalgam, porcelain fused to metal, gold alloys, and nickel or cobalt-chrome alloys.

If you suffer from allergies, discuss these potential problems with your dentist before a filling material is chosen.

#### **Toxicity of Dental Materials**

#### Dental Amalgam

Mercury in its elemental form is on the State of California's Proposition 65 list of chemicals known to the state to cause reproductive toxicity. Mercury may harm the developing brain of a child or fetus.

Dental amalgam is created by mixing elemental mercury (43-54%) and an alloy powder (46-57%) composed mainly of silver, tin, and copper. This has caused discussion about the risks of mercury in dental amalgam. Such mercury is emitted in minute amounts as vapor. Some concerns have been raised regarding possible toxicity. Scientific research continues on the safety of dental amalgam. According to the Centers for Disease Control and Prevention, there is scant evidence that the health of the vast majority of people with amalgam is compromised.

The Food and Drug Administration (FDA) and other public health organizations have investigated the safety of amalgam used in dental fillings. The conclusion: no valid scientific evidence has shown that amalgams cause harm to patients with dental restorations, except in rare cases of allergy. The World Health Organization reached a similar conclusion stating, "Amalgam restorations are safe and cost effective."

A diversity of opinions exists regarding the safety of dental amalgams. Questions have been raised about its safety in pregnant women, children, and diabetics. However, scientific evidence and research literature in peer-reviewed scientific journals suggest that otherwise healthy women, children, and diabetics are not at an increased risk from dental amalgams in their mouths. The FDA places no restrictions on the use of dental amalgam.

#### Composite Resin

Some Composite Resins include Crystalline Silica, which is on the State of California's Proposition 65 list of chemicals known to the state to cause cancer.

It is always a good idea to discuss any dental treatment thoroughly with your dentist.

#### **Dental Materials** – Advantages & Disadvantages

#### DENTAL AMALGAM FILLINGS

Dental amalgam is a self-hardening mixture of silver-tin-copper alloy powder and liquid mercury and is sometimes referred to as silver fillings because of its color. It is often used as a filling material and replacement for broken teeth.

#### Advantages

- Durable; long lasting
- Wears well; holds up well to the forces of biting
- Relatively inexpensive
- Generally completed in one visit
- Self-sealing; minimal-to-no shrinkage and resists leakage
- Resistance to further decay is high, but can be difficult to find in early stages
- Frequency of repair and replacement is low

#### Disadvantages

- Refer to "What About the Safety of Filling Materials"
- Gray colored, not tooth colored
- May darken as it corrodes; may stain teeth over time
- Requires removal of some healthy tooth
- In larger amalgam fillings, the remaining tooth may weaken and fracture
- Because metal can conduct hot and cold temperatures, there may be a temporary sensitivity to hot and cold.
- Contact with other metals may cause occasional, minute electrical flow

The durability of any dental restoration is influenced not only by the material it is made from but also by the dentist's technique when placing the restoration. Other factors include the supporting materials used in the procedure and the patient's cooperation during the procedure. The length of time a restoration will last is dependent upon your dental hygiene, home care, and diet and chewing habits.

#### **COMPOSITE RESIN FILLINGS**

Composite fillings are a mixture of powdered glass and plastic resin, sometimes referred to as white, plastic, or tooth-colored fillings. It is used for fillings, inlays, veneers, partial and complete crowns, or to repair portions of broken teeth.

#### Advantages

- Strong and durable
- Tooth colored
- Single visit for fillings
- Resists breaking
- Maximum amount of tooth preserved
- Small risk of leakage if bonded only to enamel
- Does not corrode
- Generally holds up well to the forces of biting depending on product used
- Resistance to further decay is moderate and easy to find
- Frequency of repair or replacement is low to moderate

#### Disadvantages

- Refer to "What About the Safety of Filling Materials"
- Moderate occurrence of tooth sensitivity; sensitive to dentist's method of application
- Costs more than dental amalgam
- Material shrinks when hardened and could lead to further decay and/or temperature sensitivity
- Requires more than one visit for inlays, veneers, and crowns
- May wear faster than dental enamel
- May leak over time when bonded beneath the layer of enamel



#### **Dental Materials** – Advantages & Disadvantages

#### GLASS IONOMER CEMENT

Glass ionomer cement is a self-hardening mixture of glass and organic acid. It is tooth-colored and varies in translucency. Glass ionomer is usually used for small fillings, cementing metal and porcelain/metal crowns, liners, and temporary restorations.

#### Advantages

- Reasonably good esthetics
- May provide some help against decay because it releases fluoride
- Minimal amount of tooth needs to be removed and it bonds well to both the enamel and the dentin beneath the enamel
- Material has low incidence of producing tooth sensitivity
- Usually completed in one dental visit

#### **Disadvantages**

- Cost is very similar to composite resin (which costs more than amalgam)
- Limited use because it is not recommended for biting surfaces in permanent teeth
- As it ages, this material may become rough and could increase the accumulation of plaque and chance of periodontal disease
- Does not wear well; tends to crack over time and can be dislodged

#### RESIN-IONOMER CEMENT

Resin ionomer cement is a mixture of glass and resin polymer and organic acid that hardens with exposure to a blue light used in the dental office. It is tooth colored but more translucent than glass ionomer cement. It is most often used for small fillings, cementing metal and porcelain metal crowns and liners

#### Advantages

- Very good esthetics
- May provide some help against decay because it releases fluoride
- Minimal amount of tooth needs to be removed and it bonds well to both the enamel and the dentin beneath the enamel
- Good for non-biting surfaces
- May be used for short-term primary teeth restorations
- May hold up better than glass ionomer but not as well as composite
- Good resistance to leakage
- Material has low incidence of producing tooth sensitivity
- Usually completed in one dental visit

#### Disadvantages

- Cost is very similar to composite resin (which costs more than amalgam)
- Limited use because it is not recommended to restore the biting surfaces of adults
- Wears faster than composite and amalgam

## PORCELAIN (CERAMIC)

Porcelain is a glass-like material formed into fillings or crowns using models of the prepared teeth. The material is toothcolored and is used in inlays, veneers, crowns and fixed bridges.

#### Advantages

- Very little tooth needs to be removed for use as a veneer; more tooth needs to be removed for a crown because its strength is related to its bulk (size)
- Good resistance to further decay if the restoration fits well
- Is resistant to surface wear but can cause some wear on opposing teeth
- Resists leakage because it can be shaped for a very accurate fit
- The material does not cause tooth sensitivity

#### Disadvantages

- Material is brittle and can break under biting forces
- May not be recommended for molar teeth
- Higher cost because it requires at least two office visits and laboratory services

#### NICKEL OR COBALT-CHROME ALLOYS

Nickel or cobalt-chrome alloys are mixtures of nickel and chromium. They are a dark silver metal color and are used for crowns and fixed bridges and most partial denture frameworks.

#### Advantages

- Good resistance to further decay if the restoration fits well
- Excellent durability; does not fracture under stress
- Does not corrode in the mouth
- Minimal amount of tooth needs to be removed
- Resists leakage because it can be shaped for a very accurate fit

#### **Disadvantages**

- Is not tooth colored; alloy is a dark silver metal color
- Conducts heat and cold; may irritate sensitive teeth
- Can be abrasive to opposing teeth
- High cost; requires at least two office visits and laboratory services
- Slightly higher wear to opposing teeth



#### **Dental Materials** – Advantages & Disadvantages

#### PORCELAIN FUSED TO METAL

This type of porcelain is a glasslike material that is "enameled" on top of metal shells. It is toothcolored and is used for crowns and fixed bridges

#### Advantages

- Good resistance to further decay if the restoration fits well
- Very durable, due to metal substructure
- The material does not cause tooth sensitivity
- Resists leakage because it can be shaped for a very accurate fit

#### **Disadvantages**

- More tooth must be removed (than for porcelain) for the metal substructure
- Higher cost because it requires at least two office visits and laboratory services

#### **GOLD ALLOY**

Gold alloy is a gold-colored mixture of gold, copper, and other metals and is used mainly for crowns and fixed bridges and some partial denture frameworks

#### Advantages

- Good resistance to further decay if the restoration fits well
- Excellent durability; does not fracture under stress
- Does not corrode in the mouth
- Minimal amount of tooth needs to be removed
- Wears well; does not cause excessive wear to opposing teeth
- Resists leakage because it can be shaped for a very accurate fit

#### **Disadvantages**

- Is not tooth colored; alloy is yellow
- Conducts heat and cold; may irritate sensitive teeth
- High cost; requires at least two office visits and laboratory services

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