**Bridgeport Jerry West Basketball**

***7&8 Year Old League - Community***

***Playing Rules***

* 8 foot rims. 12 foot foul line (approximate), adjust forward as needed based on shooters ability.
* Continuous play until the end of the 1 hour gym session. Play will only be stopped for substitutions.
* No score.
* All players will play for half of the game.
  + If a team has 7 or 8 players, games will be 4 v 4.
  + If both teams have 6 or fewer players, coaches for both teams can decide between 3 v 3 or 4 v 4.
* Defense picks up inside of the 3 point line at the United Methodist Church or the Blue (need to verify line color) line at Heritage.
* Man-to-man defense only, players will guard the opposing player with the same color arm band. Players may not double team, however they are permitted to provide help defense if a defensive player is beat or on a fast break scenario.

\*Additional Notes: It may not be possible in all cases, however, it is preferred that all teams attempt to balance their players/substitutions against the opposing team. For instance, having your best players go against the other team’s best players. This will help ensure adequate development for all players throughout the year.

Also, please do not start the same players every game of the year. As this is a lesser competitive, developmental league, we do want the kids to get the most enjoyment from their experience. If the same 2-3 kids are always starting the games on the bench, they quickly notice it. Shuffling the line-ups as much as possible throughout the year allows all players to develop to their fullest extent.