

# 6

# 6 Ways to Say Thanks for His Love and Her Respect

 In the Love and Respect book, I spell love to a wife C.O.U.P.L.E. and respect to a husband C.H.A.I.R.S.

*Thank you for loving me as your wife with your...*

*As a husband, thank you for respecting my manly...* 

## Closeness

...for giving me face to face time talking.

## Openness

... for sharing what upsets you instead of walking off in anger.

## Understanding

... for seeking to empathize with me.

## Peacemaking

... for resolving issues and reconciling with me.

## Loyalty

... for being completely committed to me.

## Esteem

... for treasuring me above all else.



## Conquest

...for prizing my desire to work and achieve.

## Hierarchy

...for appreciating my desire to protect you and provide for you.

## Authority

...for understanding my desire to be strong for you, to lead and make decisions.

## Insight

...for valuing my desire to analyze and counsel.

## Relationship

...for “getting” my desire to do shoulder-to-shoulder activities as friends.

## Sexuality

...for honoring my desire (need) for sexual intimacy.