



CLARENCE VALLEY CONSERVATORIUM

Leading the Performing Arts

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Forget Me Not Choir

(presented by Clarence Valley Conservatorium and funded by NSW Government and ANCA)

Clarence Valley Conservatorium, 8 Villiers Street, Grafton

Tuesday's, 10.00am – 11.30am

Studies have shown that choir singing can increase quality of life, wellness, meaning and purpose.

The Forget Me Not Choir has been established through the Clarence Valley Conservatorium to provide support for members of our community dealing with dementia, memory impairment, Parkinson's disease and other age related medical conditions. The choir is solely dedicated to reducing social isolation and improving quality of life by providing relaxed, stimulating and fun-filled opportunities to sing age-appropriate music at no cost to those attending. It will also provide an opportunity for carers to make connections, develop relationships and provide support for each other.

* No prior musical skills or training are necessary.

* Morning tea will be provided. (Unfortunately, special dietary preferences and allergies cannot be accommodated.)

* Disabled toilet facilities are available on-site.

Please fill out the Enrolment Form below and return to the Conservatorium on completion.

Enrolment Form

Preferred First Name: _____ Surname: _____

Address: _____

Phone (Home): _____ (Mobile): _____

Doctor's name: _____ Diagnosis: _____

Language other than English: _____ Do you identify as indigenous? _____

Emergency Contact: _____ Phone No: _____

Carer's Name: _____ Email: _____

Carer's relationship to the choir member: _____

Please give a brief description of the participant's mobility/capabilities: _____

Interests, musical/dancing skills: _____

Any preferred songs, artists, musicals? _____

Other relevant comments (optional): _____